

How Is the Newsletter Produced?

The journalism class is well underway and working hard to produce the best newsletter they possibly can.

“Our writing staff is young, with only 3 returning reporters, but they are all working really hard to do their best,” said Mrs. Badgley, Journalism teacher.

Each year the first newsletter is a challenge. Trying to teach the new stu-

All articles in the newsletter are written and researched by the students in the class.

The writing process takes quite a bit of time. We begin with brainstorming topics that are timely, and then deciding who to interview by analyzing all the angles.

Then we write questions for interviews, which is often the most time consuming part of the process.

Once those interviews are done and notes are taken, students begin writing a rough draft. Peer editing begins next. Corrections are made to this and a second draft is then scrutinized by the editors.

The final draft then comes to Mrs. Badgley who looks for errors, additions, and other factual corrections.

“Sometimes my paper comes back heavier than when I printed it because there is so much editing ink on the page,” said Amanda Winfield.

Once the changes have all been made, the students move into layout mode. The editors decide which articles go on which pages, including the mandatory articles for Title One and Rule 10 requirements, and the layouts are assigned at least one to each student.

Once the layout is completed it is edited another time by the editors for more errors.

The second draft layout is then peer edited in a round table session with the entire staff. The final layout is then edited by Mrs. Badgley.

In between each stage of the writing and publishing process, the students are given time to make corrections, and fix things. Hopefully by the end of this process we have some quality writing, a good layout, and a published item that each student can be proud to send out to the public.

“We look forward to another great year and sharing with the public the activities of the school,” said Badgley.



FR: Amanda Winfield, Rachelle Preston, and Alexis Schwarz. BR: Josh Peterson, Nicole Badgley, Theresa Montang, Taylor Rimpley, Katie Vincent

dents journalistic writing style while also producing a paper can be challenging.

“With this being an elective class, the students seem up to the challenge, and learn quickly... My main goal in the course is to help students learn to write better. Some students improved drastically right in the beginning, some improve over time, and others are good writers when they come in,” said Mrs. Badgley.

PowerSchool Passwords Have Changed

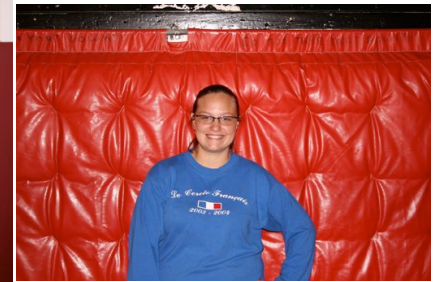
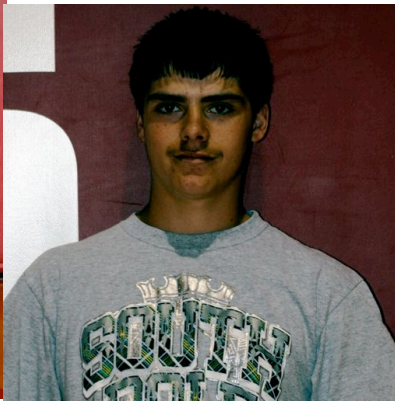
The School would like to announce that PowerSchool passwords have changed due to an upgrade in the software. A form was copied and sent home with each of your students. Please fill it out and send it back to the school to set up your new password.

If you do not receive this form contact Mrs. Penny or Mrs. Badgley at the school by calling 308-848-2226. Or you may contact either of them at their email addresses:

pallen@esu10.org

nbagley@esu10.org

From L to R: Skylar Justice, Copelen Justice Dalton Warren, Theresa Montang, Chas Justice And Toni Oberg.



New students at Arnold Public Schools

By: Natasha Montang, Senior

Every year Arnold Public Schools get new students. This year is no different.

First, I would like to introduce you to Dalton Warren. He is a fifth grader who came to Arnold this year. He came to us from Thedford, because "My dad moved to Arnold." His favorite subject as a fifth grader is recess and recess last about 30 minutes, and it's right after his lunch. He says "that there is not much difference between Arnold and Thedford".

Next, we have Theresa Montang, a senior from Branch, Arkansas. Her previous school was County Line High School. "I moved to Arnold to finish my high school education." As of right now she doesn't have a favorite subject. The differences between Arnold and

County Line are that County Line has blocked scheduling. So instead of having eight periods in one day she has four one day and four the other. She also is into the Agriculture classes, and County Line offered these classes. "Agriculture was my favorite subject when I was going to County Line."

The next student we have is Copelen Justice, Junior. He came to us from Colby High School in Kansas. "I wanted to live with my mom." "My favorite subject in school is welding." He says that "the differences between Arnold

and Colby are that Arnold is smaller and the people are nicer."

Next, is Skylar Justice, Sophomore. She moved here also from Colby Kansas. "I moved here because I wanted to." Her favorite subject at AHS is her lunch. "I think Arnold and Colby differ because of their size."

After that we have Chas Justice, fourth grade. He too moved here from Colby Kansas. "I wanted to live with my mom." His favorite class is Ms. Chung's class. "I think that Arnold and Colby differ from the way the students treat me. The students at Arnold are nicer than the peers I had at Colby."

Finally, we have Natasha Montang, "I'm a senior at Arnold High School. I moved here from Aurora, Nebraska. I moved here because I just got out of the Harding's. My favorite class is student aiding in the Kindergarten room. The difference between Arnold and Aurora is that Aurora is a bigger school and not everyone knew you before you even started."

