

Peterson Sees Changes: The Woman Behind the Great Meals

By Landyn Cole, Freshmen

Everyday delicious, nutritious breakfasts, lunches, and snacks are provided for all students and staff members at Arnold Public Schools. Sometimes, we forget the people who put time and energy into making meals for us every single day.

Shar Peterson, head cook at Arnold Public Schools, has seen many changes throughout the years. She began working at the school in 1983 because her daughter was starting Kindergarten, and has since been here for 34 years!

When Peterson first came to cook at the school, she worked in the kitchen with head cook Ruth Strasburg, who Peterson described as a “very special lady.”

Peterson grew up in Sioux Falls, South Dakota. She is married to Roger Peterson, has one daughter named Nichol, and one grandson named Charlie.

Peterson is at school every morning bright and early preparing breakfast. She comes to school at 5 a.m. and leaves after lunch is served and the cleanup of the kitchen is complete, which is usually around 1 o'clock.

Many people may be under the false assumption that the cooks' only job is to fix the meals, but they do much more than that!

“We have to temp everything

and make sure our refrigerators and freezers are all at proper temperatures. We have to clean the kitchen every day. We also have to keep track of the commodities we use,” commented Peterson.

In addition, every year the cooks attend Continuing Education where they take different classes and go to different conferences. Some classes include



how to prepare food and what to prepare. They also take food safety classes.

Because Peterson has worked at the school for many years, she has seen many changes. “The biggest change I’ve seen is the menu planning and the regulations for the food program,” said Peterson.

When Peterson first came to work at the school, the food regulations were not nearly as strict. The cooks did not have to

follow certain regulations, such as sugar and carb limits, and could essentially cook whatever they wished.

Now, cooks have to keep careful watch on what they make for the kids to eat. The meals must be nutritious, low in fat, and include fruits and vegetables.

Another change Peterson has seen is the school recently underwent a remodel that greatly affected the kitchen area. The location of where the kids are served food has changed, and the setup of the kitchen is different as well.

“The kitchen remodel is amazing. Everything is a lot more workable,” said Peterson.

Peterson loves her job, and describes it as “the best job in town.”

Peterson adores being able to see the kids every day. She states, “The best part of working at the school is the kids. The kids come in as Kindergarteners and it seems like the next day they’re seniors walking out. It’s also great to see where the kids end up.”

Peterson could not be more grateful for her job and those she has worked with through the years.

“We’ve always been blessed with good help in the kitchen, it’s been a life saver,” said Peterson.

Bubak Artwork Wins Place in D.C!

By Zoey Borah, Junior

In April, Congressman

Adrian Smith announced the winning artists of the 2017 Congressional Art Competition for Nebraska's Third District.

According to Smith's website, he worked with the Nebraska Art Teachers Association to coordinate the competition. The first place artwork will be displayed in the U.S. Capitol in Washington, D.C. The runners-up artwork will be displayed in Smith's Washington, D.C., Grand Island, and Scottsbluff offices.

A Custer County student had the opportunity to meet the Congressman on Thursday morning and was recognized for his second place piece, "River's Glass" during a school presentation. Leighton Bubak, a junior at Arnold Public Schools, was named the runner up this year and was also awarded a certificate in 2016 for his artwork.

Congratulations Leighton Bubak for sharing your talents and representing Custer County.

Congratulations to all of the young artists from across the



Leighton photographed the South Loup River frozen over during winter.

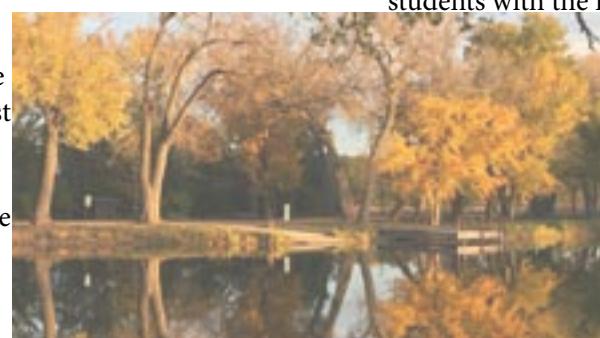
Third District who shared their talents in this competition, as well as the teachers who have cultivated their creativity," Smith said. "I am excited to share the winners' work with visitors to the U.S. Capitol and my offices in Washington, D.C., and Nebraska."

Morgan Takes A Plunge

By Zoey Borah, Junior

- Week 1 - 343
- Week 2 - 571
- Week 3 - 956
- Week 4 - 1,280
- Week 6 - 2,061
- Week 7 - 2,579
- Week 8 - 2,865

These are the results for the weeks of August 25th, 2017 through October 6th, 2017. The first score being the end of the second week of school, and the last score being just recently. The scores are missing week 5, as Mrs. Moninger was gone that Friday, and did not post scores that day.



Now, Mr. Morgan has been

thinking about canceling his floatie orders, and putting his supplies away for this year. But if everything proves right, the students will prove him wrong!

We have all been very excited to see each result of every week, and as the end of this quarter draws near, everyone is even more restless. The end of this quarter has shown that with motivation, students will be able to take as many tests as possible, to make something extreme happen!

By October 6th, 2017, the students with the most points are Juniors, with 496 points, and the Freshman trailing behind with 399. It's definitely going to be a close call, but with high hopes, the students can do it! On Tuesday, October 31st, Mr. Morgan

will be making the plunge into Arnold State Recreation Area, since all of the students got their points!

AEA Donates for School Library

The Arnold Education Association donated \$62.50 to the school library for new books. With this money, library staff ended up buying \$360 worth of books, through other public donations, and added points.

There are new books for many reading levels, from Kindergarten to High School.



The lower level books were much needed. They were not purchased any sooner because many kids do not read lower level books. There is a short time that students are interested in these because as they learn to read they look more toward higher level books. For this reason Kindergarten and first grade level books are not a high priority in the budget.

As well as lower level, the library also got new high interest books for both boys and girls in the middle level range. Science Accelerated Reader (AR) books were also purchased.

In total, seven middle grade series' were purchased, seven series' for lower grades, and ten science AR books. A total of 91 books were bought.

What a bargain!

