

The Redbird Buzz

Volume: 4

Issue: 1

Date: August/September 2008

Welcome New Faculty: Mrs. Gracey and Mrs. Ayres



Mrs. Gracey

Arnold Public Schools is proud to announce that Katie Gracey will be the new kindergarten teacher this fall.

Mrs. Gracey has been teaching preschool for 4 years and is "most looking forward to working with the children and inspiring a love for learning."

Mrs. Gracey received her Bachelor of Science, majoring in Elementary Education with a minor in Mathematics, from Chadron State College.

"I would like my students to know that we are both starting a new and exciting adventure together and we may share feelings of anxiousness and excitement. I will make it as comfortable of a transition from home to school as possible...Arnold is a great place to live and the school system is outstanding. I am glad to be a part of both."

APS is also proud to announce that Lynne Ayres of rural Thedford will be the new school counselor, the high ability learner coordinator, as well as teaching career classes for the junior high students and seniors, as well as psychology, with her counseling duties.

"I'm looking forward to meeting all the staff and students and

starting a new adventure in a new school.

I'm excited to learn to work in a 1 to 1 computer school. I've heard only good things about Arnold Public School - which I attended my 1st through 3rd grade years. My old house and the old school are gone, but I have some good memories. My goal is to help you, as students, fulfill the school's mission statement so that you are ready for the ever changing world waiting for you after Arnold High School."

Mrs Ayres' undergraduate degree is from UNK and her masters degree is from Chadron State.

She taught in Thedford for the past nine years, and was the counselor, 7th and 8th Math as well as Psychology and Language Arts.



Mrs. Ayres

Laptop Distribution Night Coming Soon

Once again, students in grades 7 through 12 will need to bring a parent with them to the school on **August 14th** at 7 p.m.

This year, families will be asked to participate in a cooperative loss program to help with repair expenses. Each student will be asked to

contribute \$25.00 to the cooperative loss fund annually.

This fund will help cover repair expenses during the course of the school year which are not covered by warranty.

If you have any questions, please contact the school office.

awinfiel Tuesday, February 10, 2009 3:15:16 PM CT

Transcripts Are Now Online

If you are applying to college, you've got plenty of forms to fill out. So here's how to void a few: Order your transcripts to Nebraska colleges online. This a safe, secure, paperless way to electronically send transcripts. We'll send out official transcripts checked and approved by the school to the colleges you choose. We'll email a confirmation that they've gone out, and another when the college receives them. Here's how it works:

1. Sign up: go to <http://docufide.com> (You'll need an email address.)
2. Select the colleges you're applying to.
3. Sign off: review your request and you're done.

Alumni from the graduating classes of 2008, 2009 and forward will need to request transcripts in this manner.

**Save Money,
Be Secure**

Docufide™

Letter from the Superintendent

Dear Patrons,

The summer is flying by and soon we will be starting another year at the Arnold Public School. The start of a new school year is always exciting as we look forward to providing a multitude of learning experiences and activities for our students. We are certainly blessed with a great group of young people to work with and also with a quality staff committed to providing excellent educational opportunities for our students.

While the coming year promises many successes for our students and staff, it also represents challenges that many small schools typically face. The biggest challenge is continuing to provide a quality education while facing increasing costs in virtually everything we do. The steady decrease in state aid in recent years has magnified the challenge. Difficult times require strong responses from those affected. The history of our school and this community provides evidence that we can benefit and become stronger by dealing with such adversity. With the support and backing of the entire community we will not fail in our efforts to remain a school that everyone can continue to point to as a source of great pride.

Sincerely,

Robert W. Brown
Superintendent
Arnold Public School

WANTED

The journalism staff is interested in seeing and sharing with alumni old copies of the school newsletters and student newspapers. If you would be willing to share them, we will scan them and give them right back. We will then post them with the other school newspapers and newsletters on the school web site and in the podcast subscriptions.

Newsletters

If you have a newsletter or student newspaper to share, please contact Nicole Badgley at the school.