Toni Oberg, third, came from Eustis-Farnam when her family moved to Arnold. "I like Arnold because I've already met a lot of friends." Her favorite subject is art.



KIDS CONNECTION: HEALTH CARE COVERAGE FOR NEBRASKA CHILDREN

Kids Connection Health Care Coverage provides well care coverage for you child in helping fight diseases, finding and treating problems early, and maintaining good health and development.

Regular check-ups include:

- baby check-ups and baby immunizations
- yearly check -ups for school-age children, including school/sports physicals

- immunizations for school-age children
- vision and hearing testing
- dental check-ups and dental sealants

Kids Connection also provides medical care for injuries and illnesses as early as possible.

Treatments include:

- doctor's visits
- lab tests/x-rays
- counseling
- medications

- dental treatments
- hospital care
- eyeglasses
- specialty services with children with disabilities or chronic health conditions
- mental health and substance abuse assessment and treatment services

Call Toll Free for more information:

1-877-632-5437 or go to [http://](http://www.dhhs.ne.gov/med/kidsconx.htm)

www.dhhs.ne.gov/med/kidsconx.htm



The Laptop Survey

By Joshua Peterson, Freshman

What is the laptop survey? It is a direction for the future. Last year we improved greatly on our skill of computers and software.

Eighty percent of students think they can get to a printer adequately or better. I think that more than 80% of students can. I wish that I could get to a projector to show some presentations. 62% of students say they could. I wonder who they are.

Seventy four percent of students can get to a camera, video camera, or scanner adequately. I haven't seen a scanner at school since I started coming here. I think the laptops make schoolwork more interesting. So does 98% of the school. I also think that our laptops make schoolwork easier to do. 89% of the students do too. It would have taken me two days to write this article if I didn't have my laptop.

Seventy eight percent of our students think laptops have improved the quality of their schoolwork. My handwriting is horrible. I am sure most of the teachers think the same thing. 53% of students think laptops have improved their grades. I am sure that that should be more but evidently not. 73% of us say that laptops have done more homework outside of school. I used to ignore my homework before. It is also a lot easier to rewrite articles for journalism. It would be horrible if I had to do that in pen over and over.

Organization is a good thing. 78% of students use the computers for organization. I never take notes. Well actually I take mental notes. Any way, 64% of students use their laptop to take notes either daily or weekly. Writing is fun because you get to use your imagination!!!! 50% of students say they write more than one page.

Dual Credit Class Benefits

By: Taylor Rimpley, Freshman

Many people in our school are taking dual credit classes. But some still ask, what are dual credit classes? (Basically a dual credit class is a class that preps you for college and your getting college credit at the same time.) "I enjoy having Mrs. Mohr as a teacher," said Whitney Weinman. Ms. Weinman also stated "I am also glad that I am getting college credits and also high school credits".

Who will take dual credit classes you may wonder? The simple answer is you. Many of the teachers of these dual credit classes are looking forward to many of the students in the future. Some even say that they are hinting to students to take their dual credit classes because they are showing skill in those classes.

Mr. Mohr, Mrs. Mohr, Mrs. Ayres, and Mrs. Badgley teach the dual credit classes. They each have different expectations from their students. "I

think that the colleges will be pleased to see that some of the students that attend have had some college experience and will be more likely to do better," said Mrs. Ayres.

Mr. Mohr also commented, "that if the students don't excel in these classes that it doesn't mean that you shouldn't go to college."

I think that students should get these classes to show that you can get ahead, even in education. "These classes are

also free to the students which helps a lot," said Mrs. Badgley. "I mean if they had to pay their own tuition many of them wouldn't have the experience because they wouldn't want to pay for it and then college." They don't have to pay because the money that the teachers should be getting paid for teaching the classes from the college goes directly

toward student tuition. Another good thing is than students who plan to attend MPCC can have up to 15 hours already completed before they even leave for college. The could possibly have a semester done at no cost.



Important Dates

OCTOBER 10TH THERE WILL BE SCHOOL!

School will be in session on Friday, October 10th. The football team will travel to Sioux County. Parents who wish to take their students for the game need to contact Mr. Harvey. All students will be expected to finish their make up work prior to leaving for the game.

FALL BREAK IS OCTOBER 31st

There will no school on October 31st for Fall Break. Enjoy the extended weekend.

OCTOBER 23 VB GAME CANCELLED

Due to conflicts in scheduling between the three schools involved (Med Valley, Maxwell and Arnold,) the triangular has been cancelled.

FLU SHOT REMINDER

The Center for Disease Control recommends that everyone should get a flu shot this year. Not just the very young and the elderly, as previous years have recommended. This is predicted to be a harsh flu season.

SCHOOL HOUSE GRAPHICS SUCCEEDS AGAIN

By: Rachelle Preston, Sophomore

The School House Graphic Production class has once again exceeded expectations. They started out small but have now become something very big.

This summer they took on a county job. This job allowed them to show their skills and compete with leading companies. For the county, they made road signs for every road intersection in Custer County. Altogether there were at least 3,200 signs made by the class.

This job also allowed the class to employ eight students over the summer. Christa Eastburn was one of those students. She recalls making the signs that were few characters first, and then doing the signs that required more characters per sign. The signs had to be very specific, down to the font, the size of the font and width and height of the signs themselves. The class bought all of the supplies for \$34,000. They hope to make the competitive price of \$75 an intersection. All together there are 900 intersections.