Links to school calendars:

- <http://www.arnoldpublicschools.org/activity-calendar>
- On the announcements tab, scroll to the bottom
- Link to the school newsletter: <http://www.arnoldpublicschools.org/journalism>
- Links to newsletters prior to the 2015-2016 school year: <https://sites.google.com/a/esi10.org/mrs-badgley/schoolnewsletters>
- Links to historical and alumni newsletters: <https://sites.google.com/a/esi10.org/mrs-badgley/alumninewletters>

Please give us your feedback by contacting Nicole Badgley at nbadgley@esi10.org.

Community Connections: Arnold Community Foundation Supports the School

By Kylee Lehmkuhler, Freshman. The annual Arnold Community Foundation Dinner is just around the corner and Arnold Public Schools is excited to see the outcomes of this year's fundraiser.

The Foundation Auction consists of a meal that over 200 people attend, as well as an auction. The money raised goes back into the community foundation savings account. That money is then gifted to nonprofits or other government entities, such as the school. The auction itself raises over \$50,000 every year.

Philanthropy awards are given out as well during the event. There is an award given to an individual, as well as a business or entity, that exemplifies the spirit of philanthropy and the spirit of giving their time, talent and resources to the community. In the past, Mr. and Mrs. Mohr were recipients, as well as the Arnold Booster Club.

"There are a lot of different people like that throughout the community that we try to celebrate what they've done and show them our appreciation for what they've done for the community throughout the past year or throughout their lifetime," said Remund said.

Holly Remund, Community Foundation Board Member.

You can get tickets for \$25 dollars per ticket from any Community Foundation member. Members include: Joel Morgan, Holly Remund, Shane Cool, Carolyn Bowers, Becky Dailey, Gary Blevins, Austin Snyder, and Dean Weinman.

In the past, the Community Foundation helped purchase the CNC router for the School House Graphics Program, as well as the digital reader board located in front of the school, and located at the football field

during football games and track meets. Other gifted business and projects include: Rialto Theater, playground project, Finch Memorial Library, Arnold golf course, and the ADC.

The Community Foundation gifted process is focused on "Brick and Morter" projects (building projects). "We like to do things that we know will be tangible in 10 or 15 years for the community instead of focusing on projects that will help out that particular year. We like to focus on long-term projects," Remund said.

JUNIOR HIGH FOOTBALL SEASON - AT A GLANCE



By Kylee Lehmkuhler, Freshman
Starting out the season, the South Loup junior high boys played Anselmo-Merna and Ansley-Litchfield, both resulting in unfortunate losses. But the Bobcats weren't done fighting.

The Twin Loup Wolves played hard, but the Bobcats fought harder. The Bobcats pulled out their first win against the Wolves with a score of 34-8.

Their next game against the Sandhills-Thedford Knights was a hard fought game. But the Bobcats couldn't pull out the win.

The loss to the Knights didn't stop them though. The Bobcats finished off the season with a win against the Brady Eagles. The Bobcats came out on top with a score of 22-20.

"We worked very hard, but next year the boys need to work more on teamwork and working together," said Zane Kreikemeier, 8th grader.

TOP 5 REASONS WHY PARENTS SHOULD HAVE A SCHOOLELOGY PASSWORD!

By Zoey Borah, Junior

ber!

- 1.) You can see the announcements that Mr. Morgan posts, including meetings.
- 2.) Schoology provides many different ways of contacting the teachers here at Arnold. It includes emails, phone numbers, and the school's num-
- 3.) Parents can be updated on upcoming games, and different activities the students do during the school week.
- 4.) Keep up with your kids, on school work, and due dates! You can see how well they did, and what they did,
- 5.) You can also see what grades your student has! Just by clicking on Grades/Attendance, you can see how well your child is doing in school, and their current grades.

including missing assignments.



Superintendent Dawn Lewis
Principal.....Joel Morgan
Editor-in-Chief.....
 Nicole Badgley

The opinions and ideas expressed in the articles are solely those of the reporters. The articles don't necessarily reflect the opinions and ideas of Arnold Public Schools. Each article is edited by both students and their teachers prior to publication. Mistakes may appear, as students are learning. With this being a student created newsletter, mistakes become teachable moments.

No advertising, other than school sponsored activities, may appear. Opinion pieces, future news items, comments, and suggestions may be submitted to nbadgley@esu10.org.

The newsletter is sent to all families and boxholders of District 89. If you, or someone you know, would like to receive the newsletter, please contact the school office at 308-848-2226 to add your name to the mailing list. You may also download the newsletter from the school website: <http://arnoldpublic->

Breakfast and Lunch Prices

Breakfast: K-12 \$1.40,
 Adults \$1.65

**Grab-N-Go Break Pric-
 es:** \$0.45- \$0.65

**Ala Carte Choices by
 Students:** \$0.60 - \$2.10

Lunch: K-6 \$2.40, 7-12
 \$2.65, Adults \$3.65

Kindergarteners Choose!

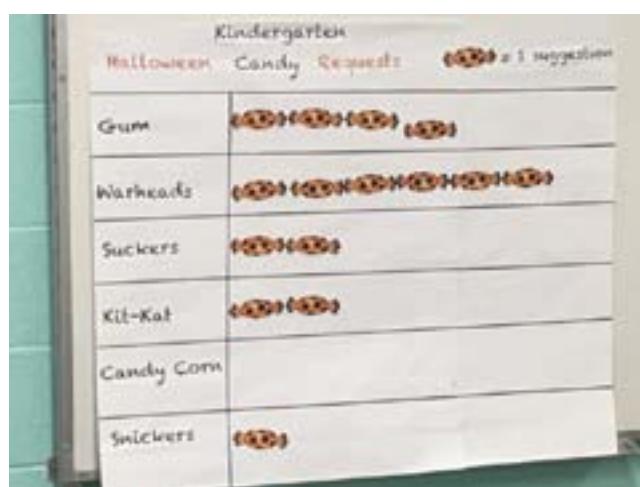
By: Jadeyn Bubak, Freshman



Mrs. Kennedy taught her class all about numbers and graphing with her Kindergarten Halloween Candy graph! Her students got to vote on what they wanted for Halloween candy during trick-or-treating this year!



Pictured here is this year's Kindergarten class with their first graph! From top to bottom: Avery Corbin, Parker Strasburg, Paityn Dailey, Lane Long, Braxton Green, Dagen Fletcher, Te'Andre Oberg, Ethan Jarmin, Addison Dalrymple, Paisley Witthuhn, Berklee Preston, and Carlee Smith.