Recently we were given a March 1951 student newspaper! It is posted on the Internet at the following web site: <http://apsserver.arnold.k12.ne.us/~nicole/Journalism/NewsletterPodcasts/NewsletterPodcasts.html>

Cell Phone Safety

Who is your child texting? What text messaging are being received? Do you know? More often students are facing a new threat: cyber-bullies - young people who use cell phones and other digital devices to harass other students. The bullies' tools are text and photos that embarrass and unnerve kids.

“Phones should only be used to communicate with people they know in the real world.” - www.connectsafely.org

Instructions for Completing the Free and Reduced Priced School Meals Application

If your household gets FOOD STAMPS OR TANF, follow these instructions:

- Part 1:** List child(ren)'s name, school, grade and a Food Stamp or TANF case number.
Check the appropriate box, if any.
- Part 2:** Skip this part.
- Part 3:** Skip this part.
- Part 4:** Sign the form. A Social Security Number is not necessary.
- Part 5:** Answer this question if you choose to.

If you are applying for a FOSTER CHILD or an institutionalized child, follow these instructions:

- Part 1:** Use a separate application for each foster or institutionalized child. List the child's name, school, and grade.
- Part 2:** Check the box and list the child's personal use monthly income or zero if none.
- Part 3:** Skip this part.
- Part 4:** Sign the form. A Social Security Number is not necessary.
- Part 5:** Answer this question if you choose to.

ALL OTHER HOUSEHOLDS, including WIC households, follow these instructions:

- Part 1:** List each child's name, school and grade.
- Part 2:** Skip this part.
- Part 3:** Follow these instructions to report total household income from last month.
- Column 1-Name:** List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives, or friends). You must include yourself and all children living with you. Attach another sheet of paper if you need to.
- Column 2 -Gross income last month and how often it was received.** Next to each person's name list each type of income received last month, and how often it was received. For example, *Earnings from work:* List the **gross income** each person earned from work. This is not the same as take-home pay. **Gross income is the amount earned before taxes and other deductions.** The amount should be listed on your pay stub, or your boss can tell you. Next to the amount, write how often the person got it (weekly, every other week, twice a month, or monthly). *All other income:* List the amount each person got last month from welfare, child support, alimony, pensions, (second column) pensions, retirement Social Security (third column) and ALL OTHER INCOME SOURCES (fourth column). In the All Other column, include Worker's Compensation, unemployment, strike benefits, Supplemental Security Income (SSI), Veteran's benefits (VA benefits), disability benefits, regular contributions from people who do not live in your household, and ANY OTHER INCOME. Report net income for self-owned business, farm, or rental income. Next to the amount, write how often the person got it. If you are in the Military Housing Privatization Initiative do not include this housing allowance.
- Column 3-Check if no income:** If the person does not have any income, check the box.
- Part 4:** An adult household member must sign the form and list his or her Social Security Number, or mark the box if he or she doesn't have one.
- Part 5:** Answer this question if you choose to.

Your children may qualify for free or reduced price meals if your household income falls within the limits on this chart.

FEDERAL INCOME CHART For School Year 2008-09					
Household size	Yearly	Monthly	Twice per month	Every Two Weeks	Weekly
1	19,240	1,604	802	740	370
2	25,900	2,159	1,080	997	499
3	32,560	2,714	1,357	1,253	627
4	39,220	3,269	1,635	1,509	755
5	45,880	3,824	1,912	1,765	883
6	52,540	4,379	2,190	2,021	1,011
7	59,200	4,934	2,467	2,277	1,139
8	65,860	5,489	2,745	2,534	1,267
Each additional person:	6,660	555	278	257	129

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Food Stamp Program, Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

2008-2009 Arnold School Calendar

August 2008

August

Sun	Mo	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 13 Teacher Inservice
- 14 Teacher Inservice
- 15 First Day of School