The class did have a slight set back compared to other companies. They did not have a roller press, which would have made it easier to do the job. Mr. Mohr, head of the Graphics

Production class, fabricated a roller press instead of buying one for a large amount of money. Unfortunately, the press wasn't done soon enough.

They are finishing up by putting the characters on the signs. Christa Eastburn says that the class is



Brent Urbanovsky, graphic production student, works on a street sign.

working hard to get as many done in a day as possible. They average about 20 a day, but they strive to get almost 30 done a day.

Mr. Mohr said it was frustrating at times, but there was really no down side to doing the job. "I think that this was a huge learning curve

Activity passes, which gets you into all home games, all year, cost \$20 for students in 7-12 grade. They cost is \$10 for students in K-6 grade. Students who qualify for free lunches get a free activity pass. Everyone can get them at the office.

Cafeteria Prices for 2008-2009

Breakfast
K-12=\$1.00
Adult=\$1.25
Lunch
K-6=\$2.25
7-12=\$2.25
Adult=\$3.25

High School Rodeo

Kali Blevins, sophomore, and has been participating in rodeos since she has been 6 years old. She participates in high school rodeos in Barrel racing and pole bending. "It's a lot of competition, and you meet a lot of new people, it's what I like about rodeos the most. I have a quarter horse that I just got a couple weeks ago, and I'm still working with him," said Kali.



Volleyball Picks Up Again

By: Amanda Winfield, Senior

Another year, another volleyball season. Though this year there has had a few changes, one of them being the new assistant coach, and the other one being that Arnold is now in the Loup Valley Conference instead of the Central Platte Conference.

Arnold changed conferences because the CPC is completely cancelled, due to the teams dropping out because they got so far away.

The new assistant coach, Tami Smith, is welcomed by all of the team.

"She's great, she brings a lot of good ideas, and the girls respect her," said Kami Florea, head

coach.

Another difference is the number of girls. They went from 31 last year, to 15 this year. The drop of numbers is due mainly to the fact that 12 girls graduated and there is only one

freshman.

"Haley Jacobson works hard everyday, she has a lot of enthusiasm," said Ali Rosentrator, team captain.

Some of the new techniques that the team has been trying are the 6-2, where there are two setters on the court at one time compared to the 5-1 which has just one setter on the court. "We're going to go back to the 5-1 though, the girls feel more comfortable with this and we do better this way," said Florea.

This year Florea's hopes are to make it to the top three in districts, she comments that there is a lot of leadership in the returning girls.

"I think that we'll do great. I'm really excited for the season, and I think that we have a great group of girls out for the team," said Kenzie Ferguson, senior



BR: Katie Vincent, Assistant Coach Tami Smith, Dayna Larreau, Rachelle Preston, Sarah Magill, Kali Blevins, Haley Jacobson, Coach Kami Florea, MR: Shandelle Gunther, Christa Eastburn, Whitney Weinman, Natasha Sage FR: Kenzie Ferguson, Ali Rosentrater, Kelsey Hauser, Jessie Preston, April Mills, Lexi Schwarz

Boys Change to 6 Man

By: Alexis Schwarz, Senior

"I like six man, because it's fast paced and the tempo is so quick." Thomas Derr, co-captain and senior, said.

As many know, the Arnold High School football team has changed from eight-man to six-man this year due to lack in numbers of students, and participation in the sport. This is the first time that Arnold has ever participated in six-man football.

"It's challenging to get used to the differences," Derrick Bowers, co-captain and senior stated. "Everyone is eligible for a pass, and the quarterback can't run in six man. It's fun, but it's definitely different (from eight-man)."

This summer the boys attended the Chadron State football camp where they improved their football skills, but were also able to scrimmage with other six man teams from around the Nebraska area to get used to the

change and adapt to the differences.

Not only has the number of players on the field changed, the schedule with whom they play is quite different too. Instead of playing Stapleton and Brady, like always, the Cardinals have to travel much farther to play some of their opponents this year. The boys have to leave in the early morning so that they will arrive for their game in the afternoon because some of the schools don't

have football lights to play at night... Talk about the benefit of car-pooling!

"It's really difficult to coach six man because so many things can happen on defense. You just never know," said Mat Jageler, assistant coach and teacher.

"I'm really looking forward to the challenges that each game brings," said Andy Schwarz, head coach and teacher.



Coach Andy Schwarz, Casey Ross, Cameron Meyer, Derrick Bowers, Kade Lehmkuhler, Casey Edleman, Thomas Derr, Coach Mat Jagalar, FR Cole Jacobson, Justian Mousel, Jonathan Magill, Chase Schwarz, Taylor Linegar, Brandon Peterson

Career Day

2008

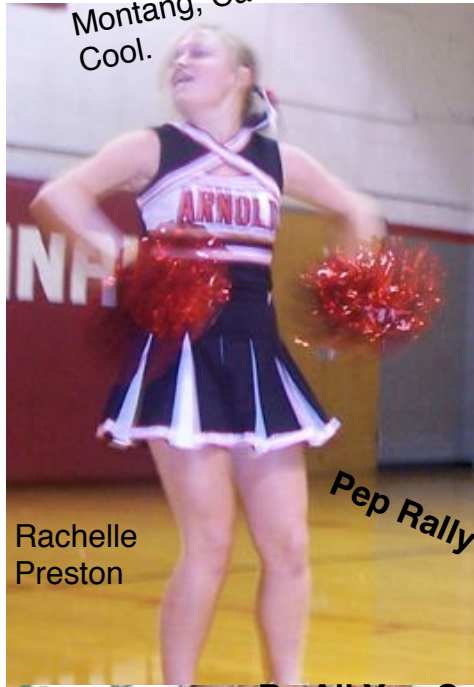
Red and White Day



L to R: Theresa Montang, Alexis Schwarz, Natasha Montang, Casey Edelman, Amanda Winfield, and Jana Cool.