After lots of deliberation the students got to vote on their favorite Halloween treat! Warheads and gum took the lead with suckers and Kit-Kats close behind!

Coke Cap Collection

You can help out the school by collecting your Coke product bottle caps and numbers on the inside of Coke product boxes. We accept caps and cardboard cutouts from the products you get from convenience stores, the grocery stores, vending machines, at ball games, and other places may all have the promotional codes on them. Coca-cola committed itself to supporting education by enabling schools to collect donated points and then redeem them for a variety of school rewards including playground equipment, supplies, classroom materials, cameras, sound equipment, and more. You can send your Coke caps (and other Coke products) to the school office and they will redeem them. For more information, you can go to the <http://www.mycokerewards.com/schools>. Thank you for your support.



School Calendar Subscription - NEW!

If you are interested in subscribing to the school calendar on your phone or computer, there is a new address to use. (Last year's calendar runs out very soon.)

Type in the following address, or copy and paste the address from the announcement tab on the school web page. http://ical.schedulestar.com/iCal_NOW.cfm?i=12435EDA-BE50-E29D-644F86352E7C93E3

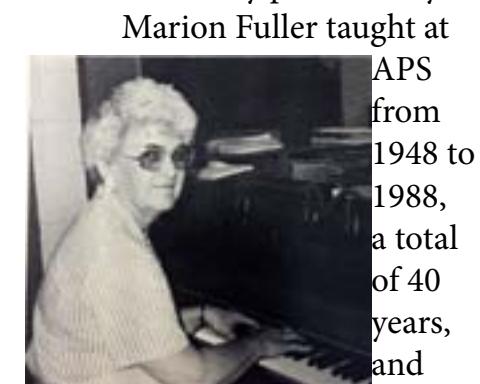
As the calendar is updated, your calendar will update too!

Marion Fuller Memorial



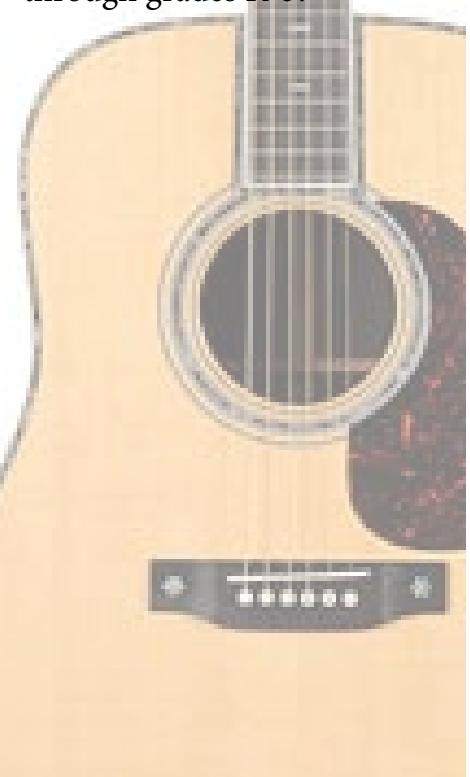
By Landyn Cole, Freshmen

Marion Fuller, a former music teacher at Arnold Public Schools, recently passed away.



The total gift to our school was \$3,000.00. This is a wonderful opportunity to enrich our students beyond the normal budget. My plans for this gift include purchasing additional guitars for the upper elementary, and purchasing a set of hand drums and new rhythm instruments for the lower elementary," said current APS music teacher, Chrysanne Bailey.

Bailey has already used around \$1600 of the donated money on the acoustic guitars, which are played by the 6th grade class. She plans to purchase hand drums using money from the memorial sometime after Christmas, which will be used by many different classes through grades K-5.



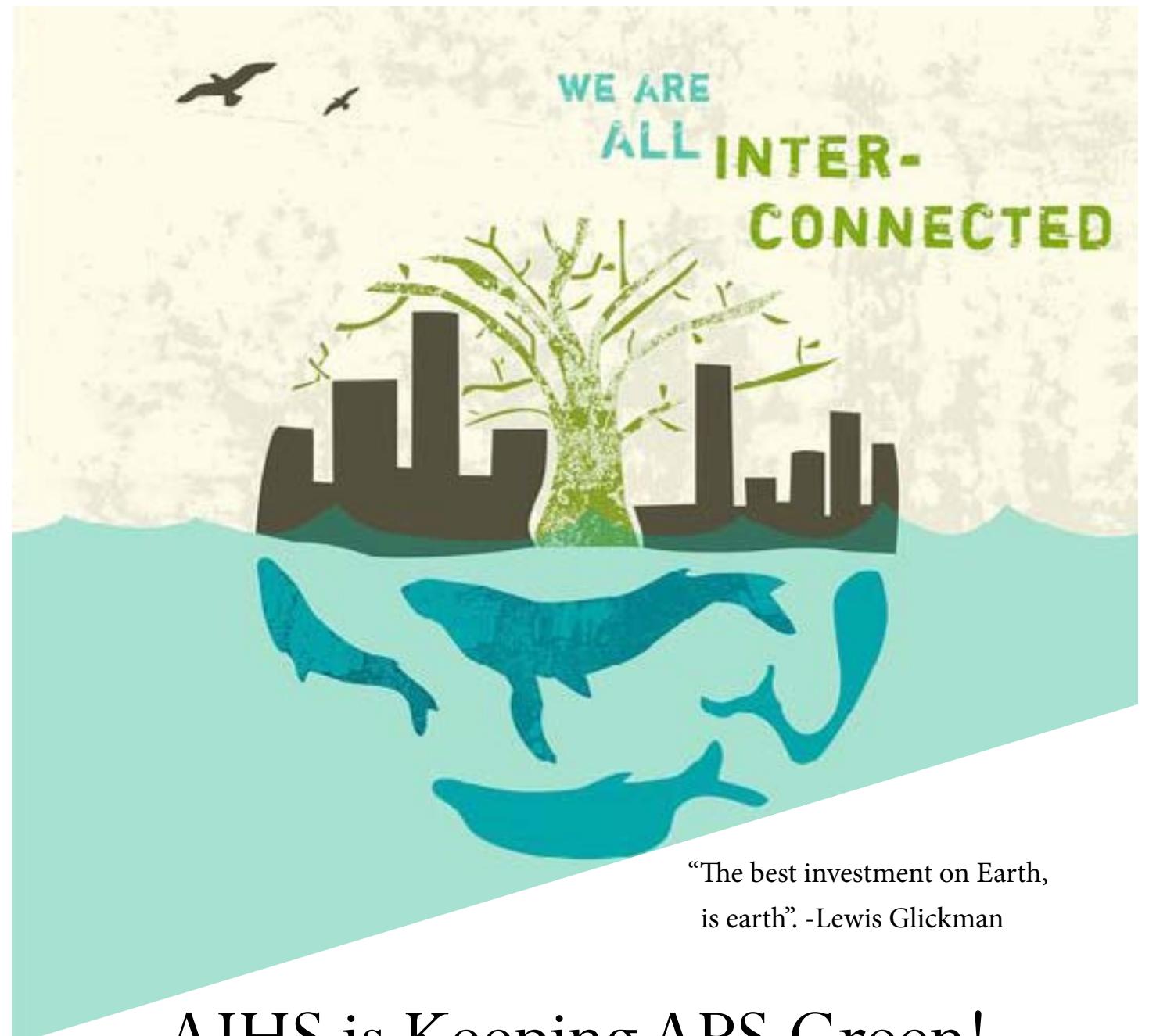
touched many people's lives during her career.

