

Arnold Post

Home of the South Loup Bobcats



Volume: 7

blog.arnold.k12.ne.us

Issue: 1

Date: August 2011

WELCOME MRS. MEDICH, NEW TEACHER

I am Liz Medich and I will be teaching High School Special Education and elementary reading. I am also going to be an assistant volleyball coach.

My biggest achievement was when I was teacher of the year in the Ogallala School District.

I have taught in 3 previous schools. My first job was in Lewellen, NE for 8 years, Ogallala NE at St. Luke's Catholic School for 7 years, and my final job was in Litchfield NE for 2 years. I have taught 1st-4th grades, special education. I have also coached volleyball, basketball, track and golf. When I start my year in Arnold it will be my 18th year of teaching.

I came to Arnold because I found my husband. I have had a great response from the people of Arnold. I can't wait to teach here and be part of a great community. I hope to bring a positive approach in and out of the classroom.

My family consists of a new husband Bill Medich, Haylee

Medich, Dillon Brown, Tanner Medich, Blake Brown, and Madi Medich. We are very lucky to be combining our families as we have a very unique relationship. Our families are very close and love each other.

As far as pets go, we have as many of them as we do children. This is what happens when you combine households. We have 3 cats, 1 dog, and 2 horses.

In my spare time, I love to ride my horses, play golf, and run for exercise.

I went to college at Peru State College and I graduated in 1993 where I received a Bachelors of Science in Education and Special Education. I attended Kimball County High School and graduated in 1985.

I would like to thank everybody for making my transition here a great one. I promise to teach your children and serve your community the best I know how.

Laptop Distribution Open House

Each student in grades 8 through 12 will need to bring a parent to the open house between 3 p.m and 6:15 p.m. on August 16th, 2011 to check out their laptops.

Students and their parents will need to report to Mrs. Badgley's room, double check their serial numbers, get their student handbooks, sign the appropriate paperwork and make deposits.

If the student used their deposit last May as they checked out, they will need to bring a \$25.00 check for a new deposit for this year. Those who did not use their deposit, they will not need to make another deposit, we will continue to use the same one from last year.

Any new students and 7th grade students need to report with their parents for a short boot camp to check out their laptops to check out their laptops. A short informational meeting and review of policies, care, and rules will begin at 6:30 p.m.

A student Boot Camp for each grade will be held during the first week of school.

As we enter our sixth year of the laptop initiative, which began in March of 2006, we look forward to the new ideas, projects, and classroom activities.

To see examples from previous years, and to keep up with current school events, visit the school web site regularly. <http://blog.arnold.k12.ne.us>

From the Principal's Desk



Well, here we are again! As always, summer has flown by. I am looking

forward to the beginning of another new and exiting school year.

I would like to welcome Mrs. Liz Medich to our staff. She will primarily teach 7-12 Resource, but will also help with elementary reading, and volleyball coaching. We will also have some new students in our desks this year. Watch for them in the Sentinel the first week of school!

If you have not gotten the second dose of chicken pox vaccine for you children yet, please do so before school starts. They have the vaccine in Callaway at the clinic, but due to the temperamental nature of the vaccine, they cannot transport it to Arnold. You can also visit County Health Clinics for your dose. Check with your insurance company for coverage of this newly required shot.

Read the rest of the newsletter for details regarding the first days of school, laptop check-out, 6th grade orientation, and other important items. See you all in August!

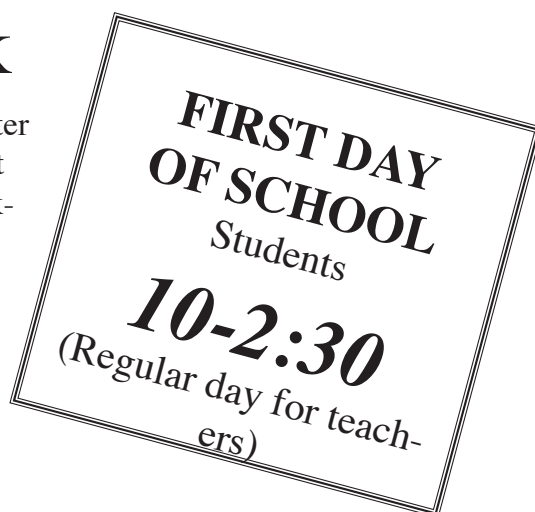
Dawn Lewis, Principal
Arnold Public Schools

Sixth Grade Orientation:

On August 16th, at 6:30, incoming 6th grade students will meet in Mr. Peterson's rooms to begin a short orientation program to help begin a successful year.

- Students must attend with a parent
- Students will receive and briefly review student handbook
- Students will go through the typical daily schedule
- Students will find their lockers
- Students will go over rules and expectations of being in Middle School
- Students will receive computer orientation with Mrs. Badgley
- Students and parents will sign usage forms and other handbook forms

Sixth grade students do not take home computers for the first 18 weeks of school. After that, if they have proven themselves to be responsible students, a panel of their teachers and administration will decide if they have earned the privilege.



Daily Announcements

The Daily Announcements are posted on the main page of school web site by Mrs. Lewis. They show the school lunch menu for that day and the next. The updated times and locations of upcoming events also appear, along with any other pertinent announcements for students and parents.

The school web site can be found at: <http://blog.arnold.k12.ne.us/>
To suggest items for the announcements please send an email to dawnlewis@esu10.org

Calendar

Attention! The school calendar is now online and updated regularly by both activity directors (Mr. Rush and Mr. Cole), as well as Mrs. Lewis. By visiting highschoolsports.net and entering "Arnold" and "69120" in the search bar, you will be linked to an updated calendar of all school events.

You can also go to the school web site <http://blog.arnold.k12.ne.us> and click the Calendar Link. Announcements are posted daily by Mrs. Lewis.



Don't forget you can donate your My Coke Rewards points to our school all summer long

MY COKE REWARDS POINTS ARE EVERYWHERE THIS SUMMER

- at cookouts, ball games, July 4th festivities -
don't miss out on all these opportunities to
get points and reward our school.

So, while you're celebrating summertime with family and friends, stay cool and refreshed with your Coca-Cola favorites and be sure to enter codes found on hundreds of different packages, including DASANI®, Sprite®, Minute Maid®, POWERADE ION® and more.

The points you earn today can help our school get what we need in the year to come. Here's how you can help our school get a head start for next school year:

- 1 Purchase your favorite Coca-Cola drink to get codes
- 2 Go to mycokerewards.com/schools (register if you aren't a member)
- 3 Enter your codes to get points
- 4 Find our school then enter the points you would like to donate

Check out



mycokerewards.com/schools

TM

for more information and
turn My Coke Rewards points
into rewards for our school
this summer.



Accelerated Reader Automatic Email System

If you are interested in receiving an automatic email when your children taken an AR test, follow these simple steps and we can get you set up.