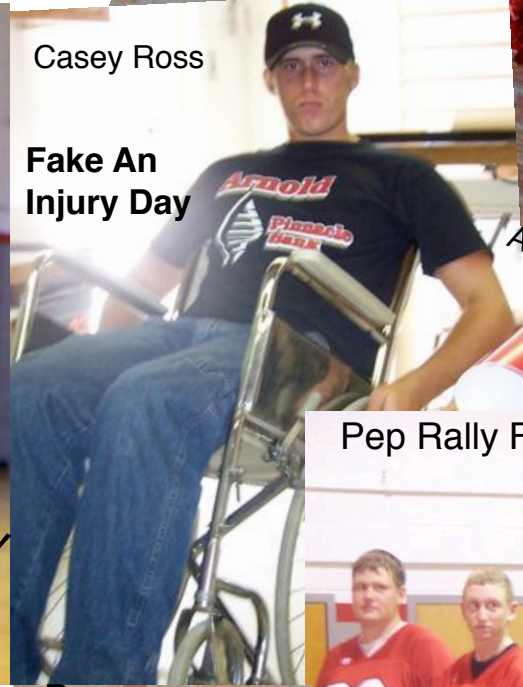


April Mills and Jessica Preston



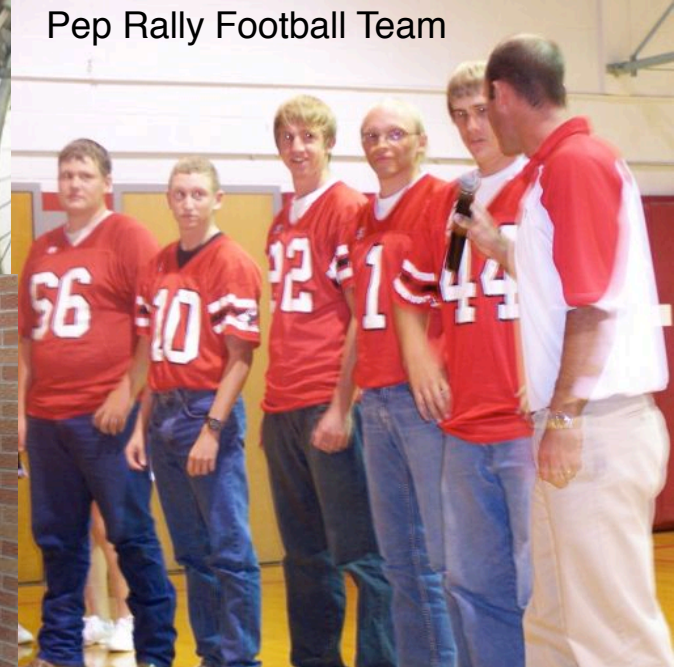
Rachelle Preston

Pep Rally



Casey Ross

Fake An Injury Day



Pep Rally Football Team

Cameron Myer, Casey Edelman, Derrick Bowers, Thomas Derr, Casey Ross, and Coach Andy Schwarz



Be All You Can Be

Kenzie Ferguson, Amanda Winfield, April Mills, Jana Cool, and Natasha Montang

Homecoming

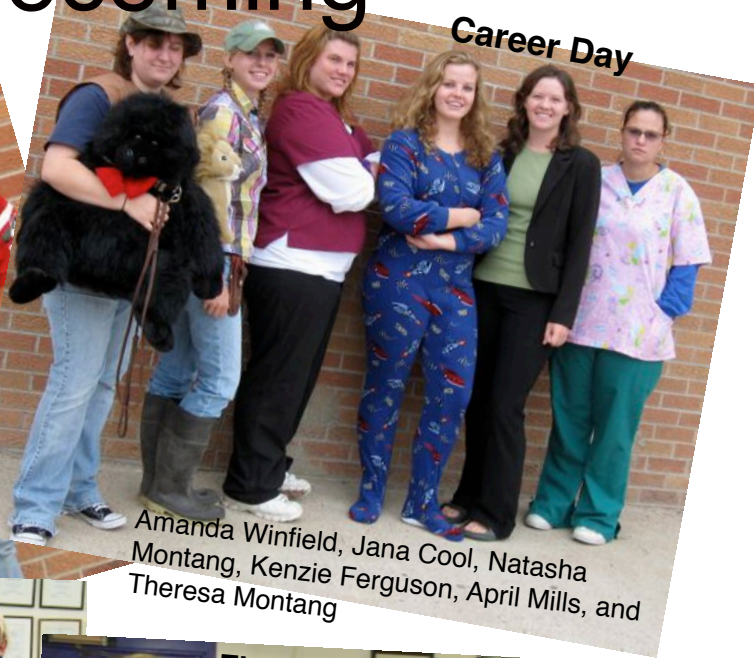
Red and White Day

Brett Urbanovsky, Lonny Smith,
Drew Bowers



Career Day

Amanda Winfield, Jana Cool, Natasha
Montang, Kenzie Ferguson, April Mills, and
Theresa Montang