Marion Fuller was described as "enchanting in her own way," by Rick Peterson.

"What made Marion Fuller so special and a great teacher is the fact that she just didn't care about what anybody thought about her. She did what she thought was the right thing and forgot everything else," said Peterson.

The Fuller family honored Marion Fuller's love and passion for music by generously donating around \$3,000 to Arnold Public Schools' music program.

"I was thrilled when I found out that the family of Marion Fuller-Nelson had designated that her memorial money be given to the Arnold Public Schools to benefit the elementary music program.



AJHS is Keeping APS Green!

By: Jadeyn Bubak, Freshman

As of 10/16...

- 310 lbs. paper
- 16 lbs. plastic



- Paper boxes in room or by printers.
- Plastic containers by west doors or commons area.

**Do Your Part
to Save the Planet!**



Help the Arnold Junior Honor Society keep our school green by participating in our recycling project at school!



Senior Spotlight



*Avery
Atkins*

By: Jadeyn Bubak, Freshman

WHAT IS YOUR DREAM COLLEGE AND WHY?

Nebraska Wesleyan University because ever since I was little, and I would go there, I would always say I will go here someday.

WHO IS YOUR HERO AND WHY?

My parents, because they have more love to give than I could ever imagine.

WHO HAS BEEN THE MOST INFLUENTIAL PERSON IN YOUR LIFE?

My mom. She is my best friend. I have no idea what I'm going to do without her next year.

WHAT IS YOUR FAVORITE THING ABOUT BEING A SENIOR?

That I have so many younger kids looking up to me.

WHAT ARE YOU GOING TO MISS THE MOST AS YOU GO ON TO THE NEXT CHAPTER OF YOUR LIFE?

My class, they are my absolute best friends. They are my brothers and sisters.

WHAT ARE YOUR PLANS FOR AFTER HIGH SCHOOL?

Attend Nebraska Wesleyan University in Lincoln and become a nurse. Then move back to Arnold and working at a great hospital like the Great Plains Hospital.

WHAT EXTRA CURRICULAR ACTIVITIES ARE YOU INVOLVED IN?

Volleyball, Basketball, One-Acts, National Honor Society, student council, Quiz Bowl, and club Volleyball as a coach and player

WHAT IS YOUR FAVORITE THING ABOUT YOUR HOMETOWN?

I know everyone, everyone knows me, and our town is so supportive.

WHAT IS YOUR FAVORITE SCHOOL MEMORY?

Spending endless hours of trying to stick pencils in the ceiling without teachers noticing.

DESCRIBE SENIOR YEAR IN THREE WORDS.

Don't wanna leave.

WHAT ADVICE DO YOU HAVE FOR FRESHMAN?

Savor every second you're in high school, it goes by too fast.

FINISH THIS SENTENCE: "I COULD NOT LIVE WITHOUT..."

FOOD... I love food.

IF YOU COULD FIX ONE THING IN THE WORLD WHAT WOULD IT BE?

All of the hate and mean people. I wish everyone could be nice.

WHAT IS THE NUMBER ONE THING ON YOUR BUCKET LIST?

Do a mission trip overseas.

Bobcats Football For The Win!

By Zoey Borah, Junior

The boys had a very good game, with an easy win! On October 6th, the boys varsity football team went against Amherst.

They are now 6-0 in the season, with the score against Amherst being 60-6, Bobcats for the win!



Bobcats vs Overton

By Zoey Borah, Junior
The South Loup Bobcat football team won against Overton, and are now 7-0 in the season!

Our boys are just overpowering the others! The score for this game was 51-4 with the Bobcats with the winning the last score!

Elm Creek Game for Another Win!

By Zoey Borah, Junior
This game was by far, the closest game the boys have had this season! With a score of 47-26, and the Bobcats get the win.

This leaves a record of 8-0. Now it's time for playoffs, and the boys have certainly deserved it.

From the Superintendent's Desk



with you this month.