1. Go to <https://hosted140.renlearn.com/387428>
2. Click "parent" on the welcome page.
3. Click "request parent/guardian access" on the parent page.
4. Fill in your name, email, relationship to the student, and security question.
5. Click save.
6. Then Mrs. Badgley will send an email back to you with your user name and login password.
7. Once you receive this information, go to <https://Hosted140.renlearn.com/387428/HomeConnect/Login.aspx> and log in.
8. Set your automatic email preference.

Coke Cap Collection

You can help our the school by collecting your Coke product bottle caps. Those you get from convenience stores, the grocery stores, vending machines, at ball games, and other places may all have the promotional codes on them. Coca-cola is refreshing its committment to supporting education by enabling schools to collect dontated points and then redeem them for a variety of school rewardds including playground equipment, suppolies, classroom materials, cameras, sound equipment, and more. You can send your Coke caps (and other Coke products) to the school office and they will redeem them. For more information, you can go to the <http://www.mycokerewards.com/schools>. Thank you for your support.



Earn Cash for Our School!

items for classrooms. In the past, a smartboard was purchased and some other equipment. The Box Tops campaign is a school fundraising program started by General Mills in 1996. To date, Box Tops has raised over \$200 million to help purchase school supplies, playground equipment, technology items, and so much more. You can support our school by saving box tops and sending them with your student to the school, take them to Finch Memorial Library, or to Reed's Food Center. Thank you for your support.

Box Tops for Education Collection

Arnold Schools will again be collecting box tops for education with a goal of earning \$500 to purchase

Activity Passes

Activity Passes, which get you into all home games at Arnold and Callaway, all year, will cost \$20.00 for students, \$40.00 for parents, and \$80.00 for a family. These passes will be good for all events except NSAA sponsored activities, conference events, and track. Everyone can get them at the office.



PowerSchool Passwords



As in past years, the school will be using PowerSchool to share student grades with their parents. If you already have the ability to login and check your

child's grades, then nothing has changed. Simply login to <http://powerschool.arnold.k12.ne.us/public>. If you don't have a log in, forgot your password, or would like some help, please contact Nicole Badgley, nbadgley@esu10.org or Penny Allen pallen@esu10.org, or call either of them at the school 308-848-2226.

Breakfast and Lunch Prices

Breakfast: K-12 \$1.15, Adults \$1.40

Lunch: K-6 \$2.15, 7-12 \$2.40, Adults \$3.40

ARNOLD PUBLIC SCHOOLS HONOR ROLL

4TH Quarter and 2nd Semester 2011

	4th Qtr.	2nd Sem.
<u>7th Grade</u>		
Morgan Eggleston	6-A's	5-A's
Sully Lewis	5-A's, 1-B	3-A's, 2-B's
8th Grade		
Claire Beshaler	3-A's, 3-B's	2-A's, 3-B's
Isaak Cole	2-A's, 4-B's	1-A, 4-B's
Trevor Halstead	6-A's	5-A's
Grace Magill	5-A's, 1-B	4-A's, 1-B
Racheal Smith	2-A's, 4-B's	2-A's, 3-B's
<u>10th Grade</u>		
Charles Blowers	7-A's, 1-B	7-A's, 1-B
Hannah Magill	8-A's	8-A's
Sierra Monroe	4-A's, 4-B's	5-A's, 3-B's
Mariah Strasburg	6-A's, 2-B's	
Alex Weinman	5-A's, 3-B's	
11th Grade		
Haley Jacobson	5-A's, 1-B	5-A's, 1-B
<u>12th Grade</u>		
Kali Blevins		6-A's, 2-Bs
Casandra King		4-A's, 4-Bs
Dayna Larreau	8-A's	8-A's
Sarah Magill	7-A's, 1-B	7-A's, 1-B
Cindy Nisolle	8-A's	8-A's
Rachelle Preston	7-A's, 1-B	

New Junior and High School Time Schedule Set

1st hour: 8:05-8:55

2nd hour: 8:57-9:47

3rd hour: 9:52-10:42

4th hour: 10:44-11:34

5th hour: 11:36-12:26

Lunch: 12:26-12:56

6th hour: 12:56-1:46

7th hour: 1:48-2:38

8th hour: 2:40-3:43

(M-TH)

* 8th hour is an extended period because school on Fridays will be dismissed at 2:38 and there will be no 8th hour.

School Library Opens Early

The school library will be open at 7 a.m. each day for student use.

Students may check out books, use the library for a study spot, to work on assignments, and to get extra help as they need it.

Arnold Public School

07/20/2011

Dear Parent/Guardian:

Children need healthy meals to learn. **Arnold Public Schools** offers healthy meals every school day. Breakfast costs **\$1.05**; lunch costs **\$2.15/\$2.35**. Your children may qualify for free meals or for reduced-price meals. Reduced-price is **\$.30** for breakfast and **\$.40** for lunch.

If your child(ren) qualified for free or reduced-price meals at the end of last school year, you must submit a new application by **September 20, 2011**, in order to avoid an interruption in meal benefits.

Frequently asked questions and answers:

1. Do I need to fill out an application for each child?

No. Complete the application to apply for free or reduced-price meals. *Use one Free and Reduced-Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. **Return the completed application to: Penny Allen, Arnold Public School, P.O. Bo 399, Arnold, NE 69120.**

2. Who can get free meals?

All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families (TANF) can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.

3. Can foster children get free meals?

Yes, foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.

4. Can homeless, runaway and migrant children get free meals?

Yes, children who meet the definition of homeless, runaway or migrant qualify for free meals. If you haven't been told your children will get free meals, please call [school, homeless liaison or migrant coordinator information] to see if they qualify.

5. Who can get reduced price meals?

Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart shown with this application.

6. Should I fill out an application if I received a letter this school year saying my children are approved for free meals?

Please read the letter you got carefully and follow the instructions. Call the school at **308-848-2226 ext. 4** if you have questions.

7. My child's application was approved last year for meal benefits. Do I need to fill out another one?

Yes, your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.

8. I receive WIC. Can my child(ren) get free meals?

Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.

9. Will the information I give be checked?

Yes, we may ask you to send written proof.

10. If I don't qualify now, may I apply later?

Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit.

11. What if I disagree with the school's decision about my application?

You should talk to school officials. You also may ask for a hearing by calling or writing to: **Dawn Lewis, Arnold Public School, P.O. Box 399, Arnold, NE 69120**

12. May I apply if someone in my household is not a U.S. citizen?

Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.

13. Who should I include as members of my household?

You must include all people living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children and who pay a pro-rated share of expenses), do not include them.

14. What if my income is not always the same?

List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you make \$1000 per month. If you normally get overtime, include it, but do not if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

15. We are in the military. Do we include our housing allowance as income?

If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

16. My spouse is deployed to a combat zone. Is his combat pay counted as income?

No, if the combat pay is received in addition to his basic pay because of his deployment and it wasn't received before he was deployed, combat pay is not included as income. Contact your school for more information.

17. My family needs more help. Are there other programs we might apply for?

To find out how to apply for SNAP or other economic assistance benefits, please go online at ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call **308-848-2226 ext. 4**.

*Si necesita ayuda, por favor llame al teléfono: **308-848-2226 ext. 4**.*

*Si vous voudriez d'aide, contactez nous au numéro: **308-848-2226 ext. 4***

Sincerely,

Penny Allen-Admin. Assit.

