

The

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The official newsletter of Arnold Public School

List

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March 2015

South Loup Wrestlers Make Hometown Proud

By Avery Atkins, Freshman

On Wednesday, February 18th, South Loup sent Senior, Jacob Mason of Callaway, and Junior, Brandon Moninger of Arnold, to compete in the

2015 State Wrestling Tournament in Omaha. The action started on Thursday bright and early.

Brandon wrestled weight class D152 this year. He wrestled Noah Rutjens, of Elkhorn Valley High School first round first round.

Moninger was rated as a “contender”, and Noah was rated 6th.

Brandon lost his first match on a tech fall. A tech fall for those of you nonwrestlers, is when your opponent scores 15 points over you in a match.

Brandon won his second match to advance to the heartbreak round. Brandon lost in the heartbreak round on Friday with a score of 7 to 5, the wrestler that advanced was the fourth seed in his bracket.

Brandon said, with all smiles, “It was a great learning experience. I’m really happy I got to go, it was just a lot of fun.”

Jacob Mason wrestled D132 this year, and his first match was against Tanner Ives of Harvard High School. He won his first match with



a pin. Mason lost his second match by a pin. Jacob lost in the heartbreak round. It was a tight and hard fought match though.

“Brandon has another year and a strong desire. He has improved each year so we will see. I am proud of how hard he worked. Sometimes two seconds is a long time,” said Debby Moninger.



From the Principal's Desk



CYBERBULLYING

We have had some issues with what could only be considered cyber bullying. I cannot stress enough to you, as parents, to be aware of what your kids are doing online. “Friend” them on Facebook or follow them on Instagram. It is important that parents take the primary role in monitoring. Many incidents occur outside of school, as we block access to social media apps and websites on our wireless. Explain that you have certain expectations about online behavior. Comments posted online take a long time to disappear.

PARENT-TEACHER CONFERENCES

I was very pleased with our turnout for Parent/Teacher conferences. We had a higher rate of attendance than usual at the secondary level, which is encouraging. I want to thank all of the Senior parents who attended. It is strange to think this will be the last time a few of these will attend conferences with us! Beshalers have been attending religiously for 35 years!

WEI QIN

Welcome to Wei Qin Chua, our foreign exchange student staying with Irv and Melody Jennings. She came to us in late January, and we greeted her with a snowstorm! Coming from Malaysia, this was a new experience for her. Please make her feel welcome. She will be with us for six months.

SPRING CRAZINESS

Welcome spring weather! Guess what? It only gets busier and crazier from here on out. The days are flying by!

NEW PRINCIPAL

As of the newsletter, we will hopefully have chosen a new Principal for the coming school year, and will have a profile for you to learn about this new individual soon. I have been mentally preparing myself for the new role of Superintendent. I recall going through this process myself five years ago when I was selected to be your Principal. Coming away from the interview, I told my husband what a great school this was, and how I had hoped to get the job because I wanted my kids to attend a school with the opportunities that Arnold can give to their students. Thank you so much for these wonderful years, and the years coming ahead!

The A-List

Superintendent.Pat Osmond
Principal.....Dawn Lewis
Editors-in-Chief.....
Nicole Badgley
and Julie Mohr

The opinions and ideas expressed in the articles are solely those of the reporters. The articles don't necessarily reflect the opinions and ideas of Arnold Public Schools. Each article is edited by both students and their teachers prior to publication. Mistakes may appear, as students are learning. With this being a student created newsletter, mistakes become teachable moments.

No advertising, other than school sponsored activities, may appear. Opinion pieces, future news items, comments, and suggestions may be submitted to nbadgley@esu10.org.

The newsletter is sent to all families and boxholders of District 89. If you, or someone you know, would like to receive the newsletter, please contact the school office at 308-848-2226 to add your name to the mailing list. You may also download the newsletter from the school website: <http://arnoldpublicschools.org>

Spelling Bee Winners

By Avery Atkins, Freshman

The school has been a little more focused on spelling for the past couple of weeks in preparation for the many spelling bee opportunities. They started with written spelling tests in each of the classrooms. Once a winner was determined from each grade 4-8th grade, their names were added to list of students who would compete in Broken Bow. In addition to the winners from each of the grades, the runners-up were also added to the list of students who would be competing in the oral portion of the spelling bee.



The oral portion of the Arnold Spelling Bee was held in the Arnold Gymnasium on Tuesday, February 3rd at 1 p.m. The spelling order was randomly determined. Students in grades 4th through 8th grades competed in the local spelling bee which was given orally.

Following the Local Spelling Bee, the top eight spellers advanced to the Custer County Spelling Bee held on February 11th in Broken Bow at the Municipal Building. This was a written test. The first place winner of that bee will then advance to the State Omaha World Herald Spelling Bee, which is a written and oral test.

8th grade

1st place: Tatum Cool
2nd place (tie): Cole Gracey
2nd place (tie): Jarret Buchholz
4th place: Logan Coleman

7th grade

1st place: Jace Connell
2nd place: Anthony Olson

6th grade

1st place: Jadeyn Bubak
2nd place: Landyn Cole
3rd place: Sam Cool
4th place: Drew Vickers

5th grade

1st place: Reagan Cool
2nd place: Faith Bierman

3rd place(tie): Stella Lewis
3rd place (tie): Colbi Smith

4th grade

1st place: Silas Cool
2nd place: Johnathon Lamphear
3rd place: Chester Oberg

3rd grade

1st place: Gracie Neth
2nd place: Grace Bierman
3rd place: Arena Fetty

2nd grade

1st place: Ella Cool
2nd place: Stokley Lewis
3rd place: Ethan Furne

1st grade

1st place: Josiah Coleman
2nd place: Hayden Meyer
3rd place: Jami Tickle

Kindergarten

1st place: Sophie Lewis
2nd place: Josie Lehmkuhler



Weather Threat Announcements:

Where to Look If You Don't Get A Call

By: Mrs. Lewis

I have been working with BlackBoard Connect regarding the reports of non-ringing phones when calls are sent out. They have no definite reason why this may be happening, but if you feel like you are not getting messages, please check with Penny and make sure we have:

- proper phone numbers to reach you,
- you are set up to receive a text message on your cell line
- make sure we have an updated email address for you.

If all else fails, we do also post our announcements, via Weather Threat, with several local radio and TV stations. You may listen to those stations, or go to weatherthreat.com for a list of school closings as well. Weather related announcements will also be posted on the school website.

PowerSchool Passwords

As in past years, the school will be using PowerSchool to share student grades with their parents. If you already have the ability to login and check your child's grades, then nothing has changed. Simply login to <https://arnold.powerschool.com/public/>. If you don't have a log in, forgot your password, or would like some help, please contact Nicole Badgley, nbadgley@esu10.org or Penny Allen pallen@esu10.org, or call either of them at the school 308-848-2226.

Quiz Bowl Dates:

March 4th: Merna
March 17th: Stapleton
March 18th: HS at UNK
March 25th: HS at Callaway
April 29th: JH at UNK



Spring Break
March 12th-15th
Enjoy your
break!

Bubak Earns Photography Awards State Level Honors to Come National Honors a Possibility



Gold Key Award for "Webbed Ladder." This is a photo of old snow fence covered in tiny icicles. The picture was taken on a snow day from school when he went wandering around taking pictures on his ranch.

Leighton Bubak, 8th grader, was awarded two Gold Key Awards from Scholastic for photography that he has taken his own time.

"Photography is the best way to capture the world's beauty before it is distributed or taken away from us by mankind, weather, or age," said Bubak.

The awards ceremony will be held on February 27th in Omaha, where he could receive his Gold Keys.