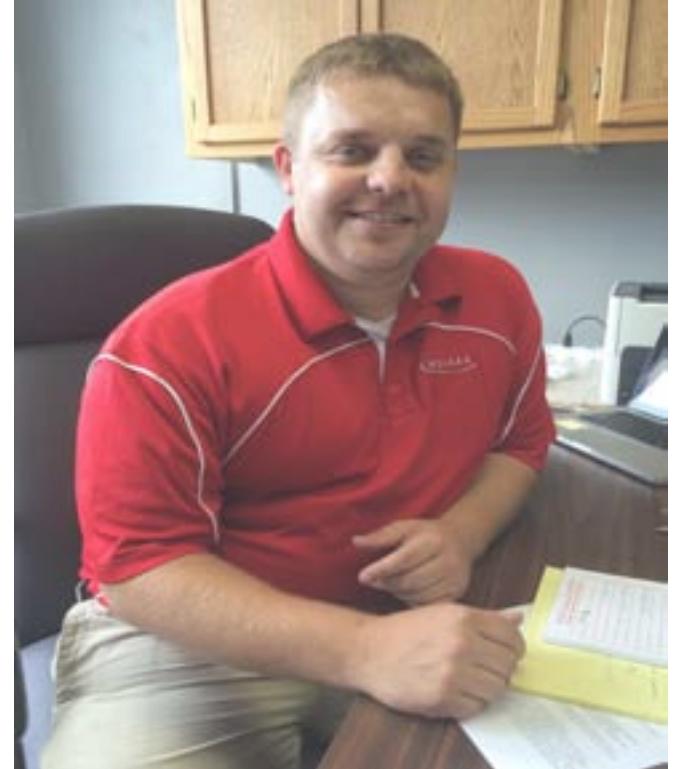
The conceptual focus of this initiative is to provide a space for our students, and members of the community, essentially, to make things. Existing Maker's Spaces house equipment that you wouldn't ordinarily find in a household or shop, but would be really nice to be able to use once in a while. After training on equipment, and for a low flat monthly fee, or a per use fee, community members can sign up for times to use the equipment to complete their own personal projects, learn a new hobby, or perfect a skill.

You may have heard that the board is planning to visit a "Maker's Space" soon, as discussed on the October Board meeting. I thought I would take a little time to share about this

pus at UNL. There, we learned that we already own multiple pieces of equipment, as part of our Industrial Arts program and SHGP, that they had. We are planning a trip to Wichita to see how they are operating their own version of Maker's Space. The purpose of this initiative is to continue to be progressive in our programming, giving students even more opportunities, and to increase the quality of our community relationship, and provide a space for craftsman to share their knowledge. Arnold (school and community) is known across the state for finding ways to be creative, and to grow when others cannot.

We look forward to seeing how this idea can evolve into the newest addition to our curriculum and community.

From the Principal's Desk



This year's 1st Quarter AR goal of 3500 points came down to the final day, but they made it!! It was certainly encouraging to see students actively reading to meet their goal. Many students made it a point to let me know they were reading to make sure I had to jump in the lake. Knowing what they accomplished together certainly made the plunge worth while.

October 13th marked the end of the 1st Quarter. Final quarter grades are available online through your PowerSchool account. If you would like a paper copy of your child's grades, please contact Tami in the office.

I would like to thank all those who attended Parent/Teacher Conferences in September. We had 87% attendance from grades 6-12. K-5 had a rate of 99%. I appreciate you taking the time from your busy schedules to meet with the staff to ensure the success of our students.

The Fall season is now here. As the weather changes and things start to cool off, students in grades K-5 will continue to go outside for recess as the weather permits. Please make sure your child has gloves, stocking caps, and coats to be prepared for colder conditions.

Weather announcements will be via phone call, text message, and email from our Blackboard Connect program once again this year. Please be sure Tami has your most current contact information. Some messages have already been sent through Blackboard Connect to begin the year, so if you have not received any messages, please let us know.

As we head into November, we find the calendar full of activities for our students to be a part of and to grow from their experiences. I would like to wish them all the best of luck as they prepare for upcoming competitions and performances.

~~DISABILITY~~

By Jadeyn Bubak, Freshman

October is "National Disability Employment Awareness Month." Arnold Public Schools would like to honor the local businesses that hire current and former students with disabilities.

According to the National Consortium, "National Disability Employment Awareness Month" is a national campaign held in October that raises awareness about employment issues for disabled people, and celebrates the many and varied contributions of America's workers with disabilities."

Arnold Public Schools will be forever grateful to local businesses and their overwhelming involvement throughout the years in recognizing the considerable significance of "National Disability Employment Awareness Month."

Students within our school have been given the opportunities they need to develop their future job skills by being provided with so many options to work jobs within their own community.

Throughout the years, disabled students have worked in several local businesses in our small-town community.

Contributing greatly to students' lives: Jim's, Mills Hardware, and Reeds Food Center have all allowed students to come work and provide services in their businesses.

Just as anyone else, the disabled students must apply for the job they are searching for. This not only develops life skills, but communication skills as well.

In the past, Mills Hardware has allowed disabled students to work in their store. Some of the jobs individuals have performed include: stocking shelves, sweeping the sidewalk, and tagging items.

At Reeds Food Center, students have been able to stock

shelves and sack groceries.

When working at Jim's, the students have swept and mopped the floors.

To some, "National Disability Employment Awareness Month" is just another month, but to these students October could not be any more crucial to their futures.

Working in the community is preparing disabled students for their future lives and being able to support themselves when they are out on their own in the world.

October is a time to realize the significance of employment of individuals with disabilities. Employers all over the country are beginning to recognize the potential for people with disabilities in their workplaces.

It's very important that we continue to provide disabled students the opportunities they need to develop their life and job skills.

"Disability is natural. We must stop believing that disabilities keep a person from doing something. Because that's not true . . . Having a disability doesn't stop me from doing anything." Benjamin Snow, Grade 8, in his essay "Attitudes About People with Disabilities."

The campaign originated as just being recognized in the first week of October, it was known as "National Employ the Physically Handicapped Week."

Realizing how crucial this awareness was to society, the program was changed and developed into a whole month of recognition.

Changes first began in 1962 when the word "physically" was removed. Seeing that this program needed to raise awareness for not only physically handicapped individuals, the word was changed to disabled, thus creating "National Disability Employment Awareness Month."



Book Fair Follow Up

By: Zoey Borah, Junior

Well done on the book fair sales this year! The library receives As a total, we raised \$1,005 in total. We also have the advantage of watching Mr. Morgan taking a leap into our state park. :)

We got above our goal, and raised enough money to buy 46 books, plus the ones pictured below.

The books in the picture are included in stacks. There were a lot of different books bought from the book fair's profits.



PowerSchool
App
Available

In the App Store if you search for the Powerschool app, you will find a quick and easy way to access your student's grades with your mobile phone.

Simply download the free app. It will ask you for your District Code (a 4 digit code) immediately. The code for Arnold Public School is: **SNPX**

Then you can use your regular username and password from last year.