September

- 1 Labor Day—No School
- 18 Parent-Teacher Conferences- 2:00 Dismissal

February 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

September 2008

October

Sun	Mo	Tue	We	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

- 17 End of 1st Quarter
- 31 Fall Break- No School

45 days

November

- 27 Thanksgiving Vacation—No School
- 28 Thanksgiving Vacation—No School

March 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

October 2008

December

- 23 End 2nd Quarter

44 days

January

- 5 Teacher Inservice- No School
- 6 School Resumes

April 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

February

- 12 Parent Teacher Conference—2:00 Dismissal
- 20 NO School—State Wrestling

March

- 11 End of 3rd Quarter
- 12 Spring Break—No School
- 13 Spring Break—No School

46 days

April

- 10 Easter Vacation—No School
- 13 Easter Vacation—No School

May 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2008

May

- 9 Graduation
- 14 End of 4th Quarter
- 15 Teacher Work Day

42 days

June 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2008

July 2009

Sun	Mo	Tue	We	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sun	Mo	Tue	We	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Sun	Mo	Tue	We	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

S	Mo	Tue	We	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

ARNOLD PUBLIC SCHOOL

JULY 14, 2008

Dear Parent/Guardian:

Children need healthy meals to learn. **ARNOLD SCHOOLS** offers healthy meals every school day. Breakfast costs **\$1.00 K-12**; lunch costs **\$2.00 PK-6, \$2.25 7-12**. Your children may qualify for free meals or for reduced price meals. Reduced price is **\$.30** for breakfast and **4.40** for lunch.

If your child(ren) qualified for free or reduced price meals at the end of last school year, you must submit a new application by **September 10, 2008** in order to avoid an interruption in meal benefits.

Frequently asked questions and answers:

1. Do I need to fill out an application for each child?

No. Complete the application to apply for free or reduced price meals. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. **Return the completed application to: Penny Allen, P.O. Box 399 Arnold, NE 69120 – 308-848-2226 ext. 4.**

2. Who can get free meals?

Children in households getting Food Stamps or TANF and most foster children can get free meals regardless of your income. Also, your children can get free price meals if your household income is within the free limits on the Federal Income Guidelines.

3. Can homeless, runaway and migrant children get free meals?

Please call Penny Allen - Arnold Public Schools to see if your child(ren) qualify, if you have not been informed that they will get free meals.

4. Who can get reduced price meals?

Your children can get low cost meals if your household income is within the reduced price limits on the Federal Income Chart, shown on page 2 of the application.

5. Should I fill out an application if I got a letter this school year saying my children are approved for free or reduced price meals?

Please read the letter you got carefully and follow the instructions. Call the school at **308-848-2226 ext. 4** if you have questions.

6. I get WIC. Can my child(ren) get free meals?

Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.

7. Will the information I give be checked?

Yes, we may ask you to send written proof.

8. If I don't qualify now, may I apply later?

Yes. You may apply at any time during the school year if your household size goes up, income goes down, or if you start getting Food Stamps, TANF or other benefits. If you lose your job, your children may be able to get free or reduced price meals.

9. What if I disagree with the school's decision about my application?

You should talk to school officials. You also may ask for a hearing by calling or writing to: **Mike Harvey, Arnold Public Schools, 308-848-2524**

10. May I apply if someone in my household is not a U.S. citizen?

Yes. You or your child(ren) do not have to be a U.S. citizen to qualify for free or reduced price meals.

11. Who should I include as members of my household?

You must include all people living in your household, related or not (such as grandparents, other relatives, or friends). You must include yourself and all children who live with you.

12. What if my income is not always the same?

List the amount that you normally get. For example, if you normally get \$1000 each month, but you missed some work last month and only got \$900, put down that you get \$1000 per month. If you normally get overtime, include it, but not if you get it only sometimes.

13. If I qualify for free or reduced price meals will my children be eligible for *Kid's Connection: Nebraska Children's Health Insurance Program*?

For more information on this program that provides health care coverage for children up to age 19, please call toll free 1-877-632-5437.