Knowing that Bubak loves the hobby of photography, Mrs. Mohr encouraged Leighton to submit some of his photographs to the contest even though it wasn't a class project.

March 16th is the magic day to find out if his photography does well at the National level.

"Leighton shows outstanding talent in the field of photography. He has a photographer's eye and the work ethic to put forth the effort to seek out the great shots. This is an artist to follow as his work matures," said Mrs. Mohr.



Gold Key Award for "Breakthrough." This was a photo taken while on the 1880s train ride in South Dakota. His family was on vacation for his grandparents 50th anniversary.



Silver Key Award (missed the gold by only 2 points) titled "Torn." This is a photo of an old shed where someone must have patched a hole with some old fabric tarping. The weather and years have taken a toll on the patch.

See Historical Re-Enactor Darrel Draper portray

THEODORE ROOSEVELT: Rough Rider President

Read Across America Week is traditionally held the first week of March in schools across the nation. This year's theme is "Oh! the Places You'll Go," which goes along with the the upcoming presenter, Darrel Draper.

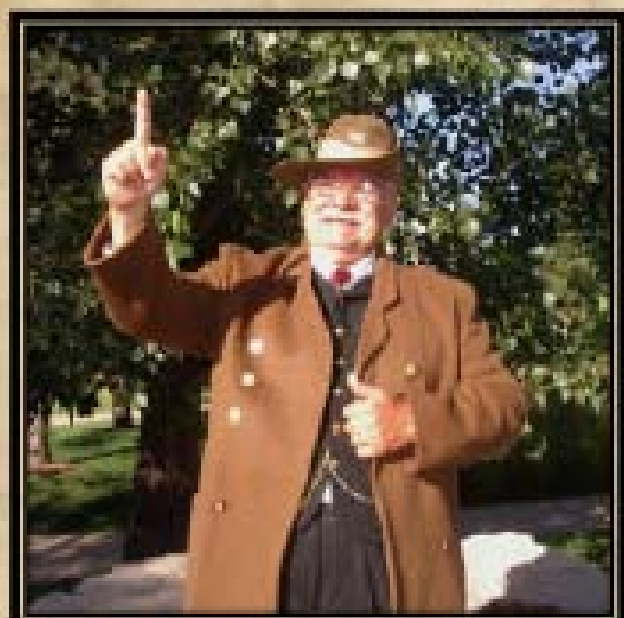
As part of the Read Across America Celebration, Mrs. Moninger has arranged for Historical Re-enactor Darrel Draper to portray Theodore Roosevelt in a unique "edu-taining" (educational + entertaining) costumed program on Friday, March 6, 2015 at 1 p.m., in the High School Gym. The 45 minute program is free and open to the public.

Theodore Roosevelt (1858-1919) was the 26th President of the United States. Better known as "Teddy," he was famous for his energetic personality, his range of interests, his model of masculinity, and his "cowboy" image.

Roosevelt's achievements as a naturalist, explorer, hunter, author, and soldier are as much a part of his fame as the many political offices he held.

Draper, who bears an un-

canny resemblance to Roosevelt, has been described by audience members as "an awesome and absolutely wonderful performer" who is able to transport listeners back in time to the era of his characters. His humorous delivery, sound research, knowledge of history, and the use of interactive audience participation have delighted audiences aged 8 to 80. He is one of the most requested speakers in the Nebraska Humanities Council's Speakers Bureau Program, the largest of its type



in the nation.

Draper's performance is sponsored by the Arnold Public Schools and is made possible with help from a grant from the NEBRASKA HUMANITIES COUNCIL.

Inter-High Day Competition

Congratulations to the students who were chosen for this year's Inter High Day Competition in North Platte. The following students went on February 18th to compete in the following areas:

- Athletic Training: Morgan Eggleston (6th out of 35)
- Dramatic Arts: Jasmine Nelson (10th place)
- Literary Analysis: Grace Magill (8 out of 40) and Claire Beshaler (4 out of 40)
- Mathematics: Trevor Halstead (13 out of 43) and Racheal Smith (6 out of 43)
- Fire Science/EMS: Sully Lewis (5 out of 12)
- Chemistry: Trevor Halstead (11 out of 38)
- Grammar and Composition: Claire Beshaler 8 out 53), Morgan Eggleston (10 out of 53), Wei Qin (9 out of 53)
- Introduction to Business: Brooke Blowers (12 out of 41), Merritt Eastman (13 out of 41)
- Word Processing: Tristan Johnson (2 out of 46)

Tristan Johnson got second place in his word processing test. He won up to three free credit hours for a class at Mid Plains Community College during the summer session? Congratulations Tristan!

Valentines Day The Girl's Perspective

By Avery Atkins, Freshman and Olivia Furne, Junior

Most girls would say, "I hate Valentines Day," but secretly we all wish something adorable would happen to us on Valentines Day. Even women who have been married forever secretly wish that there husband would actually do something for them. Valentines Day is all about the secret wishes that everyone has. I believe the maker of Valentines day was a man, not the women. because of the fact that St. Valentine was a man. Valentine's Day's name came from Pope Gelasius the First. He proposed to make Saint Valentine the patron of the new celebration.

Is your boyfriend/husband the type that goes all out for you every year? The one that shows up to your work or school with huge posters and flowers. Or is he more of the type that likes to wait until you get home to surprise you with flowers and a box of chocolate? Which ever one it is, it seems like its never good enough, becuase we are always hoping that they will do one little thing that they never do.

Are you the girlfriend/wife that likes to post 10 things about what he got you on every account of social media that you have? Or are you the type that never posts anything and keeps it all to herself. The nonboastful ones are the best, incase you were wondering.



Fun Facts about Valentines Day for 2015

- 19 billion dollars was spent on Valentines Day in the U.S.
- Men spent \$190.53.
- Women spent \$96.58.
- 61% of the 19 billion was men spending money on flowers.
- 59% of the 19 billion was women spening money on greeting cards.

Advice to boyfriends of the future:

1. Don't think that your girlfriend/wife doesn't want a gift. She always does. Girls love gifts.
2. Don't think that a half eaten box of chocolates will do. It won't.
3. Guys, a \$5.00 necklace from Walmart will not make her happy. She will put in on and it will break.
4. Practical items are not gifts. Vaccums, irons, and cleaning supplies are not acceptable. They are just giving me more work to do.
5. Don't act like you're too good to be replaced. Becuase you can be.
6. It's okay to be a gentleman.Holding a door open for her may be the highlight of her day.
7. Always insist on paying. You might pay for the meals and movies, but the girls will always pay you back with little things like cooking for you or buying you little gifts randomly.
8. You don't always have to bring your wingman with you. Alone time is okay.
- 9.You can never fill a girls head with too many complements.
10. No matter how long you've been dating, always makeValentines Day special.



Title: Apple

Art category:
Acrylic

Name: Ashton
Weinman

Grade: 10

Title: Reflec-
tion

Art Category:
Water Color

Name: Ange-
lina Harter

Grade: 7



Title: Sunset
On Dodge

Art Category:
Photochraphy

Name: Tristan
Johnson

Grade: 11



Title: Rippled
Reflection

Art Category:
Photography

Name: Ashton
Weinman

Grade: 10



MNAC Art

The MNAC Art Show this year was held at the North Platte Community College. This year was the first year as our new conference now known as MNAC (Mid Nebraska Activities Conference). It is a much bigger conference than we have been used to. Although, it was very successful for the Arnold Public School students who entered their projects for contests.

Angelina Harter (7th Grade) entered a water color painting and placed 1st.

Leighton Bubak (8th Grade) entered three photraphy pic-

Show 2015

tures and he placed 1st and 2nd.

Toni Oberg (8th Grade) entered two wa-
ter color paintings.