Arnold Public School

Arnold, NE 69120

Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and cannot easily report a monthly income. These individuals may use their 2010 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced price meal application. The income to be recorded is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses, such as interest on home mortgages, medical expenses, and other similar non-business items are not allowed in reducing gross business income.

USDA has announced that **losses** (negative numbers) on the lines listed below can be used to determine the **total** income for this attachment. If the total income is a negative number, it must then be recorded as zero on the application in the category labeled "All Other Income".

Zero income resulting from the use of Form 1040 does not require follow-up.

Please note: Line 7 cannot be reported as current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 22 (total income) and line 37 (adjusted gross income) may not be used for purposes of applying for free and reduced-price meals.

The required information for determining the allowable income from self-employment is to be taken from the **2010 U.S. Individual Income Tax Return Form 1040**.

Line 12, Business Income (or loss)	_____
Line 13, Capital Gain (or loss)	_____
Line 14, Other Gains (or losses)	_____
Line 17, Rental Real Estate, etc.	_____
Line 18, Farm Income (or loss)	_____

NOTE: If any members of the household have income from wages or salary, the gross income from last month must be reported on the application form.

This attachment is used only to report income from self-employment and/or farming.

Total of above lines: _____ **equals annual self-employed income***

If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the application.

* This figure is to be reported on the application under "All Other Income".

Part 1: Children in School

List names of all children, including foster children, in school. If all children listed are foster, skip to Part 4 to sign the form. (First, Middle Initial, Last Name)	Check box below if a foster child.	Name of School Child Attends	Grade
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		

Part 2: SNAP, TANF or FDPIR Benefits

Enter **MASTER CASE NUMBER** if household qualifies for SNAP, TANF or FDPIR: (Social Security numbers, Medicaid numbers and EBT numbers are not accepted.) Skip to Part 4

Part 3: Total Household Gross Income - You must tell us how much and how often.

1. Household Names List everyone in household and the income each earns & how often OR check the box at the right if they have no income. A foster child's personal use income must be listed.	2. Gross Income and How Often it was Received								3. Check if NO income
	Earnings from Work before deductions		Welfare, Child Support, Alimony		Pensions, Retirement, Social Security, SSI, VA Benefits, Disability		All Other Income (Self Employment)		
	Income	How often	Income	How often	Income	How often	Income	How often	
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
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									<input type="checkbox"/>

Part 4: Signature and Social Security Number (Adult Must Sign)

An adult household member must sign the application. If Part 3 is completed, the adult signing the form must list the last four digits of their Social Security Number or mark the "I do not have a Social Security Number" box. (See Privacy Act Statement on page 2)
I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits and I may be prosecuted.

Sign here: _____ Print name: _____ Date: _____
 Address: _____ Zip: _____ Phone Number: _____
 Social Security Number (last 4 digits): XXX – XX – _____ I do not have a Social Security Number

Part 5: Children's Ethnic and Racial Identities (Optional)

Mark one Ethnic Identity: -- and -- **Mark one or more Racial Identities:**
☐ Hispanic or Latino ☐ Asian ☐ Black or African American ☐ Native Hawaiian or other Pacific Islander
☐ Not Hispanic or Latino ☐ White ☐ American Indian or Alaska Native

Do Not Fill Out This Part. For School Use Only.

Annual Income Conversion: Weekly X 52; Every 2 Weeks X 26; Twice a Month X 24; Monthly X 12

Total Household Size _____	Free	Temporary Approval for Zero Income Until: _____
Total Income \$ _____ per _____	Reduced	Results of Follow-up (45 days or less): _____
<input type="checkbox"/> Year <input type="checkbox"/> Month <input type="checkbox"/> 2 X Mo. <input type="checkbox"/> Every 2 Wks <input type="checkbox"/> Week		Follow-up Signature _____ Date: _____
Categorically Eligible: SNAP/TANF/FDPIR	Denied	Reason for Denial: _____
Foster Child	Income too high	Incomplete App.
		Date Withdrawn from School: _____
Signature of Determining Official _____		Date Approved: _____
Signature of Confirming Official (Verification only) _____		Date Confirmed: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

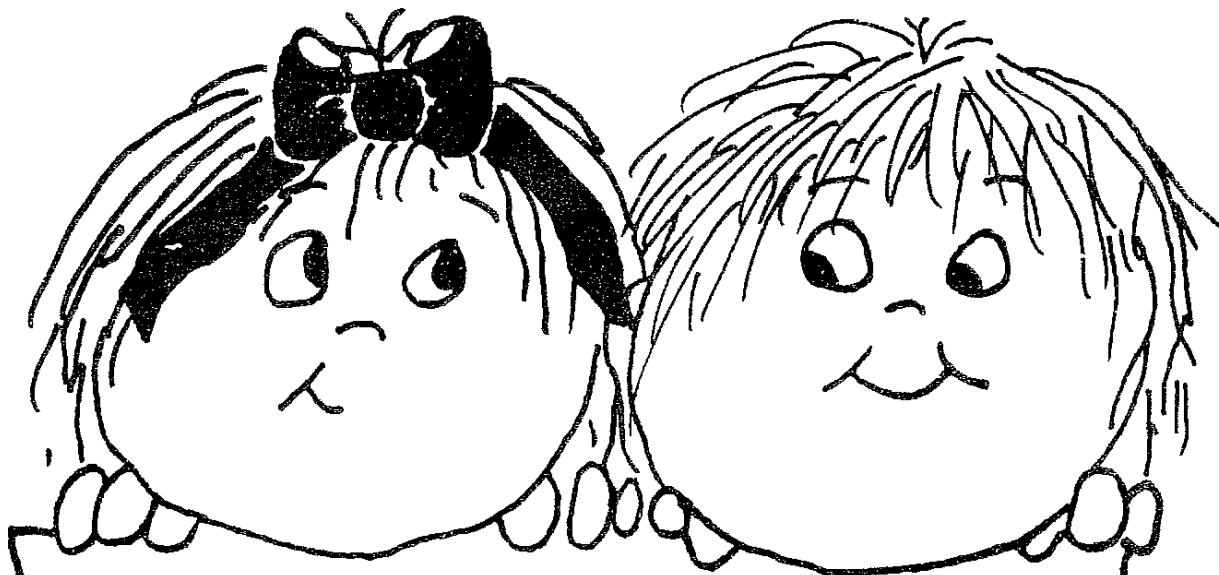
FEDERAL INCOME CHART for School Year 2011-12					
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,147	1,679	840	775	388
2	27,214	2,268	1,134	1,047	524
3	34,281	2,857	1,429	1,319	660
4	41,348	3,446	1,723	1,591	796
5	48,415	4,035	2,018	1,863	932
6	55,482	4,624	2,312	2,134	1,067
7	62,549	5,213	2,607	2,406	1,203
8	69,616	5,802	2,901	2,678	1,339
Each additional person:	7,067	589	295	272	136

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."