14. We are in the military, do we include our housing allowance as income?

If your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. **All other allowances must be included in your gross income.**

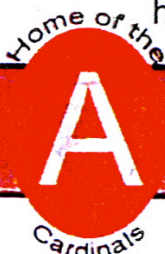
If you have other questions or need help, call 308-848-2226 ext. 4

Si necesita ayuda, por favor llame al teléfono: 308-848-2226 ext. 4

Si vous voudriez d'aide, contactez nous au numero: 308-848-2226 ext. 4

REMEMBER TO USE THE ARNOLD CARDINAL WEBSITE:

<http://sites.arnold.k12.ne.us/arnoldhome> - This is a sample of the homepage



Cardinal Pride

Arnold Public Schools

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[Academic Highlights](#)
[Video](#)

[Announcements](#)
[By the 4th Grade](#)

[Dr. Christensen](#)
[Visit](#)

[Foreign Exchange](#)
[Students](#)

[Global Positioning of History](#)

[Internet Safety](#)
[Suggestions](#)

[Larsen Project](#)

[North Central Accreditation](#)
[Review](#)

[Plunge for Prom](#)

[Schoolhouse](#)
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[Technology](#)
[Integration](#)
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"We must learn to reawaken and keep ourselves awake, not by mechanical aids, but by an infinite expectation of the dawn, which does not forsake us in our soundest sleep. (Henry David Thoreau, Walden)

[To See the School Commercial, Click Here!](#)

New School Calendar Web Site

If you go to <http://highschoolsports.net> and select Nebraska from the drop menu and then Arnold from the second list you will find the official Arnold Public Schools Calendar. To see a month view, you will need to click the month tab. Create new bookmarks today!!

This entire website was created and is maintained by students.

SAMPLE

Weather for Arnold
Cloudy



Time: 7:30 am
Temp: 60
RealFeel Temp: 56
Humidity: 88.71495819091
Winds: S at 11 mph

[Click for 5-day forecast!](#)

powered by AccuWeather.com

DAILY BULLETIN

Wednesday 7/16/08; 7:46:01 AM



School Supplies for the Kids

ARNOLD

MRS. GRACEY

Kindergarten-

- 1 Regular size #2 pencils with erasers
2. Eraser
- 3 Glue stick or wand
- 4 4"x6" pencil box
5. nap mat
- 6 book bag
7. folder for take home papers
8. tennis shoes for PE (these can be old tennis shoes as long as they fit and are clean)
- 9 1 box of small crayons with no more than 24 crayons
10. 1 large box of tissues to share
11. crackers or cookies for snack time

Mrs. Caudle, 1st grade

(Please label your child's supplies and send only the items requested)

- 1 book bag
 2. pencil box (approximately 4x6)
 3. glue sticks
 4. pink eraser
 5. number 2 pencils (send 2-4 per month)
 6. 24 count crayons (max.)
 7. scissors
 8. 2 boxes of 175 count or larger tissue
 - 9 small water bottle with lid (4 inches max.)
 10. PE shoes
- (these do not need to be new just clean)



Mrs. Christensen,

2nd grade

Please label your child's supplies and send only the requested items:

1. Book bag

- 2 pencil box (cigar box size maximum)
- 3 glue stick (1 each semester)
- 4 pink eraser (1 each semester)
- #2 wooden pencils (2-4 each month)
- 5 crayons 24 count maximum
6. scissors
- 7 facial tissue. (175 count or more--1 each semester)
- 8 small water bottle with lid (12 ounce maximum)
9. PE shoes (clean and with good support)

Mrs

Florea, 3rd

Grade

1. Box of 16 crayons
2. 2 Pink Pet erasers
- 3 4-6 pencils
- 4 scissors
5. glue stick/glue bottle
- 6 ruler-cm & inches
- 7 pencil box or bag for supplies
8. 1 box of tissue
- 9 1 pair of clean used gym shoes
10. 1 backpack
11. water bottle with lid



Mrs. Crow, 4th Grade

- 1 3-4 pencils
- 2 ruler
- 3 box of colored pencils (8-12)
4. dry-erase markers
- 5 pink eraser
6. scissors
- 7 box of tissues
8. gym shoes
9. glue stick
10. erasable pen
11. dry-erase marker eraser
- 12 3 folders