Ashton Weinman (Sophomore) entered two photography pic-
tures and an acrylic painting. She got 1st place in one of her photraphy pictures and another 1st place in her acrylic painting.

Tristan Johnson (Junior) entered three photography pictures. One of them placed 5th.

Olivia Furne (Ju-
nior) entered a water color painting.

Morgan Eggleston (Junior) entered a water color painting.

Title: 1880
Steamed Trees

Art Category:
Photography

Name: Leigh-
ton Bubak

Grade: 8



Title: Porcu-
pine Lines

Art Category:
Photography

Name: Leigh-
ton Bubak

Grade: 8

Title: Sewn

Art Category:
Water Color

Name: Toni
Oberg

Grade: 8



Title: Through
Colored Eyes

Art Category:
Water Color

Name: Olivia
Furne

Grade: 11



Title: Winter Landscape

Art Category: Water Color

Name: Morgan Eggleston

Grade: 11



Title: Captured Dream

Art Category: Water Color

Name: Toni Oberg

Grade: 8



Title: Farm Help

Art Category: Photography

Name: Tristan Johnson

Grade: 11



Title: Holy Family Shrine

Art Category: Photography

Name: Ashton Weinman

Grade: 10



Title: Frozen Claw

Art Category: Photography

Name: Leighton Bubak

Grade: 8

State Wrestling

Come support our wrestlers, Brandon and Jacob, at their chance to take state in Omaha on February 19th, 20th and 21st.



Boys State Basketball

March 12th-14th
Lincoln, NE
(During Spring Break)



First Speech Meet Before Conference

When we entered the school at Loup City. We saw students talking to the wall, standing in a corner and presenting their speeches. We saw people practicing their speeches anywhere they wanted and anywhere they could.

We built friendships there that some kids don't even have opportunities to do. We met many of different types of people and it is so interesting to see how many different types of people there are who attend Speech meets.

Speech can take you a long way in life and can change your perspective on many things. It also helps with a lot of your social skills which is a great skill to have.

This is the Arnold students' first meet right before Conference.

They looked at it more of a practice than actual competitive meet. The students have been very busy with other extracurricular activities, therefore; they haven't been able to practice as much as they wish they could.

It has been a challenge with new coaches and a new Speech Team. The new coaches are Berni Crow and Melva Geiser. They have been very flexible and willing to work with the students when needed.

Jennifer Barraza, Jasmine Nelson, Wei Qin Chun, and Ashton Weinman are in an OI. Tristan Johnson is in Extemp, which could be very challenging. Jasmine Nelson is also entered in Serious Prose.

Nebraska Young Artist Award

Olivia Furne won a "Nebraska Young Artist Award" in Dance. She will receive the award April 8th.

Olivia will spend a day in Lincoln at the UNL Lied Center full of activities. She gets to be introduced to the dance teachers and some of the UNL students that participate in dance.

Later on that evening at 3:00 she will attend a ceremony and will have her award handed to her. She will be able to watch the UNL dancers perform.

Mrs. Julie Mohr is the one who nominated Olivia for this award.



March Scholarship Due Dates

4-H Scholarships: 308-872-6831 for a 4-H Scholarship Handbook

Bill Pedersen Agriculture Scholarship

R.B. Warren 4-H Horse Education Scholarship

Orscheln Scholarship

Grand Island Saddle Club Scholarship

Deadline: March

Arnold Public School Foundation Scholarship

Deadaline: March

Value: \$1,500

Callaway Hospital District Foundation, Inc

Eligibility: 1. Planning a career in health occupations

Deadline: March

Value: \$1000

CPI Employee Scholarship

Eligibility: 1. Applicant must be the dependent of a current full-time CPI employee

2. Applicant must be a senior in high school or in their first or second year of post-secondary education

Deadline: March

Value: Minimum of \$2,000 in scholarships

<http://www.cpicoop.com/about/cpi-cares-program/>

CPI Patron Scholarship

Eligibility: 1. Applicant must be the dependent of a CPI patron that holds deferred equity and a share of common stock in Cooperative Producers, Inc.

2. Applicant must be a senior in high school or in their first or second year of post-secondary education

Deadline: March

Value: 2- \$1,000

<http://www.cpicoop.com/about/cpi-cares-program/>

Custer County Car Club Scholarship

Eligibility: 1. Automotive field

Deadline: March

Value: \$250

Foundation for Rural Service College Scholarship Program

Eligibility: 1. Be a graduating high school senior

2. Be a United States citizen

3. Be sponsored by a current NTCA member or FRED Donor Circle member

4. Be accepted by an accredited two- or four-year college, university or vocational-technical school

5. Have at least a C grade point average (GPA)

6. Express an interest to return to a rural community following graduation.

Deadline: March

Value: In 2015, FRS will award one scholarship per geographic region of the NTCA membership and one to a student sponsored by an NTCA associate member. The remaining awards will be distributed proportionate to the number of applications organization of each winning student providing a \$500 match.

• Four \$5,000 FRS Staurulakis Family Scholarships will be awarded, with a preference to students who are majoring in math, science, engineering or medicine fields.

• Two \$1,500 TMS scholarships will be awarded to students. • One \$2,500 Everett Kneece Return to Rural America Scholarship

*New this year: The Colt Ford Scholarship, awarding up to \$15,000 to rural students

Gothenburg Area Chamber of Commerce Ag Scholarship

Eligibility: 1. High school senior in good standing

2. Accepted for enrollment in college of his/her choice in an Ag related field

3. Active 4-H and/or FFA member in current school year

4. Attends high school in Gothenburg, Brady, Farnam, Callaway or Arnold

Deadline: March

Value:

IIAN (Independent Insurance Agents of Nebraska Foundation Scholarship)

Eligibility: 1. Current graduating senior who is attending a Nebraska high school that is approved and accredited by the State Department of Education

2. Demonstrate scholastic application and intend to continue his/her education. The selection committee will also consider the applicant's participation and

More March Scholarship Due Dates

leadership in school and community activities, and educational goals.

3. Recipients are free to select any accredited college or university. It is recommended that the applicant intend to major in business or a business-related field

4. Scholarships are not awarded until the recipient completes one full year of college with continued evidence of scholastic application and achievement.

Deadline: March

Value: \$1000

Janice M. Scott Memorial Scholarship

Eligibility: 1. US Citizen or permanent resident of US

2. GPA of 3.0/equivalent or higher

3. High school senior who will matriculate full-time at a US accredited four-year college or university starting at the beginning of the fall semester

4. Have demonstrated leadership abilities through participating in community services or other extra curricular activities

5. Combined adjusted income of the parents cannot exceed \$60,000

Deadline: March

Value: 3-5 \$2,500

Jennie M. Melham Memorial Medical Center Auxiliary Scholarship

Eligibility: 1. Plan to enter the medical field

2. Involve at least a two-year degree in a certified college, technical or university

Deadline: March

Value: \$500

Nebraska One Box Pheasant Hunt Scholarship

Eligibility: Area high school seniors with a minimum GPA of 2.0

Deadline: March

Value: \$500-\$2500

Nebraska Academy of Sciences Lincoln Gem and Mineral Scholarship

Eligibility: 1. High school senior with a special interest in the earth sciences

2. An essay that demonstrates an interest in the earth sciences

3. 2 teacher recommendations

4. Scholastic achievements

5. School and community activities related to earth sciences and special awards

6. Evidence of acceptance to a Nebraska college or university

Deadline: March

Value: \$300

Loren Eiseley Memorial Scholarship

Eligibility: 1. High school senior who has been accepted to an accredited college or university

2. 800-1,000 word essay that discusses Eiseley's message of compassion for all organisms and humanity's place in the universe