Dear Parents,

Please look through the enclosed checklist to help you determine if your child is doing skills listed under the five different areas. This checklist is only for children from birth to five years of age.

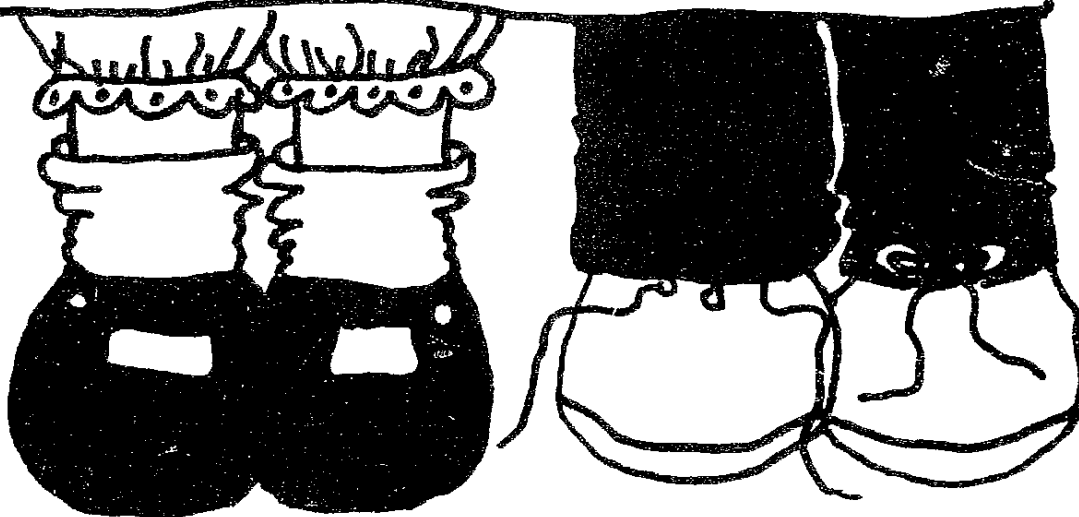
If you have any concerns about your child's skills or would like more information, please feel free to contact:

Early Development Network
410 South 10th Avenue
Broken Bow, NE 68822
(308) 872-6699

Sandhills Educational Services
323 North 7th Avenue
Broken Bow, NE 68822
(308) 872-5606

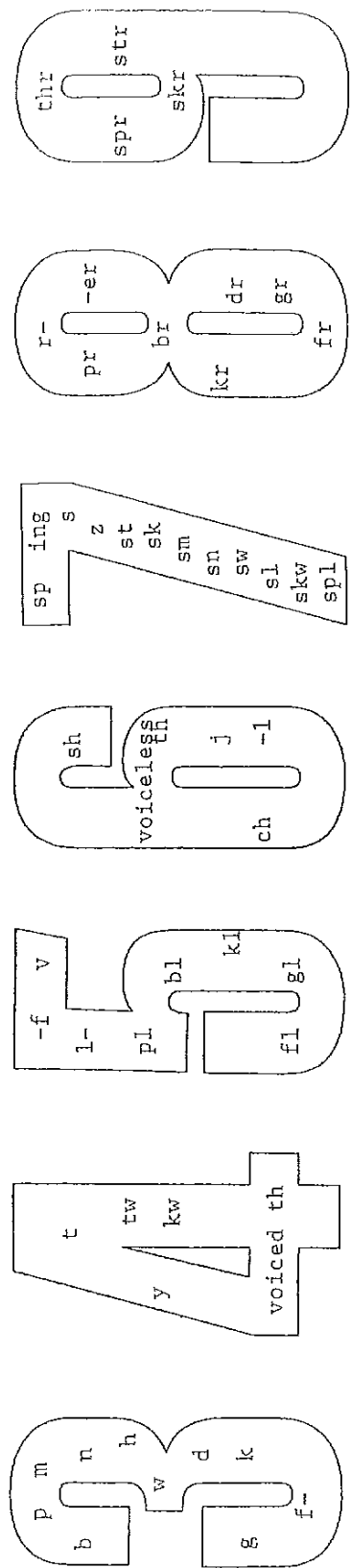
Your child may qualify for special education services from the school district at no cost to you.