Right photo:
L to R: Amanda
Winfield, Ali
Rosentrater,
April Mills,
Jessie Preston
and Thomas
Derr



Floral Day



Natasha Sage, April Mills, Christa Eastburn and Jessie Preston

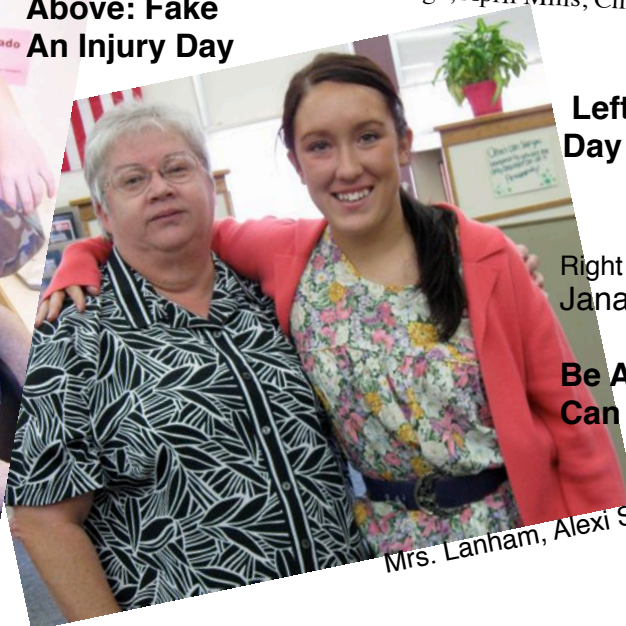
Above: Fake An Injury Day

Be All You Can Be Day



Taylor Rimpley, and Josh Peterson

Left: Floral Day



Mrs. Lanham, Alexi Schwarz

Right Photo Jana Cool

Be All You Can Be Day



MISTAKES vs. EXPERIENCE

Bruised Knees Give You Character...The Tears Give You Strength.

"How did you get so wise?" The young girl asked her grandpa.

"Experience dear." He had replied.

"How did you get experience grandpa?" the curious girl asked.

"Mistakes." He had answered.

From the time that a person enters this world, it is basically inevitable that they will make mistakes. A bruised knee from falling down on the playground, or a bloody lip from trying to stick up to the bully that is twice as big as you. After a while, you don't fall down quite as much, and you finally, thankful, to grow into your size, and not have to worry about that bully anymore.

Your elementary worries are over, as you cross over into the junior high world, and finally get into high school. But the bumps and bruises don't stop there. Your heart gets broken for the first time, you lose a friend, you gain a couple more. Late nights studying to wake up to puffy eyes in the morning. These things all get you ready for what's out there after you leave high school.

The bruised knees, well they give you character of course, and maybe a good story. The broken heart, may not be completely healed, but at least it's mending... It will make you tougher, maybe a little more cautious in the end... And don't forget those bully's. Although there are millions of them, keep in mind they're

all the same. Just remember to keep the glint in your eye, and the bounce in your step...

It's in the eye of the kindergartener that ties his shoe in a messy bow for the first time. Or the seventh grade girl that gets a kiss on her blushing cheek. You see it in the eye of four year olds everywhere that finally take the training wheels off and when they crash, they wipe off their muddy knees and try it all again.

So why is it when we start to mature, do we lose our drive?... That glint in our eye; the hope that even if you do crash, the lesson learned will be stronger than an bruise on your knee?... What is it that we get in the back of our minds that if we cant do

something well, we shouldn't do it at all?... I don't know either.

Be a four year old. Get excited, almost ecstatic, by the simplest things... Friends, family, fun... Everyone needs that. Lose the caution of failing. What if I can't do this? What if I'm criticized of that?... If you're asking 'what if', you'll never know.

Train your vision to see like a kindergartener. Vision everything in bright colors. Not all of this black and white stuff. Love someone because they're different, and not afraid to hide that; not because they are just the same.

Love like a little girl... No worries about what the future might hold, or dwelling over what will happen next. The only sure thins is what is happening her and now, besides, who would want to waste a perfectly 'good worry' anyways?

Q&A

ASKING
MY
OWN
QUESTIONS...



FINDING
THE
RIGHT
ANSWERS.

BY: ALEXIS SCHWARZ, SENIOR

Notes from the Counselor's Office... Mrs. Ayres

Parents and students, please be aware that information concerning scholarships, ACT testing, essay contests etc are all located on my Arnold school website.

<http://apssserver.arnold.k12.ne.us/~lynnea/Site/Welcome.html>

If the internet is not available to your family outside of school, come see me for hard copies of scholarship applications or download and print at the school.

I am always available to help with scholarship essays, college information and application forms.

Check the website frequently as I update whenever new information is made available to me.

Questions of any nature are welcome. Either Call 308-848-2226 My school extension is 5, or email lynnea@esu10.org

COKE CAPS COLLECTION

You can help out the school by collecting your Coke Product bottle caps. Coca-Cola is refreshing its committment to supporting education by enabling schools to collect donated points and then redeem them for a variety of school rewards including playground equipment, supplies, classroom materials, and more. You can send your Coke caps (and other coke products) to the school office and they will redeem them. For more information you can go to: <http://www.mycokerewards.com/schools>. Thank you for your support.