3. Teacher recommendations

4. Scholastic achievements

5. List of at least two Eiseley essays read by the applicant

Deadline: March

Value: \$500

Marian O. and Bertrand Schultz Scholarship

Eligibility: 1. High school senior with an interest in climate and environmental change

2. 800-1,000 word essay that discusses environmental changes that have taken place since the 1880's in the central Great Plains (with an emphasis on Nebraska)

3. Teacher recommendations

4. Scholastic achievements

5. Evidence of acceptance at the University of Nebraska as a full-time student

Deadline: March

Value: \$1,000

Marian Schultz Memorial Environmental Scholarship

Eligibility: 1. High school senior with a special interest in prairie and soil conservation

2. Evidence of prairie and soil conservation practices using field experience or an 800-1,000 word essay that demonstrates the applicant's understanding of the topic

Still More March Scholarship Due Dates

3. Teacher recommendations 4. Scholastic achievements 5. Evidence of acceptance at the University of Nebraska as a full-time student

Deadline: March
Value: \$1,000

Marie and Howard J. Taylor Scholarship

Eligibility: 1. High school senior with special interest in geology or Nebraska and the study of geology 2. An essay that demonstrates an interest in the geology of Nebraska and the study of geology 3. Teacher recommendations 4. Scholastic achievements 5. Evidence of the applicant's intention to enter a Nebraska college or university
Deadline: March
Value: \$100

Robert S. Kubicek Memorial Scholarship

Eligibility: 1. High school senior from Nebraska with an interest in business and the environment 2. 800-1,000 word essay on the responsibilities of the business community to its surrounding environment 3. Teacher recommendations 4. Scholastic and community achievements 5. Evidence of acceptance to an accredited college or university
Deadline: March
Value: \$500

Nebraska Association of County Extension Boards (NACEB)

Eligibility: 1. Attending the UNL College of Agricultural Sciences and Natural Resources (CASNR) or in the College of Education and Human Sciences (CEHS)
Deadline: March
Value: \$1000

Nebraska Legal Professional Association

Eligibility: 1. GPA 2.5 2. Enrolled full-time in paralegal, legal secretarial, criminal justice, or any law-related undergraduate program
Deadline: March
Value: \$500

Oxbow Animal Health Scholarship

Eligibility: 1. High school senior graduating from a Nebraska high school 2. Plan to attend a college or university in the 2015 Fall semester 3. Pursuing a career in the pet industry or in the field of animal health
Deadline: March
Value: \$500
www.oxbowanimalhealth.com

South Loup Girls Basketball

Vs. Maxwell

On January 16, 2015, at 6 o'clock Maxwell traveled to Arnold. South Loup came out on top with the final score being 47-40. You have seen these two teams match up before in their Holiday Tournament. At the end of the game South Loup managed the clock very well. With a few minutes left Maxwell had to start fouling to try to get back into the game.



Rematch with Brady

On January 19th, the Lady Bobcats played the Brady Eagles for the second time this year. It was a very fast paced game. The final score was 65-63, the Bobcats came out on top for the second time this year. The high scorer of the game was senior Racheal Smith with 19 points. The game came down to who was working harder, most of the Bobcats points were layups.

Vs. Ansley-Litchfield

On January 22nd, the South Loup girls played Ansley-Litchfield. The Bobcats won with a final score being 47-33. The high scorer of the game was senior, Shayla Dockweiler, with 15 points. South Loup girls out-scored, and out rebounded the Spartans. The Bobcats had 15 deflections, 8 steals, and 4 blocks.



First Round of Conference

On January 27th, the South Loup Lady Bobcats traveled to Merna for the first round of Conference. The Lady Bobs were seated first in the bracket, so they had a bye on the 26th. The girls beat Anselmo-Merna by 12 points. Jordan Rush and Racheal Smith both had 15 points in this game. Jordan was also the lead rebounder. This was a fouling game, South Loup had 11 fouls while A-M had 24 fouls. "The girls did a good job weathering the storm," said Coach Hinman.



Second Round Conference

On January 29th, South Loup traveled to North Platte for their second game in the MNAC Conference. In this Semi-final game, the girls played Brady for the third time. This time the girls weren't so successful. The Brady Eagles were making every shot they threw up, while the Lady Bobcats weren't making enough to keep up. The final score was 53-34. The Bobcats record is now 13-2. The girls will now have a rematch against Sandhills- Thedford in the consolation bracket.

School House Graphics Receives Big Bucks

On February 5th, Mr. & Mrs. Mohr and the students in School House Graphics Products received a \$1000 grant from Land O' Lakes and Ag Valley Co-Op. The company was nominated by Ron Hunter. Everyone was very excited to be able to use the money to expand the business. The funding will be used to go on a field trip to a professional conference to establish business contacts.

Thank you to Ron Hunter for thinking of us, and submitting this grant. We really appreciate it.



FROZEN PRINCESSES PROMOTE READING

By: Racheal Smith, Senior

When & Where

March 7, 2015

1 PM

Arnold Rialto Theater

Background

The sisters impersonating Elsa and Anna from Frozen are Eden and Olivia McCain, from Loomis, Nebraska. The inspiration for the traveling sisters came when they were watching the movie and their mother has them posed for a photo imitating the Frozen sisters.

Contacts

For more information please contact:

Finch Memorial Library

(308) 848 2219

or

Debby Moninger

dmoninger@esu10.org



To kick-off the summer reading program, Finch Memorial Library will be hosting princesses Eden and Olivia McCain, or better known as Elsa and Anna from the Disney movie, *Frozen*. These sisters will be reading the book out loud to the students and sing a few songs during the reading. There will be an opportunity for kids in attendance to have pictures taken with the princesses. Kevin Neth will be the photographer.

Another way that the community members can help and get involved with the summer reading program is by donating books to Finch Memorial Library. The theme this year is "Superheroes" and there will be a wish list at Arnold school's book fair. The book fair will be held the week before the princesses come.

This event was organized and helped by Arnold's National Honor Society. They are not only setting up and preparing of the Princesses arrival, they will be updating the library's website so it is easier for people to use and access information. National Honor Society is also in charge of making the backdrop used throughout the summer reading program. Everyone is welcomed and encouraged to attend!

Regular Season Wrap-Up

Vs. Mullen

On February 6th, the South Loup bus traveled to Mullen for a 6:00 game. The final score of the game was 34-54, Mullen. The Bobcats were only down by 2 going into the third quarter, and down by 4 going into the fourth. In the final quarter, the ladies had a scoring drought. The Mullen Broncos had higher shot percentages. The Bobcats shot charts looked excellent, but nothing was falling in.



Vs. McPherson County

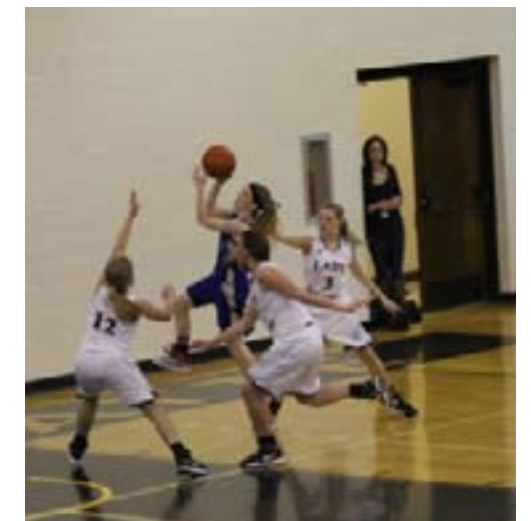
On February 7th the Bobcats had a home game against McPherson County. In the first quarter South Loup scored 14 points. In the second, 8. In the third, 13. And in the fourth, 16. South Loup held McPherson County to 19 points. The girls had 28 offensive rebounds, 18 defensive rebounds, 17 deflections, and 12 steals.