If you are unable to remember your password, then please contact Tami at the school office either by phone, 308-848-2226 or by email tami.smith@arnoldpublic-schools.org

The Bobcat Volleyball Team is on Fire

Game of the Week: September 17

By Landyn Cole, Freshmen
The South Loup Lady Bobcats took the tournament title for the second time in three seasons. The South Loup Bobcats beat the Maxwell Wildcats in the championship game of the Brady invite tournament.

The tournament took place at Brady on September 23rd. The day was filled with action-packed games. The Lady Bobcats swept both Eustis-Farnam and Wauneta-Palisade to make it to the championship game against Maxwell.

The Maxwell Wildcats put up a great fight against the Bobcats, throwing 81 attack-attempts South Loup's way. However, the Bobcats fought with everything they had to pull out the well-deserved win.



South Loup had an astounding 33 kills in only three sets. Senior Madison Reed had 12 of those 33 kills.

Head coach Randy Atkins couldn't have been more proud of the team. "That's the (best) competition we have played against," Atkins said. "For the girls to be able to rise to the occasion was awesome." (North Platte Telegraph 9/23).

The Bobcats had matches against Elm Creek and Anselmo-Merna during a quad at Elm Creek earlier this week. The Bobcats won both games. After this week's events, the Bobcat volleyball team's record leaped to an astounding 14-0.



Game of the Week: September 24

The Bobcat volleyball team conquered the Spalding Academy Shamrocks at the triangular in Taylor on September 24th.

The Bobcats and Shamrocks battled back and forth. South Loup was victorious the first set, but the Shamrocks came into the second set ready to fight. The Shamrocks took the second set with a score of 26-24, consequently taking the match into three sets.

The Lady Bobcats were determined to win the match, and defeated the Spalding Academy Shamrocks in the third set with a final score of 25-14.

The Bobcats also competed against Twin Loup that night at the triangular. South Loup beat the Twin Loup Wolves two out of the three sets.

Twin Loup's sophomore Macy Brown threw 18 attacks at the Lady Bobcats. However, thanks to junior Addie Hild's and senior Vayle Berger's amazing digs in the back row, only 3 of Macy Brown's 18 attacks were kills.

On September 26th, the South Loup Bobcats suffered their first loss of the season. The Ansley-Litchfield Spartans defeated the Bobcats in five sets. It truly was a fight to the finish.

The Spartans took the first two sets, needing only to win one more set to win the game. However, the Lady Bobcats proved during the game that they had the fire and passion to continue fighting even if they were losing. The Bobcats fought their way back up and won the next two sets. The A-L Spartans took the fifth set 15-10.

Game of the Week: October 1

South Loup took the win over the Sutherland Sailors on October 2nd. The Bobcats defeated the Sailors in four sets.

The Lady Bobcats won the first set 25-16, and won the second 25-14. South Loup lost the third, but went into the fourth set ready to go. The Bobcats ended the match when they came out victorious. The final score of the fourth set was 25-20.

The Bobcat's serves throughout the game were astounding. Vayle Berger (Senior), Madison Reed, (Senior), and Addie Hild (Junior) had no service errors.

The team's serve-receive also stood out that night. With a team total of 61 serve receives, only one error was made. With statistics like these, the Bobcats are hard to beat!



The Lady Bobcats also played matches against the Maxwell Wildcats and Sandhills-Thedford Knights on October 5th in Arnold.

It was "Pink-Out" night in honor of Breast Cancer Awareness. The Bobcats came out on fire in their pink jerseys that were generously donated by Becky Dailey. The Bobcat volleyball team also raised money for breast cancer research by selling shirts to fans. The Bobcats won both games that night.

MNAC 2017 Runner-Up

By Landyn Cole, Freshmen

The South Loup Lady Bobcat volleyball team battled back and forth with Anselmo-Merna in the second round of the MNAC conference tournament. Because of the Bobcat's amazing record, the team received a bye for first round.

The Bobcats took the first set against A-M 25-14, but the second ended with a final score of 29-27, with the Coyotes winning. The Bobcats were victorious in the final set, ending the match with a score of 25-16.

Avery Atkins (Senior) handled the volleyball 112 times throughout the game, had a total of 12 assists, and had no setting errors.

The win against Anselmo-Merna advanced the Bobcats to the semi-finals in North Platte on October 14.

The Lady Bobcats matched up against the Sandhills-Thedford Knights for the semi-finals. The game was an exciting five-setter.

The first set was a close one, but the Bobcats pulled out the win 25-23. The Knights won the second set, but the Bobcats came out in the



Back L to R: Atlynn Witthuhn, Calyn Liable, Taylor Conroy, Jessie Sallach, Matti Stout, Landyn Cole, Jadeyn Bubak, Bailey Schwarz, Adrianna Hild, Sydnee Sallach
Front L to R: Vayle Berger, Madison Reed, Avery Atkins, Shaylee Jones

third with fire. The third ended 25-15 with the Bobcats victorious. The Knights took the fourth set 25-20, but South Loup defeated Sandhills-Thedford in the final set 15-9.

The Lady Bobcats proceeded to the conference championship, a feat they had only ever done one other time in South Loup history.

The Bobcats took on the Hyannis Longhorns in the championship game. The Bobcats and Longhorns had not yet played each other in the 2017 season, so neither team was quite sure what to expect.

The game was a battle back and forth. Both Hyannis and South Loup had several strong hitters.

South Loup's Jessie Sallach (Sophomore) and Madison Reed (Senior) had 16 kills

Avery Atkins (Senior) handled the volleyball 112 times throughout the game, had a total of 12 assists, and had no setting errors.

The Lady Bobcats also had outstanding serve-receive. Madison Reed (Senior) had 16 serve-receives and had no receive errors.

The Bobcats won the first and third sets 25-20 and 25-22, but lost the second and fourth. The game went all the way to five sets.

The fifth set of the championship game was intense and hard-fought.

Unfortunately, the Bobcats lost the final set 15-8.

Still, the Lady Bobcats received the conference runner-up plaque, an accomplishment to be neither ashamed nor upset about.

The South Loup Lady Bobcats are not done fighting, and their main goal-- to make it to state-- is not out of reach!

Game of the Week: October 15th

The Bobcats faced the Anselmo-Merna Coyotes yet again on October 17th. The Lady Bobcats got down to business right away and took the match in two sets. The Bobcats' serves were outstanding. The team had 42 serves with only 2 errors. Avery Atkins (Senior) had three aces.