Texting- My Anti Parent

**By:Rachelle Preston,
Sophomore**

This goes out to all the texters in the world: Keep those fingers strong! Now every texter knows that their guilty pleasure is texting nonstop all day. I don't know about anyone else, but I see that as the easiest way to communicate with people that are a distance away from you.

Older people ask " Why can't they just pick up the phone and talk to the person?"

So why are parents so mad? Not that your running up the phone bill with texts.(although that may be part of it.) Not that they believe that your brain cells are frying with every glance at the screen. It is, my fellow texters, that they can't do it! Aha, their secret has been unveiled.

Now some technology geeks, such as my dad, can text, but others just look completely hilarious doing so, won't you agree? They get that look, that they are very concentrated, their eyebrows are pushed together and their mouth spells out the word they are trying to text, just like they are learning to read. It's quite the process for them, as

opposed to us, who can text with our eyes closed.

Now my mom does really well with texting. She isn't a pro, but she can almost keep up with us on good days. Her favorite word: OK. Now when I text, I like to spell out the whole word, okay. Ask me why?

Because its not hard for me to text. It takes me just as long to text out okay, as it does for her to text out OK.



Gabbing
With Gert

Need

I say more?

Who here knows the difference between ABC and T9word texting? No one? All right. Well ABC is the 'easier' way to text. If you could see my eyes, I would be rolling them if you agreed with that statement. You see, T9word spells out the

word for you, so you don't have to push every number a thousand times to get a letter.

Something else that never fails to make me laugh: You can tell when parents get a word typed on their phone. Because they smile a little smile of success, and then go on with their texting. The funniest thing is seeing them text and see them stick their tongue out, that's when you know that it's serious. (Hahahaha)

So I say fellow texters, keep on texting. Spread the wealth of your knowledge. Take the time and teach your parents something. Its not all bad. And I say to you parents, take the time and text it out, you never know what may happen. But remember new texters, stretch you fingers first!



Editor-in-Chief...Mrs. Nicole Badgley
Senior Editors...Amanda Winfield, Alexis Schwarz
Sophomore Editor...Rachelle Preston,
News Reporters...Taylor Rimpley, Josh Peterson,
Katie Vincent, Theresa Montang

The Redbird Buzz



The opinions and ideas expressed in the articles of the Redbird Buzz are solely those of its authors. They do not necessarily reflect the opinions and ideas of Arnold Public Schools. No advertising, other than school sponsored activities, is allowed in the newspaper. Opinion pieces, future news items, comments, or suggestions may be submitted to any member of the Journalism staff, or its sponsor at nbadgley@esu10.org

A special thank-you goes out to Penny Allen for all her hard work in helping us. If you, or someone you know, would like to receive the newspaper, please contact the school office at 308-848-2226 to add your name to our mailing list.

The Kindergarten Days

By: Amanda Winfield, Senior

Finally, I made it to my senior year. Scholarships, college applications, and graduation, everything that terrifies, and mystifies me at the same time. Some days its hard to imagine that this will be my last year here, after 12 years of walking across the school playground to get to school, 12 years of coming back to the same classmates that I left the year before, with the exception of the of the ones that come and go. This is the year that I start deciding my future.

As I start the year I can't help but think about the last 12 years, what I've seen, learned, and what I'll take with me in my excursion to college. I'll take the memories of pep rallies, homecoming, mock trial meets, one-act meets, and everything else that has happened in high school. But I think that the best lessons and memories that I have

Other lessons that I've learned is patience, learning slowly how to write my name, though now its one of the easiest things that I know how to do.

“Take the Plunge”

Learning that I can't always have my way, and I have to be able to listen to other people as well.

In a lot of ways starting you senior year is just like starting you kindergarten year. You're excited, and nervous. You don't quite know what to expect, though many people have told you what's to come, but its something you have to do alone. You'll have your friends with you, but you have to take the plunge yourself. Some people I know I'll eventually lose contact with and others I'll know for the rest of my life. I'll meet new people, but I'll always remember the first time that I walked in to the school, brand new Scooby Doo back pack, and saw the kids that I would spend the next 12 years with.

And now as I take the plunge in to my senior year, I have regrets, thing that i wish I'd done differently, I'm glad that I spent those 12 years here, getting to know the class that has been there every step of the way.

Though the years...



*By: Amanda Winfield,
Senior*

“Your excited , and nervous”

are the ones that

I learned in elementary school. One of the age old lessons that you learn in kindergarten is to share, say you're please and thanks you's, and be nice to others.

SIT LESS, MOVE MORE!

Are you one of the millions of Americans who have resolved to begin exercising and/or improving your overall health? The messages encouraging us to make lifestyle changes are everywhere, but many of us just do not know where to start.

The truth is, improved health can be found in a good pair of sneakers. Improved health does not have to be time consuming, expensive or include giving up a favorite food. Improved health happens over time in small steps. (Don't worry if you sometimes take a few steps backward- you can always head back in the right direction.)

Simply stated: Sit less and move more. Try to accumulate 30 minutes of activity over the course of the day. Increasing the amount of time spent walking is an easy way to increase daily activity. Take 10-15 minutes out of your lunch break and take a walk. Get up from your desk and take a 5-minute stroll around the office. Take 10 minutes after dinner for a trip around the block and you have accumulated 30 minutes of activity. Some days may allow for more walking time, others for less. Just move.