Vs. Anselmo-Merna

On February 10th, the Lady Bobcats had their last home game against Anselmo-Merna. The Bobcats came out on top with the final score being 69-60. This was a very fast paced game, with a lot of fouls. In the first half of the game, SLB scored 36 points while AM scored 23. In the second half South Loup scored 33 and Anselmo-Merna scored 37. The Bobcats had six three-pointers in this game and were making more than 50 percent of their free throws. Going up against bigger players, South Loup had to sandwich the girls so they didn't get off any inside shots.

Vs. Eustis Farnam

On February 13th South Loup travelled to Eustis for a 5:30 game against Eustis Farnam. The final score was 56-37, South Loup came home with the win. There were a lot of fouls throughout the game, but the girls worked through it. Even though there were a lot of fouls called, the refs also let a lot go. This was the last regular-season game.



Sub-District Championships

First Game Sub District

On February 17th South Loup travelled to Burwell for their first sub district game against Twin Loup. South Loup pressed the Wolves and created many turnovers. At half time, SLB was up by 13. As the second half went on, the Bobcats had a scoring drought. Twin Loup got within three points on a few occasions. However, they couldn't do enough to finish off the game. The final score of the first Sub District game was 40-33. Senior Racheal Smith was the leading scorer, with 14 points. South Loup had 35 rebounds, 15 deflections, and 7 blocks.



Sub District Finals

On February 19th, the Lady Bobcats travelled to Burwell again for sub districts, this time looking to advance to District Finals. In this match, they played Central Valley. The Bobcats won, with the final score being 48 to 29. The girls were shooting 30% from the three-point line. Bobcats had 39 rebounds, eight deflections, 12 steals, and seven blocks. The Bobcats will now advance to District Finals against St. Mary's. This is the first time since Arnold and Callaway combined that they have advanced past the first sub-district game. The last time the girls had advanced was 2002 at the Cardinals.



Girls State Basketball

March 5th-7th
Lincoln, NE



BOOK
Please Come
to Our
FAIR



March 2nd - March 9th
Before and After School

This book fair will be done in conjunction with Finch Memorial Library. If you would like to purchase books to help them stock their shelves, there will be a list hanging above the cash register of books to choose from. Then we will hang onto them for you and

have one big gift basket! There will also be a lollipop pull for a quarter. The proceeds will go to the Finch Library to purchase new books and the students can earn prizes from the book fair.



Dinner Theater
Dinner at 5:30
Play at 6:30

April 9, 2015

SHGP Takes On MNAC Banners



By: Tristan Johnson, Juniors

School House Graphic Products is always busy with something it seems. Whether it is making road signs, banners, or signs, there is always something to do. But now with the new year, there is a new project that they have started.

Arnold is no longer a part of LVC (Loup Valley Conference). We are now part of MNAC (Mid Nebraska Activities Conference) Since we are in a new conference, new teams banners need to be made. These banners are hung in each school's gyms that are in our conference.

SHGP is now in the printing process of this project. The design phase was a huge piece of work that consisted of calling schools, getting artwork, and having the banners approved by each school. The new printer and laminator that SHGP bought this year will speed up the process. As the SHGP class takes on this project, every school in the conference will be able to buy the banners in different sizes and packages.

The South Loup Bobcat boys played the **Brady Eagles** for the third time this year for the quarter finals of the MNAC tourney on January 27. They went out to a commanding lead in the first quarter 18 to 7. Then in the second quarter we scored 10 to their 9 having the halftime score be 28 to 16. Then, after the half, they scored 18 to our 13. Bringing the third quarter score to 34 to 41. Then in the fourth quarter they continued their comeback until we stepped on the gas and pulled away. Outscoring them 18 to 13. Making the final score 59 to 47, W.

The Bobcats played the **A/M Coyotes** in the Semi-Finals of the MNAC tournament on January 29th. In the first quarter the Coyotes jumped out to a big lead early but the Bobcats come back and made it 10-15 at the end of the first. During the second quarter, the Coyotes come out and played well and ran the score up at the half. The score was 16-33. After the half, the Bobcats starting playing to their potential and outscored the Coyotes by 3. The Bobcats then started hitting some shots from the outside and come back from a 22 point deficit and tied it up with under a minute to go. The Coyotes pulled it out with some free throws and they won 55-51.

South Loup played the **Sandhills-Thedford Knights** on January 31st at North Platte in the conference tournament for third and fourth place. The Bobcats hung with them in the first quarter making the quarter score 12 to 17. Then they went on a huge run after the Bobcats were starting to run out of gas from the games prior. Making the halftime score 15 to 35 Knights were ahead. After halftime we hung with them only making them score 13 points to our 12. Then in the fourth, it was the same song, second verse; they scored 16 points to our 15. Making the final score 42-63 L.

The boys played the **Mullen Broncos** at Mullen on February 6th. The Bobcats started out good with the ending score of the first quarter being 5-3; the Bobcats leading. In the second quarter, the Broncos started playing better and outscored the Bobcats 7-13 with an ending score of 12- 16. Coming out at half, the Bobcats were strong and out scored them 15-13 with a ending score of 27-29. The Bobcats come up short with an ending score of 36-44 L.

The South Loup Bobcats played the **McPherson County Longhorns** on February 7th. The boys came out to a slow start against the winless Longhorns, only making the score 14-12. Then in the second we outscored them 20-2. Then after halftime we outscored them again 19-6. In the fourth, the scoring was tied 4-4. It was a good game to play to get the JV players some good solid playing time before sub-districts. The final score 57-24 W.

The Bobcats played the **Anselmo-Merna Coyotes** on February 10th. This is the second time the Coyotes and Bobcats have met this season. We had to start three freshmen due to a knee injury. It was designated to be a tough game, considering that they were the conference champs this year. In the first quarter we outscored them 23 to 19. In the second they outscored us by 3, 11-14. Then after halftime, we made a run, and they made a bigger run. They outscored us again 13-19. In the fourth quarter, it came to crunch time and a last second shot that was a definite foul, but no call. Game over. We outscored them 12 to 8. Bringing the final score to a disappointing 59-60 L.

The South Loup Bobcats played the **Eustis-Farnum Knights** in Eustis on February 13th. In the first quarter the Bobcats come out strong with a 13-4 lead. The second quarter the Bobcats played well ending the half with a 32-20. Coming out at half, the Bobcats had a good strong quarter leading 43-28. In the fourth quarter the Bobcats won with an ending score of 57-31 W.

The South Loup Bobcats played the area rival, the **SEM Mustangs**, on February 20th in Callaway. The Bobcats in the first outscored the Mustangs 13 to 11. Then in the second they went on a run scoring 14 to our 9, bringing the halftime score 22-25. Then after halftime we jumped on them early, out scoring them 12 to 5. In the fourth it came to be crunch time, we scored 16 points to their 15. The final score was 50 to 45. W

A Day In The Life of a Lepcrachaun on Saint Patrick’s Day

By Jasmine Nelson, Sophomore

You know, being a lepcrachaun isn’t easy. There’s a lot of things that happen in my lifetime, but today is the busiest. Saint Patrick’s is a hectic day; but, it’s my favorite for obvious reasons.

I get up on the morning, and put on my signature all-green outfit with my black boots and tall hat. I eat my mild breakfast of mushrooms and tree nuts, all while packing my bag full of tricks for the humans. They’re all so gullible, it’s possible to mess with them, especially on today!

As I head out of the forrest in which I live, I see a human picking berries. Oh, what trick should I play on this sucker? I hide behind the bushes, creeping ever so slowly towards him. Right as he is about to bend down, I use some of my magic and make it so his pants rip as he bends over!