After conquering the Coyotes, the Bobcats faced the Ansley-Litchfield Spartans. The Bobcats had played the Spartans twice already in the 2017 season; the Bobcats one once and lost once.

The match was heated and intense. The Lady Bobcats were victorious the first set 25-22, but lost the second and third.

South Loup dominated the net. Jadeyn Bubak (Freshmen) threw 25 attacks at the Spartans. Jessie Sallach (Sophomore) was the leading blocker for South Loup with a total



of 4 solo blocks. She accumulated no blocking errors.

The Bobcats may have lost, but their record is still stellar! With a current record of 22-3, the Bobcat volleyball team has officially made South Loup history! No South Loup Bobcat volleyball team has ever won a total of more than 21 games in a season.

October 20th the South Loup volleyball team traveled to Elm Creek. The Bobcats won the game in four sets. The Bobcats had 11 ace serves throughout the game.

On October 21, the Lady Bobcats traveled to Grand Island to participate in an invite-only tournament. The Bobcats lost against Grand Island Central Catholic and Centura, but beat West Holt and Spalding Academy. South Loup came home with a third place plaque.

One-Act Performance Dates



- Gothenburg Festival @ Gothenburg
- Callaway Show @ Callaway
- Arnold Show @ Arnold
- MNAC Contest @ Brady
- District Contest @ Thedford
- State Contest @ Norfolk

Saturday, November 4 at 1:00 PM
 Monday, November 13 at 7:00 PM
 Friday, November 17 at 7:00 PM
 Tuesday, November 21 at TBA
 November, 27 or 28 at TBA
 Wednesday, December 6 at TBA

Box Tops

Arnold Public Schools will again be collecting box tops for education with a goal of earning \$500 to purchase items for classrooms. In the past, a Smartboard was purchased and some other nice equipment. The Box

Tops campaign is a school fundraising program started by General Mills in 1996. To date, Box Tops has raised over \$200 million to help purchase school supplies, playground equipment, technology items, and so much more. You can support our school by saving box tops and sending them with your student to the school, take them to Finch Memorial Library, or to Reed's Food Center. Thank you for your support.



Capri Sun Bags

Mrs. Crow is collecting Capri Sun bags again this year to help fund classroom projects. Please save those bags and send them to school with your student.

PowerSchool Passwords

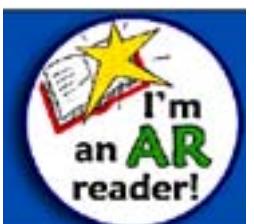


As in past years, the school will be using PowerSchool to share student grades with their parents. If you already have the ability to login and check your child's grades, then nothing has changed. Simply login to <https://arnold.powerschool.com/public/>. If you don't have a log in, forgot your password, or would like some help, please contact Tami Smith in the office, or by email at

tami.smith@arnoldpublicschools.org or call the school office: 308-848-2226.

Renaissance Home Connect

Watch Your Child's Progress in AR and
see their testing scores for STAR, Sign Up Now



Dear Parents,

Your student uses Accelerated Reader, also known as Renaissance Place, at school. This program has a new feature called Renaissance Home connect, which the student and the parent can access outside of class with

an Internet connection. Renaissance Home Connect is fun and easy to use. It allows the teacher, the parent, and the student to share information about your student's progress in Accelerated Reader. Be watching for a letter to come

home on the first day of school with instructions of how to login and how to use the program. You can also set up automatic emails when your student takes tests over books or takes the STAR test. Please contact me if you have any questions. Nicole Badgley.

Helping Children Learn

Tips Families Can Use to Help Children Do Better in School



November 2017

Title I Cooperative
Educational Service Unit 10

Help your child succeed with homework without battles

Helping with homework is a common topic of questions from parents. Many parents wonder if they should help their children with homework, and how to do it effectively. A recent study points to ways parents can promote success without butting heads with their kids. It found that children are more likely to stay interested and engaged during homework sessions when parents:



- **Makes homework time pleasant.** Offer your child a nourishing snack, as he's not hungry. Maintain a positive attitude about the work and your child's ability to do it. If you see your child getting frustrated, have him take a break for a few minutes.
- **Encourage independence.** Help your child feel capable. Instead of saying, "Here's what you should do," say "Are the directions clear?" or "What do you think is the best way to solve this problem?"
- **Offer hints on how to move forward** if your child gets stuck. "That's a tough word. Let's look it up in the dictionary."
- **Provide occasional words of support.** Saying "You are on the right track" or "You seem like you've really got this" can help him stay focused.

Source: C.L. Detterman and D.H. Amed, "Doing homework together: The relation between parenting strategies, child engagement, and achievement," *Journal of Applied Developmental Psychology*, 2008.

Five tips can ease morning 'rush hour'

If mornings are so rushed at your house that your child forgets things or leaves them undone, use these strategies to get her off to school smoothly:

1. **Start the night before.** Make lunches and lay out clothes. Your child should make sure things she needs for school are ready to go.
2. **Account for time.** Figure out how much time your child really needs between waking up and leaving the house. Have her take responsibility for setting an alarm—and getting up.
3. **Post checklists.** List all the tasks—brush teeth, make bed,
- etc.—your child needs to do in the morning. Make another day of the week list of items to remember. If it's Tuesday, where is her library book?
4. **Play Beat the Clock.** Can your child take two minutes less time tomorrow to get ready than she did today?
5. **Assign daily breakfasts.** If Monday always means cereal, no one has to stop to think about it.

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Put geography on the map

Geography Awareness Week is November 12-18. Celebrate the relationships between people and places with your child. Together:

- **Locate places** mentioned in the news on a map.
- **Explore your community.** Why is your town located where it is? What connects it (roads, industry) to the places nearby?



Healthy habits aid learning

Is your child ready to learn when she gets to school in the morning? To help her do her best throughout the day:

- **Some nutritious meals.** Eating well gives kids energy and helps them focus.
- **Help your child stay fit.** Exercise builds strength and stamina. Make it fun. Set up an obstacle course or play a family game of tag.
- **Makes sure she gets enough sleep.** Create a relaxing nighttime routine, then stick to a consistent bedtime.