Sincerely,
EDN Services Coordinator



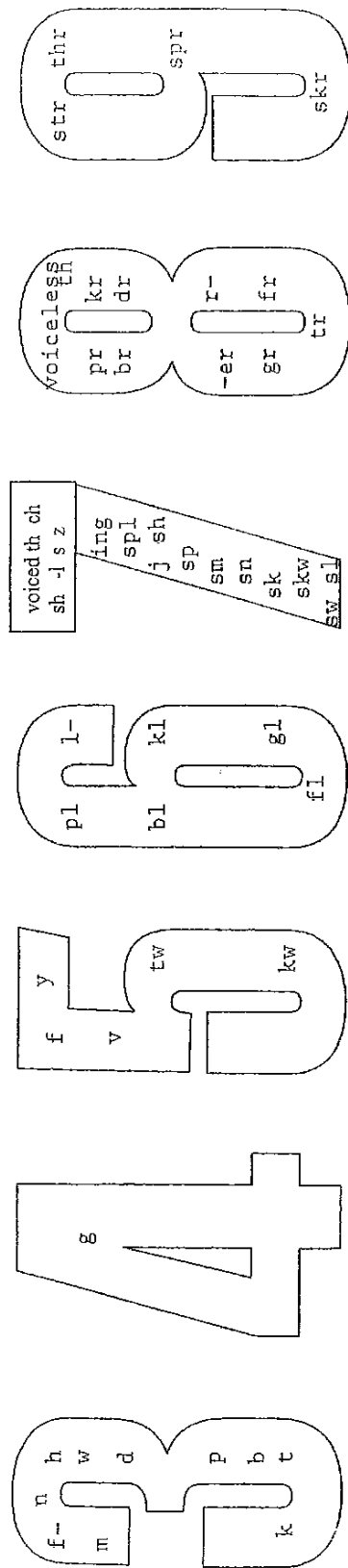
	COGNITION	LANGUAGE	GROSS MOTOR	FINE MOTOR	SELF HELP
0 - 1 Years	<ul style="list-style-type: none"> Looks for source of sound Responds to voices Aware of surroundings Looks at pictures in books Plays "peek-a-boo" Quiets when picked up 	<ul style="list-style-type: none"> Cries, coos, laughs, giggles Looks at speaker Responds to own name Vocalizes when talked or sang to Repeats syllables: ba-ba, ma-ma Waves bye-bye Makes sounds to get attention 	<ul style="list-style-type: none"> Turns head to both sides when on back Kicks legs alternately Sits with support Rolls from back to tummy Walks along furniture Crawls Walks with both hands held 	<ul style="list-style-type: none"> Stares and gazes Follows moving object using eyes Brings hands together Reaches and grasps for objects Transfers object from hand to hand Drops objects Pokes with index finger 	<ul style="list-style-type: none"> Coordinates sucking, swallowing Brings hand to mouth Recognizes bottle Uses tongue to move food in mouth Bites and chews Finger feeds self Drools less
1 - 2 Years	<ul style="list-style-type: none"> Stacks blocks Hands toy back to adult Finds hidden object Matches object to object Points to 4 animal pictures Recognizes self in mirror Likes finger-plays and nursery rhymes 	<ul style="list-style-type: none"> Follows simple directions Identifies familiar object by pointing Indicates several body parts Says "ma-ma, da-da" Imitates words Names common objects Uses pronouns: my, mine 	<ul style="list-style-type: none"> Stands alone Walks 2-3 steps Stands from crawling position Walks with no support Runs Carries toy while walking Walks down steps with hand held 	<ul style="list-style-type: none"> Picks up objects with thumb/index finger Scribbles with crayon Builds tower using 2-4 blocks Puts objects into containers Places pegs in pegboard Holds crayon with thumb and fingers 	<ul style="list-style-type: none"> Sleeps 10-12 hours Brings spoon to mouth Gives up bottle Removes own socks, shoes, and hat Fusses to be changed Begins toilet training Unzips clothing
2 - 3 Years	<ul style="list-style-type: none"> Recognizes familiar adults in picture Engages in make-believe play Matches colors and shapes Matches identical pictures Understands concept of "one" Enjoys stories and looks at books Sings along with music 	<ul style="list-style-type: none"> Understands use of objects: bike/ride Understands descriptive word: big/little Understands action pictures: running Begins to ask questions Names pictures Combines 3-5 word sentences Uses plurals 	<ul style="list-style-type: none"> Takes ball Walks up and down stairs Rides tricycle Walks backwards Stands, balances on one foot Walks on tiptoes Runs 	<ul style="list-style-type: none"> Builds tower using 4-6 blocks Folds paper Turns knobs on toys and television Scribbles with circular motion Strings beads Snips with scissors Copies a circle already drawn 	<ul style="list-style-type: none"> Helps put things away Washes and dries hands with help Helps with brushing own teeth Dresses with assistance Blows nose with help Sucks from straw Pulls pants down to sit on potty
3 - 4 Years	<ul style="list-style-type: none"> Recites nursery rhymes or songs Uses words: today, tonight, last night Identifies missing objects from picture Puts 2 parts of picture together Understands negatives: "It's not your turn" Counts 3 objects Answers questions logically 	<ul style="list-style-type: none"> Categorizes objects and picture Points to colors names Recognizes 6 body parts Answers "when" questions Tells how an object is used Repeats sentences Uses pronouns: I, he, she, we 	<ul style="list-style-type: none"> Jumps 2-10 times repeatedly Kicks ball Bounces ball 2 or more times Pedals tricycle around corners Walks on straight line Alternates feet going down stairs Colors circle staying in lines 	<ul style="list-style-type: none"> Screw and unscrew lids Completes 3-5 piece puzzle Draws a person with 2 body parts Makes shapes with playdough Builds tower using 7-8 blocks Cuts paper in 2 pieces Winds up a toy 	<ul style="list-style-type: none"> Undresses self independently Puts on own shoes, shirt, and coat Turns faucet on and off Puts away toys Uses spoon with little spilling Potty trained with few accidents Buttons and snaps clothes
4 - 5 Years	<ul style="list-style-type: none"> Counts to five Identifies 3 shapes Uses words: yesterday, tomorrow Carries out 3 part command Understands: go, stop, top, and bottom Sorts colors and shapes Understands: rainy, sunny, windy 	<ul style="list-style-type: none"> understands concepts: first, last Describes how to make a sandwich Names 6 animals Defines objects: "What is a car?" Answers "why" questions Compares objects or pictures Understands: under, in back of, next to 	<ul style="list-style-type: none"> Somersaults Skips Catches ball with arms and body Walks to rhythm Touches nose with eyes closed Rows 3 i ball overhand Stands with eyes closed 	<ul style="list-style-type: none"> Makes objects with playdough Draws a person with 3-4 body parts Moves paper while cutting Traces simple lines Folds and creases paper Completes 6-10 piece puzzle Imitates drawing shapes 	<ul style="list-style-type: none"> Puts on own socks, pulls up pants Tends to toileting needs Puts dirty clothes in hamper Zips up pants and buckles belt Uses fork and napkin Dresses with little help Knows front and back of clothing

SOUND CHART FOR FEMALES



These charts show at what age males and females should be using correctly articulated consonant sounds. The age norms were established as part of the Nebraska-Iowa Articulation Norms Project.

Vowel sounds are currently considered intact by age three (3)



SOUND CHART FOR MALES

September 2011

ARNOLD PUBLIC SCHOOL

~ September 2011 ~							Oct 2011 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 B: Combo Bar-Toast L: Super Nachos-Cinnamon Roll	2 B: Cinnamon Roll Yogurt L: Chicken Nuggets-Mac-n-Cheese	3	
4	5 NO SCHOOL Labor Day	6 B: Cereal-Toast L: Corn Dog-Jello Cake	7 B: Pancake-Fruit L: Salisbury Beef Patty-M. Potatoes-T-Roll	8 B: Peanut Butter/Jelly-Fruit L: Chicken-n-Rice-T-Roll	9 B: Breakfast Cookie-Yogurt L: Redi Rib	10	
11	12 B: Cereal-Toast L: Burrito-Frosted Graham	13 B: Egg-n-Cheese Omelet-Toast L: Chicken-n-Noodles-T-Roll-M. Potatoes	14 B: Pancake on Stick-Fruit L: Scalloped Potato-Ham Patty-T-Roll	15 B: Oatmeal-Toast L: Pizza-	16 B: Bagel-Yogurt-Fruit L: Sloppy Joes-Rice Krispy Bar	17	
18	19 B: Cereal-Toast L: Hamburger-Choco. Cake	20 B: Waffle Stix-Fruit L: Creamed Chicken-n-Biscuit-Jello	21 B: Biscuit-n-Gravy-Fruit L: Stromboli-Lettuce-Cookie	22 B: Breakfast Burrito L: Taco-Garlic Bread	23 B: Muffin-Yogurt-Fruit L: Chicken Patty/Bun	24	
25	26 B: Cereal-Toast L: Ham-n-Cheese/Bun-Choc. Cake	27 B: Egg Wrap-Fruit L: Breaded Beef Patty-M. Potatoes-T-Roll	28 B: French Toast L: Beanie/Weines-T-Roll-Lettuce	29 B: Breakfast Pizza-Fruit L: Taterot Casserole-T-Roll	30 B: Pop Tart-Yogurt-Fruit L: Sub-Sandwich-Tritaler	Notes:	

More Calendars: [October](#), [November](#), [December](#)