A principle to live by is "think FIT"

***Frequency-**How many days of the week are you physically active? Can you walk more days of the week (5 instead of 3)?

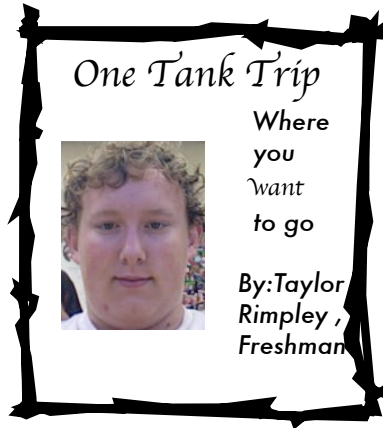
***Intensity-** How vigorously do you walk? Can you walk faster, bring your body up to a light sweat.

***Time-** How much time do you actually spend in one session of activity? Can you spend more time walking (20 minutes instead of 10)? By modifying one or more of these factors, you are on your way to improved health!

Sutherland Dirt Track

By: Taylor Rimpley, Freshman

One tank of gas, one car, and you can do any thing you want. What would you do for a one-tank trip? Go to the movies? Nay. Go shopping? No. How about driving a dirt bike on a track that feels like only pros should be there. Yes, that sounds like my kind of trip. The track that I have mentioned here has only one geographical location, Sutherland. You may be wondering what is this "one tank trip" thing that



I keep mumbling about. Well in short it is a trip that you can take, and have fun doing, with one tank of gas. It is one of those places where the "greats" are born. This track has more than enough room for any one that wants to go. But of course you have to be one of those daring young people that love adrenaline because this track can surely do that for you. There are a couple downsides to this track how ever. One is that there are no "facilities". There are no restaurant or restrooms by the track. There is also no stores in Sutherland, so if you break down you will have to head back to North Platte. It is also slightly tricky to find unless you know directly were it is.

First, when you head to the Sutherland Reservoir, you need to

stay on the main road, watch on the right side of the road and you will see a gate and probably the track itself.

When you are there please follow the rules and regulations. Many of which are very easy to follow and



will ensure your safety. Such as wear a helmet, don't cut across the tracks, and don't ride the tracks backwards.

It also has the largest jumps around that you don't have to pay to go to. I also picked this track because I think that it is the best

Saving Money

By: Joshua Peterson, Freshman



Hey let's save money! Why not? We need to save money to save up for stuff. Teenagers need money too. How can we save money? We can maybe, find something to save up for. I for one would like to save up to get my Xbox fixed. Many are saving for an iPod. If you already have these things, I am sure you are already planning for the next big buy. If you are already saving up, here are some other

small things to help you along. If you drive, instead of taking only two people to the movies in one car, cram six people in. Also, if you go to the movies, get some candy or popcorn from a local gas station and smuggle it in. This costs much less. Movie tickets cost a lot any way.

I have found that if I am in town, I could just walk around instead of driving. Or if you don't want to walk, you don't have to drive, but car pool, get a skateboard, or a small bike.

You could also find ways to save money for your parents. All you have to do is quit asking them to buy you something. As teens you could save money for your school. Do not waste paper. The school's paper budget is not as big as it was last year.

A Big

THANK YOU

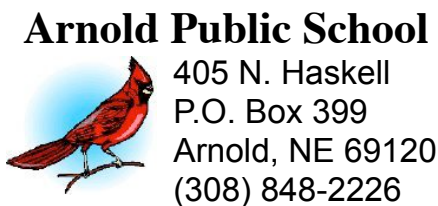
goes out to

The National Honor Society

The Arnold Alumni and The Arnold Education Association

for their generous donations to buy the new tables for the school. We have used them at Board Meetings, the Alumni Dinner, Conferences and many other activities.

We really appreciate you supporting our school.



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ATTENTION APS BOXHOLDERS

"The Redbird Buzz" is available online! Arnold High School is trying to do their part in conserving funds for the Arnold School District in every way possible, and by saving the postage from this mailing we can contribute in this way. Going Green!"

To access extra articles such as columns and Man on the Street go to:



<http://apsserver.arnold.k12.ne.us/~nicole/Journalism/SchoolNewsletter/SchoolNewsletter.html>

October 2009

B: K-12 \$1.00, Adult \$1.25 L: K-6 \$2.00, 7-12 \$2.25, Adult \$3.25

Breakfast and Lunch Calendars ** Menu is Subject to Change ** "This is an Equal Opportunity Foundation."