Mr. Halstead, 5th Grade

- 1 pencils and paper
- 2 box of colored pencils (8-12)
3. pink eraser
- 4 glue stick
- 5 ruler
- 6 scissors
- 7 gym shoes
- 8 3 ring note paper

Mrs. Geiser, 6th Grade

1. loose leaf note paper - 3 2 ring note paper
3. expandable file- may be available locally or available at discount stores like Wal-Mart (this replaces spiral bound notebooks and binders)
4. #2 pencils, erasers, scissors, protractor, compass black or blue ink pen (no gels), map pencils/colored pencils, glue or glue stick, and tissue
- 5 Clothing and shoes for physical education and shower supplies - towel, deodorant, shampoo/conditioner.

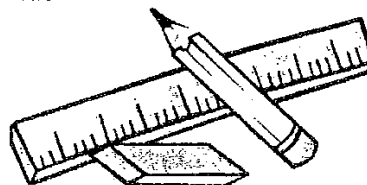
7th & 8th

1. three ring binders with dividers,
2. pens and pencils,
3. notebook paper with three holes (not spiral notebooks).

spanish students I-II and III needs a Chicago spanish-english dictionary. (wal-mart for around \$5).

HS English:

- 1 - 2 inch binder, 5 dividers, paper, pens that write either blue or black. All other supplies are optional or provided



Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and not easily report a monthly income. These people may use their 2007 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced price meal application. The income to be recorded is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses, such as interest on home mortgages, medical expenses, and other similar non-business items are not allowed in reducing gross business income.

USDA has announced that **losses** (negative numbers) on the lines listed below can be used to determine the **total** income for this attachment. If the total income is a negative number, it must then be recorded as zero on the application in the category labeled "All Other Income".

Zero income resulting from the use of Form 1040 does not require follow-up.

Please note: Line 7 cannot be reported as current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 22 (total income) and line 37 (adjusted gross income) may not be used for purposes of applying for free and reduced price meals.

The required information for determining the allowable income from self-employment is to be taken from the **2007 U.S. Individual Income Tax Return Form 1040**.

Line 12, Business Income (or loss)	_____
Line 13, Capital Gain (or loss)	_____
Line 14, Other Gains (or losses)	_____
Line 17, Rental Real Estate, etc.	_____
Line 18, Farm Income (or loss)	_____

NOTE: If any members of the household have income from wages or salary, the gross income from last month must be reported on the application form.

This attachment is used only to report income from self-employment and/or farming.

Total of above lines: _____ **equals annual self-employed income***

If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the application.

* This figure is to be reported on the application under "All Other Income".

Part 1: Children in School (Use a separate application for each foster child)

Names of all children in school (First, Middle Initial, Last)	School Name	Grade	Food Stamp or TANF or FDPIR case number for each child. (not EBT number)

If you listed a Food Stamp/TANF/FDPIR case number of EACH child, skip to Part 4. Complete Part 3 for any child without a case number.

Part 2: Foster Child/Institutionalized Child

☐ Check this box if this application is for a foster child or a child who is residing in an institution. List the amount of the child's personal use monthly income: \$. If there is no income, record "0". Skip to Part 4.

Part 3: Total Household Gross Income--You must tell us how much and how often

1. Name List everyone in household and the income each earns or check the box at the right if they have no income	2. Gross Income and how often it was received								3. Check if NO income
	Earnings from Work before deductions		Welfare, Child Support, Alimony		Pensions, Retirement, Social Security		All Other Income (Self Employment)		
	Income	How often	Income	How often	Income	How often	Income	How often	
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>

Part 4: Signature and Social Security Number (Adult must sign)

An adult household member must sign the application. If Part 3 is completed, the adult signing the form must also list his/her Social Security Number or mark the "I do not have a Social Security Number" box. (See Privacy Act Statement on page 2)

I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted.

Sign here: _____ Print name: _____

Address: _____ Zip _____ Phone Number: _____

Social Security Number: _____ ☐ I do not have a Social Security Number

Part 5: Children's racial and ethnic identities (optional)

Mark one ethnic identity: -- and --

☐ Hispanic or Latino ☐ Asian ☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander

☐ Not Hispanic or Latino ☐ White ☐ American Indian or Alaska Native

Do not fill out this part. For School use only.