ARNOLD PUBLIC SCHOOL

August 2011

~ August 2011 ~							◀ Jul 2011	Sep 2011 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	1 B: K-12 \$1.05 L: K-6 \$2.15 L: 7-12 \$2.40 Adults: \$3.40	2 Menu is Subject to Change. "This is an Equal Opportunity Foundation." Lunch Includes Veg., Fruit, and Milk with each meal.	3 Breakfast includes Milk and Orange Juice with each meal.	4	5	6		
7	8	9	10	11	12	13		
14	15	16	17 B: Poptart-Yogurt-O.J.-Milk Lunch-Hot Dog-Veg.-Fruit-Milk	18 B: Egg Wrap-Yogurt Lunch: Pizza	19 B: Bagel-Yogurt Lunch: Sandwich-Tri later-Cookie	20		
21	22 B: Cereal-Toast L: Ham/Cheese/Bun Choc. Cake	23 B: Egg-n-Cheese Omelet-Toast L: Creamed Chicken/Biscuit-Jello	24 B: Biscuit/Gravy-Fruit L: Meatloaf-T-Roll-Mashed Potatoes	25 B: Waffle Stix-Fruit L: Taco-Muffin	26 B: Poptart-Yogurt L: SubSandwich-Potato Rounds	27		
28	29 B: Cereal-Toast L: Hot Dog-Potato Wedges	30 B: Breakfast Burrito-Fruit L: Breaded Pork Patty-M. Potatoes-T-Roll	31 B: French Toast-Fruit L: Spaghetti-Lettuce-Bread Stix	Notes:				

More Calendars: [Sep 2011](#) [Oct 2011](#) [Nov 2011](#)

Arnold HS - August 2011

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8 Start of FB practice - VB conditioning	9	10	11	12	13
14	15 Teacher In-service/Workday	16 8:00AM Breakfast at Baptist Church	17 First Day of School- Shortened Schedule	18	19	20
21	22	23	24	25	26 FB/VB Sports Drink Scrimmage - VB @ 5:00/FB @ 6:30	27
28	29	30	31 LVC Fall Meetings @ Broken Bow @ 6:30			

Arnold HS - September 2011

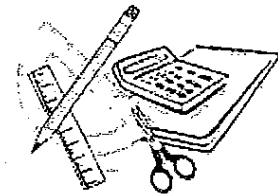
Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 4:00PM G C VB Mullen High School 5:00PM G JV VB Mullen High School 6:00PM G V VB Mullen High School	2 4:00PM G C VB Ansley High School 5:00PM G JV VB Ansley High School 6:00PM G V VB Ansley High School 7:30PM B V FB Ansley High School	3 9:30AM G V VB Seven Valleys Volleyball Tournament
4	5 Labor Day - No School	6	7 1:30PM G JH VB @ SMC	8	9 4:00PM G C VB @ Anselmo-Merna High School 5:00PM G JV VB @ Anselmo-Merna High School 6:00PM G V VB @ Anselmo-Merna High School 7:30PM B V FB @ Anselmo-Merna High School	10
11	12 1:00PM G JH VB @ Sandhills/Theftord @ Dunning 3:00PM B JH FB @ vs Sandhills/Theftord @ Dunning 4:30PM G JV VB @ Anselmo-Merna High School 5:30PM B JV FB @ Anselmo-Merna High School	13 TBA G V VB @ Brady Triangular	14	15	16 4:00PM G C VB Burwell Junior-Senior High School 5:00PM G JV VB Burwell Junior-Senior High School 6:00PM G V VB Burwell Junior-Senior High School 7:30PM B V FB Burwell Junior-Senior High School	17
18	19 3:30PM G JH VB vs Ansley at Callaway 5:30PM B JH FB vs Ansley at Callaway 6:30PM B JV FB vs Ansley @ Callaway	20 TBA G V VB @ AM Quad At Merna TBA G JV VB @ AM Quad @ Merna	21 1:00PM G JH VB @ Anselmo-Merna High School	22 TBA Homecoming Activities & BBQ @ Callaway	23 Homecoming @ Arnold - Following FB Game 6:00PM B V FB Hemlingford Junior High School	24 9:00AM G V VB @ Brady Booster Club VB Tournament
25	26 2:30PM G JH VB @ Sargent High School 4:30PM B JH FB @ Sargent High School 5:00PM G JV VB @ Mild - Plains Non Varsity Tournament at North Platte 5:30PM B JV FB @ Sargent High School	27	28	29 TBA G V VB @ Sargent Triangular @ Sargent	30 7:30PM B V FB @ Maxwell High School	Homecoming Dance

3rd Grade List

1 box colored pencils
1 box of crayons (16 or 24)
2-glue sticks
Package of #2 pencils
Eraser
Scissors
1-box of Kleenex's
1-two pocket folder
2-single subject wide rule notebooks
Ruler
Pencil box
1-small water bottle with lid
1-package Dry erase markers

*If additional supplies are needed, I will send a list home at the beginning of the school year.

Fourth Grade School Supply List



Lined paper (3 ring notebook – please avoid spiral notebooks)	
scissors	ruler
colored pencils (box of 12)	Expo dry-erase markers
eraser, pink works well	dry-erase marker eraser
gym shoes	glue stick
blue or black ink pen	3-4 pencils
(small white board - optional)	box of tissues

5th Grade Supplies List

2 Three subject notebook	----	College lined paper for 3 ring notebook		
3 Pocket Folders	-----	1 - 3 Ring Binder		
Package of #2 pencil	-----	Package of Pens	-----	1 Red Pen
Crayons/Markers	-----	1 - Scissor		
Glue sticks	-----	2 Boxes Kleenex's		
Gym shoes				

*If additional supplies are needed, I will send a list home at the beginning of the school year.

ARNOLD PUBLIC SCHOOLS ELEMENTARY SUPPLY LIST

Kindergarten/First Grade Supplies List

5 #2 pencils
1 Eraser
5 glue sticks
4" x 6" plastic pencil box
Back Pack
Folder for take home Papers
Tennis shoes for P.E.
1 Box of Crayons (16 or 24)
2 Boxes of Kleenex
Snacks
1 Hand Sanitizer with Pump
Red & Blue folding nap mat (Kindergarten only)

2nd Grade School Supplies

1 backpack
1 pair of shoes for P.E. can be a previously worn pair – make sure they are clean and have laces in them.
1 small pencil box
tissue (Kleenex) may need to bring more after the cold and flu season descends upon us.
1 box of 24 crayons
#2 lead pencils – the yellow ones – will need to bring more as your child needs a new pencil.
large eraser
1 small bottle of hand sanitizer
scissors
glue sticks
small water bottle with a tight fitting lid.

2nd dose of Varicella Vaccine required for ALL students K-12 Effective July 1, 2011

You will find the complete regulations for school immunization requirements in Title 172 Nebraska Administrative Code, Chapter 3. Here a link to that document. You will find the sentence about the varicella requirement in 3-008, on page 4.

http://www.sos.ne.gov/rules-and-regs/regsearch/Rules/Health_and_Human_Services_System/Title-173/Chapter-3.pdf

Here are the most frequently asked questions:

❖ Is the requirement for the varicella booster truly "a law?"

Yes: the regulations have been adopted and as such carry the force of law.

❖ Does the requirement just apply to kindergarten students, 7th grade, and out of state transfers, as has been the case in the past with new requirements?

NO: the requirement is written to apply to all students in all grades, simultaneously with the start of 2011-2012 school year.