Oh man, the human is so embarrassed, he just ran towards his home. If this is how it’s going to be all day, then I don’t mind!

I soon head into the town and see if I could find any other mindless humans to play a trick on. I see a group of teenage girls, on ther iPhones talking nonsense about some boy that they “love”. I pull various pranks on these suckers. They think that if they wear green, they’ll either get kissed or simply not get pinched. Boy, are they wrong.

So I spend my entire day doing prank after prank. There’s been wedgies, pies in faces, anything you can think of! I think it was a good turnout this year.

Now, as I head home to my cottage in the woods, I stop and stare at the clouds. They’re so beautiful, why don’t I just go up and look at them? I use my magic once more to push myself up

(on a rainbow, of course). Once I get on the cloud, I walk around a bit. I notice a big, black kettle sitting near the end of the rainbow.

Well, whataya know! I forgot I left my pot of gold here a long time ago. I guess I should take it before any other lepcrachuan steals it from me.

I jump off the cloud, and I start to head home once more. It takes about ten minutes from where I am, so once I get into the house, I am exhausted! I put on my pyjamas, and turn out the light. But, before I go, I want to wish all of you a happy St. Patirck’s Day. Just watch out for me next time!



Daily Announcements

The daily announcements can be found on the school web page every morning. Mrs. Lewis updates those announcements with corrections, additions to the calendar, and reminders of upcoming events. Please check the school web page often for new information.

Pop Tabs Collection

Mrs. Geiser and the second grade class will again be collecting aluminum pop tabs for classroom math assignments and projects. You can support our school by saving pop tabs and sending them with your student to the school. Thank you for your support.

Upcoming ACT Dates:

- February 7, 2015
- April 18, 2015
- June 13, 2015

I would like to encourage all juniors to take the ACT at least once this school year! Mrs. Meyer

Activity Passes

Activity Passes, which get you into all home games at Arnold and Callaway, all year, will cost \$20.00 for students, \$40.00 for parents, and \$80.00 for a family. These passes will be good for all events except NSAA sponsored activities, and conference events. Everyone can get them at the office.

Coke Cap Collection

You can help our the school by collecting your Coke product bottle caps. Those you get from convenience stores, the grocery stores, vending machines, at ball games, and other places may all have the promotional codes on them. Coca-cola is refreshing its commitment to supporting education by enabling schools to collect donated points and then redeem them for a variety of school rewards including playground equipment, supplies, classroom materials, cameras, sound equipment, and more. You can send your Coke caps (and other Coke products) to the school office and they will redeem them. For more information, you can go to the <http://www.mycokerewards.com/schools>. Thank you for your support.

Box Tops

Arnold Schools will again be collecting box tops for education with a goal of earning \$500 to purchase items for classrooms. In the past, a Smart-board was purchased and some other equipment. The Box Tops campaign is a school fundraising program started by General Mills in 1996. To date, Box Tops has raised over \$200 million to help purchase school supplies, playground equipment, technology items, and so much more. You can support our school by saving box tops and sending them with your student to the school, take them to Finch Memorial Library, or to Reed's Food Center. Thank you for your support.

Capri Sun Bags

Mrs. Crow is collecting Capri Sun bags again this year to help fund classroom projects. Please save those bags and send them to school with your student.

SCHOOL CALENDAR ON YOUR IPHONE

iPhone Users: If you are interested in having the school calendar come to your iPhone automatically, you can add a **subscription** calendar to iCal with the following link. Then, as the school adds news activities to the calendar, or makes any changes, you will see them automatically on your iCal on your phone. Go to the following link that is posted on the school web site for easy clicking. (This is a new link as of February 20th link: http://ical.schedulestar.com/iCal_NOW.cfm?i=A8D7A95C-F53F-78FC-EB21FDCBD79D34A0)

Breakfast and Lunch Prices

Breakfast: K-12 \$1.30,

Adults \$1.55

Grab-N-Go Break Prices:

\$0.35- \$0.55

Ala Carte Choices by Students: \$0.50 - \$2.00

Lunch: K-6 \$2.30, 7-12

\$2.55, Adults \$3.55

Tatum Cool Takes Top State Prize

She's a Winner! Congratulations go out to Tatum Cool, Arnold eighth grade student, for winning first place in the VFW Patriot's Pen Essay Contest at the state level. She beat 3,198 other essays to achieve this title.

Her essay has already been submitted to the national level contest. The top ten national finalists will be announced during the first week of March, and those 10 students will win a trip to our nation's capital! If she does land in the top 10 for the nation, then she will be invited to Washington DC for several days on an all-expense-paid trip.

Tatum and her family (along with the other 2 Patriot's Pen finalists and 10 Voice of Democracy Finalists and families from across the state) enjoyed a full day of impressive events in Lincoln on Friday, Feb 6th, including a State Capitol Tour, tour and lunch at the Governor's Mansion, a "Parade of Winners" and announcement of the State Winners; followed by the evening Mid Winter Conference Banquet attended by 300 + VFW and Ladies Auxiliary members. Brian Duffy, the National VFW Commander in Chief, was the keynote speaker. She was asked to read her winning essay and received a standing ovation. ("It was sooooo cool" said Lana Cool, Tatum's mother... No pun intended.)

"There were Veterans in the audience at the banquet that knew my Grandpa John personally. I was not allowed to use his name in the essay, but they knew. After my speech, a couple of men were teary-eyed and told me how proud my Grandpa would be," said Tatum.

Tatum's Great-Grandmother Patty Parks-Nelson, (John's widow) joined Tatum and her family in Lincoln for the event.

As part of her award state-level award, Miss Cool will receive \$1000! This year, The Department of Nebraska Veterans of Foreign Wars and Ladies Auxiliary awarded students \$32,960 for their essays. Over \$2.2 Million will be awarded this year on the National Level. The national winner will receive \$5,000 and an all-expense paid trip to Washington D.C.

The Patriot's Pen (grades 6-8) Competition is a program to recognize and help students with college

tuition and give them the opportunity to express their views on democracy and patriotism. Tatum's essay was a very personal and touching tribute to her late grandfather, John Nelson. "It was an honor to have the opportunity to write about my Great-Grandpa. He was a great war hero with a fascinating story," said Tatum.

"Post 6157 was chartered in 1977 in memory of Arnold's first Vietnam casualty, Dean K Leach. Gene Tullis has been the post's only commander and started the Patriot Pen competition in 1984 with the help of APS teacher, Margaret Mills. Nicole Badgely took over last year. Many teachers have judged the tremendous talent over the years with, Darlene Rimpley being a constant from the beginning. Again, we thank all those who have participated in any way, and wish the best to Tatum Cool, who will be going on to the national contest. We have every confidence that this exceptional young lady will represent Nebraska at the very highest level!" said John Phillips.

To read Tatum's essay please go the school's web site <https://arnoldschools.publishpath.com/cool-wins-state-advances-to-dc>. We will try to post a link to Tatum's speech on video there in the very near future.

As a nice surprise, the National Commander, in front of the crowd at the banquet, asked if someone was deserving of a visit from the tooth fairy? With Ella being the only younger child in the room, she knew they must be talking about her. She was asked to go up on stage too. Ask Ella about her very rare "commanders coin" that she received in lieu of a gift from the tooth fairy...





Arnold School Shows Pride in National Essay Contest Writer

Tenth place is great showing at the National Patriot’s Pen VFW Essay Contest. Tatum Cool earned 10th place out of 110,000 essays that were submitted.

“To be named one of the to fifty-four winners from a field of over 110,000 total participants from across the country and overseas is an outstanding achievement,” said Kevin Jones, Director of VFW programs.

Tatum will be awarded \$1,250 at future VFW function.