Annual Income Conversion: Weekly X 52; Every 2 Weeks X 26; Twice a Month X 24; Monthly X 12

Total Household Size _____ Free ☐ Temporary Approval for Zero Income Until: _____

Total Income \$ _____ per _____ Reduced ☐ Results of Follow-up (45 days or less): _____

☐ Year ☐ Month ☐ 2 X Mo. ☐ Every 2 Wks ☐ Week Denied ☐ Reason for Denial: _____ Follow-up Signature _____ Date: _____

Food Stamps/FDPIR/TANF ☐ Income too high ☐ Incomplete App. ☐ Date Withdrawn from School: _____

Foster/Institutionalized Child ☐

Signature of Determining Official _____ Date Approved: _____

Signature of Confirming Official (Verification only) _____ Date Confirmed: _____

GOOD VISION: A BACK-TO-SCHOOL BASIC FOR CHILDREN

For the start of the school year, a professional eye exam for children should be a back-to-school basic along with new shoes, pencils, pens, and other supplies.

It may, in fact, be the single most important examination a child receives at the beginning of the academic year. Many school-age children may be inaccurately labeled as slow and unable to keep up in class because of correctable, but undetected, vision problems. One in six children between 5 and 12 years old has vision problems that can affect reading and learning ability. 80% of learning in a child's first 12 years comes from vision!

Youthful eyes change very rapidly and as they do, early detection is essential to a child's success in school. A host of difficulties -- remembering what is read, confusing similar words, even frequent daydreaming -- all might be vision-related.

Other indications of possible vision problems include:

- Dislike and avoidance of close work
- Turning or tilting the head to one side
- Closing one eye while reading
- Trouble finishing time written assignments
- Moving closer to a book or desk when reading
- Excessive blinking or rubbing of eyes
- Losing place while reading
- Complaints of headache, nausea and dizziness

For elementary school children, having poor vision can interfere with learning the basics. A child's eyes are still developing at the same time he or she is learning language, math and other fundamental skills. It is also extremely important to check the medical health of the eyes and visual system as they continue to grow.

Testing vision skill annually with your optometrist is a back-to-school basic and can help a child's learning stay on track!

R

Nicole Badgley
78170 Dr. 430
Oconto, NE 68860

Bulk Rate
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Arnold, Nebraska
Permit No. 9

Arnold Public School
405 N. Haskell
Arnold, NE 69120
(308) 848-2226



CONTENTS: NEW FACULTY, MR. BROWN'S LETTER, 2008-2009

CALENDAR, HOT LUNCH CALENDAR, ACTIVITY CALENDAR, FREE-
REDUCED INFORMATION, LAPTOP DISTRIBUTION NIGHT, TRANSCRIPTS
ONLINE, CELL PHONE SAFETY

NOTICE: SCHOOL WILL START AT 8:07 Monday's through Friday's and the
END TIME WILL BE AT 3:44 Monday's through Thursday's, Friday the END
TIME WILL BE AT 2:55

LUNCH PRICES FOR K-12 HAVE WENT UP K-6 = \$2.00 and 7-12 \$ 2.25
Lunch money is put into a family account, this money needs to be paid before
the student eats on Friday August 15th. We do not want to have any charging
unless arrangements have been made either with Penny Allen or the
Administration. The phone numbers to call are 308-848-2226 ext. 4 or 308-
8482524 ext. 3. Thank you.

ACTIVITY TICKETS need to be purchased within the first two weeks of school.
The prices for these tickets are K-6 \$15.00 and 7-12 \$25.00. We also have Senior
Citizen passes available if you did not receive one last year.

STUDENT ACCIDENT INSURANCE IS AVAILABLE THROUGH STUDENT
ASSURANCE SERVICES, INC. - PLEASE STOP AT THE OFFICE TO GET
THE REQUIRED FORM.