❖ What about the student who had one dose of varicella, then parent reports the student had a varicella-like rash and illness, after being vaccinated. Does that student still need a second dose?

NO: The student, who had one dose, then had chicken pox, meets the requirement on the basis of having had disease. Parent should write a statement for the school including the date when student had chicken pox, and no further action is needed.

If you have any questions or concerns please call **West Central District Health Department** at 308-696-1201 ext 227

This information is provided by West Central District Health Department in cooperation with Kathy Karsting, RN, MPH, Nebraska DHHS School and Child Health Program Manager

***West Central District
Health Department***

*111 N Dewey St.
North Platte, NE 69101
308-696-1201 x227*

Hours

Monday 8:30-11:30 and 12:30-4:30

Tuesday 8:30-11:30 and 12:30-4:30

Wednesday 8:30-11:30 and 12:30-6:00

Thursday 8:30-11:30 and 12:30-4:30

Friday 8:30-11:30 and 12:30-4:30

IMMUNIZATION SCHEDULE 2011

Central Nebraska Community Services

626 "N" Street, Loup City, NE 68853

(308) 745-0780 ext. 131 or 1-800-736-7491 ext.131

**Calls are returned periodically between the hours of 8:00am - 4pm*

(Appointments are recommended for all clinics)

July

7	Ord	10:00am - 12:00pm (Thursday)
12	Burwell	9:30am - 12:30pm (Tuesday)
14	Loup City	10:00am - 12:00pm (Thursday)
20	Broken Bow	12:00pm - 6:00pm (Wednesday)
26	Saint Paul	9:30am - 2:00pm (Tuesday)

August

4	Ord	10:00am - 12:00pm (Thursday)
11	Loup City	10:00am - 12:00pm (Thursday)
17	Broken Bow	12:00pm - 6:00pm (Wednesday)
23	Saint Paul	9:30am - 2:00pm (Tuesday)

September

1	Ord	10:00am - 12:00pm (Thursday)
8	Loup City	10:00am - 12:00pm (Thursday)
13	Burwell	9:30am - 12:30pm (Tuesday)
21	Broken Bow	12:00pm - 6:00pm (Wednesday)
27	Saint Paul	9:30am - 2:00pm (Tuesday)

October

6	Ord	10:00am - 12:00pm (Thursday)
13	Loup City	10:00am - 12:00pm (Thursday)
19	Broken Bow	12:00pm - 6:00pm (Wednesday)
25	Saint Paul	9:30am - 2:00pm (Tuesday)

November

3	Ord	10:00am - 12:00pm (Thursday)
7	Burwell	9:30am - 12:30pm (Monday)
10	Loup City	10:00am - 12:00pm (Thursday)
16	Broken Bow	12:00pm - 6:00pm (Wednesday)
22	Saint Paul	9:30am - 2:00pm (Tuesday)

December

1	Ord	10:00am - 12:00pm (Thursday)
8	Loup City	10:00am - 12:00pm (Thursday)
15	Broken Bow	12:00pm - 6:00pm (Thursday)
20	Saint Paul	9:30am - 2:00pm (Tuesday)

Arnold Public School

07/20/2011

Dear Parent/Guardian:

Children need healthy meals to learn. **Arnold Public Schools** offers healthy meals every school day. Breakfast costs **\$1.05**; lunch costs **\$2.15/\$2.35**. Your children may qualify for free meals or for reduced-price meals. Reduced-price is **\$.30** for breakfast and **\$.40** for lunch.

If your child(ren) qualified for free or reduced-price meals at the end of last school year, you must submit a new application by **September 20, 2011**, in order to avoid an interruption in meal benefits.

Frequently asked questions and answers:

1. Do I need to fill out an application for each child?

No. Complete the application to apply for free or reduced-price meals. *Use one Free and Reduced-Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. **Return the completed application to: Penny Allen, Arnold Public School, P.O. Bo 399, Arnold, NE 69120.**

2. Who can get free meals?

All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR) or Temporary Assistance to Needy Families (TANF) can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.

3. Can foster children get free meals?

Yes, foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.

4. Can homeless, runaway and migrant children get free meals?

Yes, children who meet the definition of homeless, runaway or migrant qualify for free meals. If you haven't been told your children will get free meals, please call **[school, homeless liaison or migrant coordinator information]** to see if they qualify.

5. Who can get reduced price meals?

Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart shown with this application.

6. Should I fill out an application if I received a letter this school year saying my children are approved for free meals?

Please read the letter you got carefully and follow the instructions. Call the school at **308-848-2226 ext. 4** if you have questions.

7. My child's application was approved last year for meal benefits. Do I need to fill out another one?

Yes, your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.

8. I receive WIC. Can my child(ren) get free meals?

Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.

9. Will the information I give be checked?

Yes, we may ask you to send written proof.

10. If I don't qualify now, may I apply later?

Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit.

11. What if I disagree with the school's decision about my application?

You should talk to school officials. You also may ask for a hearing by calling or writing to: **Dawn Lewis, Arnold Public School, P.O. Box 399, Arnold, NE 69120**

12. May I apply if someone in my household is not a U.S. citizen?

Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.

13. Who should I include as members of my household?

You must include all people living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children and who pay a pro-rated share of expenses), do not include them.

14. What if my income is not always the same?

List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you make \$1000 per month. If you normally get overtime, include it, but do not if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

15. We are in the military. Do we include our housing allowance as income?

If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

16. My spouse is deployed to a combat zone. Is his combat pay counted as income?

No, if the combat pay is received in addition to his basic pay because of his deployment and it wasn't received before he was deployed, combat pay is not included as income. Contact your school for more information.

17. My family needs more help. Are there other programs we might apply for?

To find out how to apply for SNAP or other economic assistance benefits, please go online at ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call **308-848-2226 ext. 4**.

Si necesita ayuda, por favor llame al teléfono: **308-848-2226 ext. 4**.

Si vous voudriez d'aide, contactez nous au numero: **308-848-2226 ext. 4**

Sincerely,

Penny Allen-Admin. Assit.

Arnold Public School

Arnold, NE 69120

Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and cannot easily report a monthly income. These individuals may use their 2010 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced price meal application. The income to be recorded is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses, such as interest on home mortgages, medical expenses, and other similar non-business items are not allowed in reducing gross business income.

USDA has announced that **losses** (negative numbers) on the lines listed below can be used to determine the **total** income for this attachment. If the total income is a negative number, it must then be recorded as zero on the application in the category labeled "All Other Income".

Zero income resulting from the use of Form 1040 does not require follow-up.

Please note: Line 7 cannot be reported as current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 22 (total income) and line 37 (adjusted gross income) may not be used for purposes of applying for free and reduced-price meals.

The required information for determining the allowable income from self-employment is to be taken from the **2010 U.S. Individual Income Tax Return Form 1040**.

Line 12, Business Income (or loss)	_____
Line 13, Capital Gain (or loss)	_____
Line 14, Other Gains (or losses)	_____
Line 17, Rental Real Estate, etc.	_____
Line 18, Farm Income (or loss)	_____

NOTE: If any members of the household have income from wages or salary, the gross income from last month must be reported on the application form.