Tatum was also encouraged to participate in future essay contests. She can write for the Voice of Democracy contest whose theme is “My Vision for America.”

Not just athletics is cheered for by the Arnold Public Schools. Academics is important as well. The cheerleaders, Bobcat, administration and teachers agree that Tatum is a great mascot and representative for the school. Congratulations Tatum on such a prestigious award.

UNK Indoor Track Meet
Come support South Loup as they compete in Kearney on March 21st at 3 or 4 p.m.

What can you learn from someone who was 108 years old?

By: Toni Oberg, 8th Grader

What would it be like to live for over 100 years? Miriam Brower, age 108, She was born on November 11, 1906 (not yet Veterans Day), when Teddy Roosevelt was president. She lived to see 19 presidents in office. She lived through at least 6 wars. She was born when there wasn’t electricity or indoor plumbing, but never got a cell phone. She is one of five centurions in Nebraska (107-109) according to the 2014 census and was the oldest citizen in Arnold. She died February 4, 15 and was buried on Presidents day; she was a very Patriotic woman.

She grew up in South Dakota, became a teacher, taught for a year, and married and began a family. All of her children proudly went to school here in Arnold. She went to every sporting event while her husband did not. They had seven kids.

She loved going to church, singing and music, loved sports, and played softball at family gatherings up into her 80s. She was a good speller and loved to play scrabble, and the card game Flinch. She was “really quick” in both senses of the word. She was really smart, and a fast runner (according to grankids who tried to out run her).

Her grandson who was from California wanted chicken; so she showed him how to make it from scratch. He had to help catch it, butcher it, pluck it, cook it, and then eat it. That city boy learned a lot that day. Her family thought she was a very good cook. In her family she was famous for her cinnamon rolls.

By her 100th birthday she was still helping with meals on wheels. I will always remember Miriam and (daughter) Ruth in their little green pickup (a 1970s Toyota that everyone recognized). At the end of her life, she would fantasize about spelling bees and how to spell each word.

Arnold Public Schools/South Loup - March 2015						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2 Book Fair Week Begins TBA Conference Speech Meet	3 YLCC in Broken Bow (NHS) TBA District Final	4 Quiz Bowl in Merna	5 Girls State Basketball	6 Girls State Basketball Theodore Roosevelt Presenter	7 Girls State Basketball
8	9 Conference Quiz Bowl in Halsey	10 7:00PM School Board Meeting	11 End of Q3 7:45AM Faculty Meeting	12 No School - Spring Break Boys State Basketball Spring Break	13 No School - Spring Break Boys State Basketball	14 Boys State Basketball
15	16	17 5:30PM JH Quiz Bowl Stapleton	18 HS Quiz Bowl in Kearney	19 NRCSA Conference	20 NRCSA Conference	21 4:30PM C V TRK @ St. Pats Indoor @ Kearney
22	23 Conference Instrumental Clinic	24	25 HS Quiz Bowl in Callaway	26 Well at Work for Staff, 7:00am 10:00AM SMILES is here	27	28 10:00AM C V TRK @ St. Pats Invite @ Hershey
29	30	31 TBA Conference Band and Choir Contest				

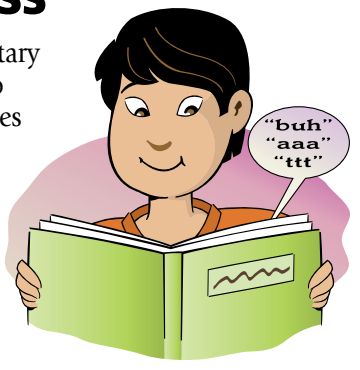
Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

Title I Cooperative
Educational Service Unit 10

Help your young reader turn struggles into success

Reading can be challenging for some elementary schoolers, but there are things parents can do at home that really help. If your child struggles with reading, begin by reassuring him that you believe he *will* be a reader. Next, help him practice the skills that research links to reading success. These include the ability to:



- **Recognize and use sounds.** Talk about how words are made of parts. For example, *bat* is made of *buh*, *aaa* and *ttt*.
- **Learn the sounds that letters represent.** Look at printed letters with your child. Name their sounds. Also point out pairs and groups of letters, such as *gr* or *ing*. What sounds do the combined letters make?
- **Remember a lot of words.** The more words your child knows, the more he'll recognize and comprehend when he reads. Try to use new words often and repeat them frequently. Make sure their meaning is clear.
- **Use comprehension strategies.** Asking questions can improve your child's understanding. You might ask him, "How would you tell the story in your own words?" or "What would you do in that situation?"
- **Read quickly and correctly.** This takes time! As your child gains more experience with reading, this will become easier. Simply reading together will make a big difference!

Source: "Reading Tips for Parents," U.S. Department of Education, www2.ed.gov/parents/read/resources/readingtips/part_pg5.html.



Act quickly if you suspect bullying

Kids who are bullied often struggle in school. It's hard to learn math facts or concentrate on reading when you're worried about what might happen at recess. If you think your child may be a victim of bullying:

- **Don't wait.** Bullying has a significant impact on children. If you suspect something, talk with your child about it.
- **Learn as much as you can.** Ask your child who she sits with at lunch. Who does she play with at recess?
- **Contact the school.** Let the principal, the teacher or a counselor know what's going on.
- **Help your child practice** a response. She can say, "That's bullying and I want you to stop!"
- **Have her stick with friends,** if possible. It's harder to pick on a whole group.
- **Build her self-esteem.** Involve her in activities that make her feel good about herself.

Source: "Bullying: Help your child handle a bully," Mayo Clinic, nswc.com/stopbully.

March 2015

Breakfast and Lunch Calendars ** Menu is Subject to Change ** "USDA is an equal opportunity provider and employer:"

Breakfast Includes: Orange Juice, Milk, Water, Yogurt, Fruit, and Cheese Stick served with each meal

Lunch Includes: Vegetable, Fruit, Salad Bar, Water, and Milk served with each meal

B: K-12 \$1.30 Adults: \$1.55
Grab and Go: \$0.35-0.55
L: K-6 \$2.30, 7-12 \$2.55, Adults \$3.55
Aia Carte Choices by Students \$0.50-\$2.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	B: Cereal, Toast L: Ham and Cheese, on a Bun, Baked Beans	B: French Toast, Sausage L: Stromboli, Romain	B: Egg and Cheese Omelet, Toast L: Meatloaf, Scalloped Potatoes, T-Roll	B: Oatmeal, Toast L: Chicken and Rice, T-Roll	B: Breakfast Cookie, Yogurt L: Fish Sandwich on a Bun, Tri-Tater	
8	9	10	11	12	13	14
	B: Cereal, Toast L: Burrito, Refried Beans	B: Pancakes, Sausage L: Chicken and Noodles, Mashed Potatoes, T-Roll	B: Bagel, Yogurt L: Pizza	Spring Break	Spring Break	
15	16	17	18	19	20	21
	B: Cereal, Toast L: Sloppy Joe on a Bun	B: Waffles, Sausage L: Breaded Beef Patty, Mashed Potatoes, T-Roll	B: Scrambled Eggs, Toast L: Taco, Refried Beans	B: Combo Bar, Toast L: Chicken and Rice, T-Roll	B: Poptart, Yogurt L: Sandwich, Cookie	
22	23	24	25	26	27	28
	B: Cereal, Toast L: BBQ Pork on a Bun	B: Pancake on a Stick L: Creamed Chicken on a Biscuit, Jello	B: Biscuit and Gravy L: Salisbury Beef Steak, Mashed Potatoes, T-Roll	B: Egg to go L: Spaghetti, Romain, Bread Stick	B: Peanut Butter and Jelly L: Cheese Quesadilla, Refried Beans	
29	30	31				
	B: Ceral Toast L: Hamburger on a Bun	B: French toast and Sausage L: Chicken, Mashed Potatoes, T-Roll				

Language is no barrier

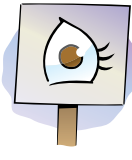
If English is not your first language, you may wonder how you can get involved with your child's schooling. There are many ways! You can:

- **Go to parent-teacher conferences.** If the school doesn't have an interpreter, ask if a friend can come along to help.
- **Find out from the teacher** what you can do at home to help your child.