Breakfast Includes: Orange Juice, and Milk served with each meal

Lunch Includes:Vegetable, Fruit and Milk with each meal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B: Scrambled Eggs, Toast L:Goulash, T-Roll	2 B:Breakfast Pizza, Fuit L:Stromboli, Lettuce, Donut holes	3 B:Muffin, Yogurt L:Chicken Patty/Bun, Cookie	4
5 B: Cereal, Toast L: Burrito, Tri-Tater, Peanut Butter Bar	6 B: Pancakes, Fruit L: Pizza	7	8 B: Egg-N-Cheese omlet, toast L: Super Nachos, Cinnamon Roll,	9 B:Oatmeal, Toast L:Fried Chicken Mashed Potaoes, T-Roll	10 B:Donut, Yogurt L:Sloppy Joe, Rice crispy Bar	11
12 B: Cereal, Toast L: Hamburger, Fries, Cherry Crisp	13 B: Waffle Sticks, Fruit L: Breaded Pork Patty, Mashed Potatoes, T-Roll	14	15 B: Egg Wrap, Fruit L: Creamed Chicken and Biscuit, Jello	16 B: Biscuits-N-Gravy, Fruit L: Taco, Applesauce, Muffin square	17 B: Poptart, Yogurt L: Chicken Nuggets, Mac and Cheese, T-Roll	18
19 B: Cereal, Toast L: Corn Dog, Jello Cake	20 B:French Toast, Fruit L: Chicken-N-Noodles, Mashed Potatoes, T-Roll	21	22 B: Pancake on a stick, Fruit, Yogurt L:Spaghetti, Lettuce, Bread Stick	23 B:Egg-N-Cheese Omlet, Toast L:Scalloped Potatoes, Ham Patty, T-Roll	24 B: Cinnamon Rolls, Yogurt L:Soup, Sandwich , Cookie	25
26 B: Cereal, Toast L:Ham-N-Cheese, Potato Rounds, Blueberry Cobbler	27 B: Breakfast Pizza, Fruit L: Chicken Pot-Pie, Lettuce, T-Roll	28	29 B: Scrambled Eggs, Toast L: Breaded Beef Patty, Mashed Potatoes, T-Roll	30 B:Bagel, Yogurt L: Hot Dogs, Baked Beans, Chocolate Cake	31 NO SCHOOL	

Newsletter Survey

September 2008

In an effort to improve the school newsletter and we are looking for your input. Everyone's opinion is important to us, so we are hoping everyone will participate.

1. How important is it to you to receive the newsletter?
☐ Very Important
☐ Somewhat important
☐ Not Important
2. How would you prefer to receive the newsletter
☐ Mail
☐ Email
☐ Download from the school web page
☐ Receive as a podcast
3. What parts of the newsletter do you read the most? (Check all that apply)

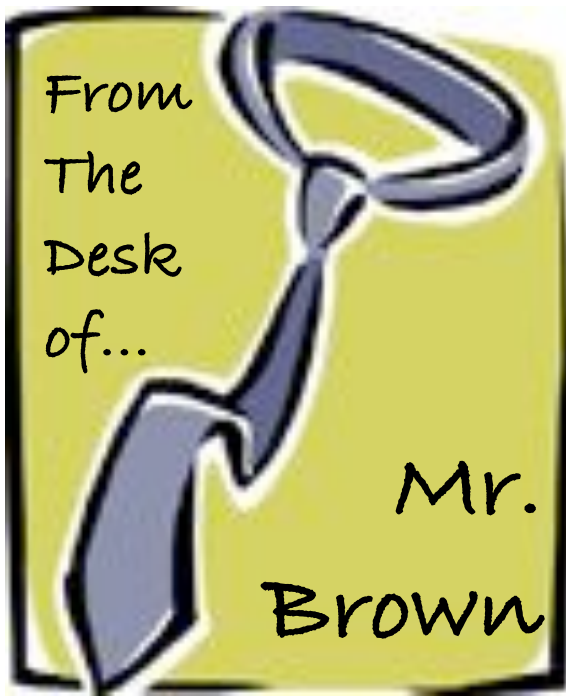
<input type="checkbox"/> Calendars	<input type="checkbox"/> Health information
<input type="checkbox"/> Student columns	<input type="checkbox"/> Current news and issues within the school
<input type="checkbox"/> Sports articles	<input type="checkbox"/> Photo pages
<input type="checkbox"/> Personality profiles	<input type="checkbox"/> Class Activities
<input type="checkbox"/> Reading Help for students	
<input type="checkbox"/> Scholarship information	
4. What parts of the newsletter do you skip reading? (Check all that apply)

<input type="checkbox"/> Calendars	<input type="checkbox"/> Health information
<input type="checkbox"/> Student columns	<input type="checkbox"/> Current news and issues within the school
<input type="checkbox"/> Sports articles	<input type="checkbox"/> Photo pages
<input type="checkbox"/> Personality profiles	<input type="checkbox"/> Class Activities
<input type="checkbox"/> Reading Help for students	
<input type="checkbox"/> Scholarship information	
5. What other types of information could we include in the newsletter for your benefit?
6. Comments or Suggestions:

If you would like the school to contact you about your opinions and beliefs, please include your name and method of contact below:

Name _____ Phone or Email: _____ -

Please tri-fold this paper and place it in the return mail, drop off at the school office, or send it with your child. We will compile the data and let you know the results next month.



Dear Patrons,

At its September 15th meeting the Arnold Board of Education approved the budget for the 2008-2009 school year. The new budget is \$2,497,363 which is \$9,004 less than last year. Despite that decrease in the budget, the property tax request of \$1,695,030 reflects an increase of \$120,560. The reason for the increase is the continued reduction in state aid. For the fourth consecutive year our state aid decreased. During that time we have gone from \$544,840 to \$292,205. That 46% loss is painful to the tax payers of our school district as they have to make up the difference.

The tax request of \$1,695,030 translates into a levy of \$1.0696 for every \$100 worth of property. That is \$.01442 more than last year. However, because valuations of property in

the district went up over 6% the net result is that property valued at \$100,000 last year is now worth \$106,200 and will be taxed \$1136 compared to \$1055 last year.

Losing state aid while facing significant cost increases, particularly in energy expenses, is a very challenging situation for small schools. But with your help and support we will meet those challenges as we strive to provide a high quality education to our students

Sincerely,
Robert W. Brown
Superintendent
Arnold Public School