This attachment is used only to report income from self-employment and/or farming.

Total of above lines: _____ **equals annual self-employed income***

If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the application.

* This figure is to be reported on the application under "All Other Income".

Part 1: Children in School

List names of all children, including foster children, in school. If all children listed are foster, skip to Part 4 to sign the form. (First, Middle Initial, Last Name)	Check box below if a foster child.	Name of School Child Attends	Grade
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		
	<input type="checkbox"/>		

Part 2: SNAP, TANF or FDPIR Benefits

Enter **MASTER CASE NUMBER** if household qualifies for SNAP, TANF or FDPIR: (Social Security numbers, Medicaid numbers and EBT numbers are not accepted.) Skip to Part 4

Part 3: Total Household Gross Income - You must tell us how much and how often.

1. Household Names List everyone in household <u>and</u> the income each earns & how often OR check the box at the right if they have no income. A foster child's personal use income must be listed.	2. Gross Income and How Often it was Received								3. Check if NO income <input type="checkbox"/>
	Earnings from Work before deductions		Welfare, Child Support, Alimony		Pensions, Retirement, Social Security, SSI, VA Benefits, Disability		All Other Income (Self Employment)		
	Income	How often	Income	How often	Income	How often	Income	How often	
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>
									<input type="checkbox"/>

Part 4: Signature and Social Security Number (Adult Must Sign)

An adult household member must sign the application. If Part 3 is completed, the adult signing the form must list the last four digits of their Social Security Number or mark the "I do not have a Social Security Number" box. (See Privacy Act Statement on page 2)
I certify (promise) that all information on this application is true and that all income is reported. I understand that the school will get Federal funds based on the information I give. I understand that school officials may verify (check) the information. I understand that if I purposely give false information, my children may lose meal benefits and I may be prosecuted.

Sign here: _____ Print name: _____ Date: _____
 Address: _____ Zip: _____ Phone Number: _____
 Social Security Number (last 4 digits): XXX – XX – _____ I do not have a Social Security Number

Part 5: Children's Ethnic and Racial Identities (Optional)

Mark one Ethnic Identity: -- and -- **Mark one or more Racial Identities:**
☐ Hispanic or Latino ☐ Asian ☐ Black or African American ☐ Native Hawaiian or other Pacific Islander
☐ Not Hispanic or Latino ☐ White ☐ American Indian or Alaska Native

Do Not Fill Out This Part. For School Use Only.

Annual Income Conversion: Weekly X 52; Every 2 Weeks X 26; Twice a Month X 24; Monthly X 12

Total Household Size _____	Free	Temporary Approval for Zero Income Until: _____
Total Income \$ _____ per	Reduced	Results of Follow-up (45 days or less): _____
<input type="checkbox"/> Year <input type="checkbox"/> Month <input type="checkbox"/> 2 X Mo. <input type="checkbox"/> Every 2 Wks <input type="checkbox"/> Week		Follow-up Signature _____ Date: _____
Categorically Eligible: SNAP/TANF/FDPIR	Denied	Reason for Denial:
Foster Child	Income too high	Incomplete App.
		Date Withdrawn from School: _____
Signature of Determining Official _____		Date Approved: _____
Signature of Confirming Official (Verification only) _____		Date Confirmed: _____

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL INCOME CHART for School Year 2011-12					
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,147	1,679	840	775	388
2	27,214	2,268	1,134	1,047	524
3	34,281	2,857	1,429	1,319	660
4	41,348	3,446	1,723	1,591	796
5	48,415	4,035	2,018	1,863	932
6	55,482	4,624	2,312	2,134	1,067
7	62,549	5,213	2,607	2,406	1,203
8	69,616	5,802	2,901	2,678	1,339
Each additional person:	7,067	589	295	272	136

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

AUTHORIZATION FOR ADMINISTRATION OF MEDICATION AT SCHOOL

Student Name: _____ Birth Date: _____

School: _____ Grade: _____

THIS PORTION TO BE COMPLETED BY PHYSICIAN/DENTIST/PROVIDER

Name of Medication Dosage Route Time of Day

If given prn specify the length of time between doses _____

Inhalers: _____

Indicate if student must carry on his/her person

Student is capable of self-administration of medication _____ Yes _____ No

Possible side effects of medication _____

It is safe for unlicensed staff to provide this student this medication _____ Yes _____ No

Emergency procedure in case of serous side effects _____

I request and authorize that the above-named student be administered/provided the above-identified medication in accordance with the instructions indicated above from _____ to _____ (not to exceed the current school year) as there exists a valid health reason which makes administration of the medication advisable during school hours.

Date of Signature

Physician/Dentist/Provider Signature

Telephone Number

Name: _____
(Print or Type)

Please Note: If samples of medication are to be given, they must be labeled with the name of the student, dosage, route, and time to be given

THIS PORTION TO BE COMPLETED BY THE PARENT/GUARDIAN

I request/authorize the school to give medication to my student in accordance with the health care provider's instructions written above. I understand that unlicensed staff may be assigned to provide medication to my student, and I accept ultimate responsibility for monitoring the effects of this medication.

Permission to carry inhaler _____ Yes _____ No Permission to self-administer medication _____ Yes _____ No

Date Parent/Guardian Caretaker Signature Phone # _____
Home Work

Arnold Public Schools

405 N Haskell

P.O. Box 399

Arnold, NE 69120

(308) 848-2226

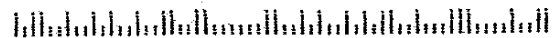
Address Correction Requested

BULK RATE
U.S. POSTAGE
PAID
ARNOLD, NEBRASKA
PERMIT NO. 9

B Nicole Badgley
78170 Dr. 430
Oconto, NE 68860

ER

6886031226 HC67



2011-2012 Bus Routes

Ruth Tullis

1- Vincent Connelly- 7:10
1-John Christensen - 7:15
1-Jody Strasburg - 7:18
3-Joe Bob Atkins - 7:25
1- Ed Johnson - 7:37
1-Neil Coleman - 7:39
2-Jeff Oberg -7:41

Penny Allen

1-Jim Corfield - 7:10
3-Tony Eggleston - 7:18
3-Lindy Smith - 7:34
1-Justin Stockall - 7:40
1-Robbi Smith - 7:45

John Amen

3-Dean Weinman-6:35
2- Chip Blowers - 6:48
1-Noel Wilkins-7:00
2-Joe Cool - 7:154
1-Richie Linegar-7:20
1-Rick Berndt-7:25
1-Mike Lehmkuhler-7:30
1-Duane Bowers-7:35
1-Jeff Corbin-7:40

Dynette Oberg

2-Cory Peterson - 7:15
1-Jeff Kreikemeier - 7:20
2-Ian Taylor - 7:25
2-Rick Beshaler - 7:30
2-Norma Barraza-7:40
1-Scott Remund - 7:45

SUBJECT TO CHANGE

Arnold Public Schools

405 N Haskell

P.O. Box 399

Arnold, NE 69120

(308) 848-2226

Address Correction Requested

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BOXHOLDER