Try tips for learning using sight, sound and action

Not all kids learn in the same way, so it's useful to know which ways work well for your child. Watch how she tackles a new task for clues to see if your child prefers to:

- **Learn by seeing.** She may study well if she can make charts or flash cards of facts she needs to memorize.
- **Learn by hearing.** She may learn well if she reads the material she's studying aloud.
- **Get her whole body involved.** Encourage her to act out what she reads.



Source: "Discover Your Child's Preferred Learning Style," Rhode Island Department of Labor and Training, nswc.com/studystyle.

Treat grades positively

If your child brings home a disappointing grade, don't get angry. Instead, motivate him to do his best:

- **Ask** what your child thinks is going on. Did he do the homework?
- **Talk** to the teacher. What has she noticed? Does your child understand the material?
- **Brainstorm** with your child about things he can do differently, such as set a regular time for homework and study.
- **Encourage** your child to take responsibility for his work—and be proud of it.



Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

Title I Cooperative
Educational Service Unit 10

Steer your middle schooler on a course to high school graduation

Students can't achieve success in school if they don't show up in class. And attendance is especially important in middle school. Many students who eventually drop out of high school start down that path in sixth, seventh or eighth grade. Studies have shown that sixth-grade students are up to 75 percent more likely to drop out when they:

- **Miss class 20 percent or more** of the time. That's just one day a week.
- **Fail language arts or math courses.**
- **Earn poor grades in a core course** because of behavior issues.

The good news is that parents can intervene and steer middle schoolers down the right path. Here's how:

- **Be clear that you expect** your child to attend all her classes every day.
- **Work as a team** with your child's teachers.
- **Motivate your child** to work hard and do her best. Talk about school every day. You'll show her that education is a priority.
- **Let your child know** that you believe she can succeed.
- **Encourage your child** to get involved in an extracurricular activity. Students whose connection to their school goes beyond academics are more likely to stay in school.

Source: R. Balfanz and V. Byrnes, "The Importance of Being in School: A Report on Absenteeism in the Nation's Public Schools," Johns Hopkins University, nswc.com/stopdropout.

Make time alone safe and productive

Sometimes your middle schooler must arrive home after school to an empty house. Even intelligent, mature and capable kids need specific guidelines for being home alone. To make sure your child stays safe and uses the time for schoolwork:

- **Prepare for emergencies.** Practice with your child what to do in case of fire, severe weather or other urgent scenarios. Never assume he "just knows" what procedures he should follow.
- **Write down the rules.** Whether it's "no having friends over" or "no turning on the oven," post rules where he can see them.
- **Insist that he check in.** Your child should call or text you when he gets home.
- **Help him plan his time.** "Take 45 minutes to relax, and then tackle your homework."
- **Create a Plan B.** Keys get lost. Doors jam. Make sure your child has a back-up plan if he can't get into the house for some reason.

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MIDDLE SCHOOL

March 2015

Overcome attitude obstacles

If your child struggles with a school subject, it doesn't mean he's destined to a life of problems. But if he also has an "adolescent attitude," it can derail his efforts to improve.



Your patience and enthusiastic support will help. Show him you are "in this together." He may be more willing to work hard!

Thinking is the key to reading comprehension

Your child's ability to understand what she reads is vital in all subjects. As she reads, ask her to think about:



- **The author's purpose.** Is it to entertain? To persuade?
- **The main idea.** What is it? Which details from the text support it?
- **The sequence of events.**
- **Relationships.** How do the events affect the outcome?
- **The characters.** How do their feelings affect their actions?

Source: "For Middle Schoolers: Activities to Build College-Level Reading Skills," AdLit.org, nswc.com/comprehend.

These websites won't waste your child's time

Does your child love to surf on the Internet? Have him try out these websites:

- **American Memory** <http://lcweb2.loc.gov/ammem/today/today.html>. This Library of Congress site details historical events that occurred on today's date.
- **Ben's Guide to U.S. Government for Kids** <http://bensguide.gpo.gov> is helpful for learning civics and government.
- **AAA Math** www.aaamath.com offers instruction and worksheets through the eighth grade level.

Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

Title I Cooperative
Educational Service Unit 10

The road to college winds through all high school grades

You plan for your teen to attend college. But is she doing what's necessary to make that happen? Teens in all grades can take steps to get ready for college.

In ninth grade your teen should:

- **Take the most rigorous courses** she is capable of and take part in school activities.
- **Begin learning about programs** and colleges that interest her.
- **Create a résumé** of her activities, sports and leadership roles. Update it each year.

In tenth grade:

- **Pay attention to 11th grade courses** when registering for 10th grade classes. Take any needed prerequisites.
- **Browse the websites** of colleges that appeal to her.
- **Find a productive summer activity**, such as a job or volunteer work.

In 11th grade:

- **Work with the guidance counselor** to target colleges to apply to.
- **Visit colleges** during school breaks. Take virtual tours online.
- **Begin college application essays.**

During the fall of senior year:

- **Take the SAT or ACT.**
- **Ask teachers** to write letters of recommendation.
- **Finish essays** and send completed applications.



You and your teen have a helpful ally

Guidance counselors are professionals, trained to support your teen's academic and social development. Contact your teen's counselor if:

- **You have questions** about your teen's classes. You can ask about scheduling for next year or about any issues your teen has with his current classes.
- **You are concerned** about your teen's behavior. Guidance counselors can help teens identify and work through difficult issues. Remind your teen that his counselor is a trusted adult he can talk to about any concerns he has.
- **Your teen's grades** are poor or slipping. The counselor can help you and your teen figure out the source of academic problems and develop a solution.
- **You have questions** about your teen's future. The counselor has advice on colleges and careers, and tips for reaching your teen's post-graduation goals.

Source: "Why Secondary School Counselors?" ASCA, nswc.com/ally.

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HIGH SCHOOL

March 2015

Take a trip to the library

Help your teen use more than Google to research a paper. Try these library resources:

- **The online catalog.** Your teen can try different search terms to see what works.
- **Newspapers** and periodicals. She can look for eyewitness accounts of history.
- **The librarian**, who can point your teen to sources she may not know about.

Get beyond 'what' to 'why'

High school students need to be able to recall facts and relate them to other ideas. To help your teen go beyond just memorizing:



- **Challenge him** to form opinions—and defend them. If he says there should be a stop sign in front of the school, ask why? Have him outline his ideas in a letter to the town council.
- **Watch TV and talk** about the ads. Why does he think they are effective?
- **Explain your reasons** when you set limits with your teen.

Source: C. Gearon, "High School Students Need to Think, Not Memorize," U.S. News & World Report, nswc.com/saywhy.

Cool down a 'spring fever'

As the weather warms, would your teen rather go out than study? To keep a case of "spring fever" under control:



- **Talk about risks.** Make sure your teen knows your values and can make an informed decision in an uncomfortable situation.
- **Insist on checking in.** Always know where your teen is, who she's with, what she's doing and when she'll be home. Together, decide on a way for her to check in with you.

Source: "10 Parenting Tips for Raising Teenagers," WebMD, nswc.com/springfever.

The A List

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Please visit our school web site at: <http://arnoldpublicschools.org>



Mystery Photo

Last Month: One of the skulls in the science room.

This month?