Encourage critical thinking

Your child is not only learning facts in school, he is also learning to think. Help him think about:

- **Science.** Encourage him to use what he knows. "The leaves have fallen. What do you call a tree that loses its leaves?"
- **Reading.** Before, during and after reading time, ask your child why and what if questions. "What if that character had made a different choice?"
- **Math.** Challenge your child to catch mistakes. If you count by twos and say "2, 4, 6, 7, 9" can he figure out what's wrong?

One-Act Performance Dates



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Helping Students Learn

Tips Families Can Use to Help Students Do Better in School



MIDDLE SCHOOL

November 2017

Title I Cooperative
Educational Service Unit 10

Help your child find books that make reading a pleasure

Reading for pleasure is one of the most important things your child can do to build her reading fluency, her vocabulary and her understanding of the world. Yet in one recent survey, 44% of middle school students reported having trouble finding books that they like. And only 39% of them thought their parents provided great ideas for specific books.

To help your middle schooler find titles she'll love:

- **Guide her to helpful sources,** such as teachers and librarians, and friends whose who love to read. Casually ask your child what her friends are reading, or what books her teachers are recommending.
- **Look for websites that list and review titles for middle schools.** Some sites to start with are Goodreads (www.goodreads.com), Kirkus Reviews (www.kirkusreview.com) and the School Library Journal (www.slj.org). Don't forget your local library's website!
- **Build on your child's interests.** If she's navigating tricky personal relationships, she might enjoy a book about a circle of friends.
- **Don't forget the fun.** Graphic novels and other "light" materials lure many reluctant middle schoolers into the world of books and reading.

Source: "Kid & Family Reading Report: Reading Books for Fun," Abt, www.abt.com/kids.



Put your child in charge of homework

For your student to get the most out of homework, he needs to take over the responsibility for completing it. Middle schoolers often prefer to:

- Do homework somewhere other than home.
- Do homework with friends.
- Have their parents be less involved with homework.
- Host study sessions for your child and a friend.
- Encourage him. Say things like, "I see you working hard on your homework. That will pay off!"

Source: H.Z. Kaderlik and others, "Age and gender differences in adolescents' homework experiences," *Journal of Applied Developmental Psychology*, 2008.

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Upcoming ACT Test Dates:

Test Date	Deadline	Late Deadline	Estimated Scores Available
October 28, 2017	September 22, 2017*	September 23–October 6, 2017*	November 14, 2017*
December 9, 2017	November 3, 2017*	November 4–17, 2017*	December 21, 2017*
February 10, 2018	January 5, 2018*	January 6–19, 2018*	February 21, 2017*
April 14, 2018	March 9, 2018*	March 10–23, 2018*	April 24, 2017*
June 9, 2018	May 4, 2018*	May 5–18, 2018*	June 21, 2017*
July 14, 2018	June 15, 2018	June 16–22, 2018	July 24, 2018

Helping Students Learn

Tips Families Can Use to Help Students Do Better in School



MIDDLE SCHOOL

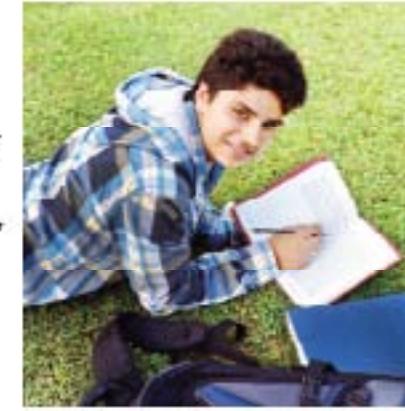
November 2017

Title I Cooperative
Educational Service Unit 10

Encourage your teen to develop effective learning strategies

A recent study of high schoolers found that students who did better than expected academically tended to use learning goals and strategies more effectively than underachievers. To help your teen fulfill his academic potential, have him set some goals for improvement in his classes. Then, encourage him to:

- **Identify study conditions** that work for him. Where does your teen do his best work? When? Does he work best alone or with others nearby?
- **Try different methods** of processing new information, such as taking notes, highlighting key points, writing summaries and creating outlines.
- **Relate important facts and ideas** to events in his own life, or to charts, diagrams or mental images he creates.
- **Create quizzes** for himself to see how well he is mastering the material. Help your teen monitor his progress and evaluate whether the strategies he's using are working for him. If they aren't, suggest he ask his teachers for others that may help him reach his goals.



Source: J.L. Cetina and others, "Differences in Learning Strategies, Goal Orientation, and Self-Concept between Overachieving, Normal-Achieving and Underachieving Secondary Students," *Problems in Psychology*, www.psychology.org.

Marijuana's risks are real

According to a national survey, teens' perception of the risks of regular marijuana use continues to decline. Make sure your teen has the facts. Marijuana use can:



- Lead to dependence and addiction.
- Impair judgment and slow reflexes.
- Affect attention, memory and learning—and derail academic success.

Source: J.A. Miech and others, "Monitoring the Future: National Survey Results on Drug Use, 1975–2016: Volume 1, Secondary School Students," The University of Michigan Institute for Social Research.

Don't let your teen skip the rough draft

Research papers aren't meant to be written in one sitting. Be sure your teen schedules enough time to:

- **Write a rough draft.** This is when he gets his ideas down on paper.
- **Set it aside** for a day or two.
- **Reread the draft** and revise areas that need rephrasing or reorganizing before writing and proofreading his final draft.

Give your teen word power



College entrance exams will test your teen's vocabulary and ability to determine the meaning of words in context. To help her prepare:

- **Encourage your teen to read a wide variety of material.** This exposes her to words that have different meanings in different contexts.
- **Put vocabulary into practice.** Quiz your teen with flash cards. Or test her a word and have her find two synonyms. Challenge family members to use a "word of the day" in conversation.

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Activity Passes

Activity Passes, which get you into all home games at Arnold and Callaway, all year, will cost \$20.00 for students, \$40.00 for parents, and \$80.00 for a family. These passes will be good for all events except NSAA sponsored activities, and conference events. Everyone can get them at the office.

College Planning Bulletin

EducationQuest Foundation

A monthly college planning guide for Nebraska high school students

November 2017

Seniors...a reminder of what to do this fall

There's A LOT going on right now with the financial aid and college admission processes, but don't get overwhelmed!

Here's a recap of tasks you should complete this fall to stay on track to college.

Complete the Free Application for Federal Student Aid (FAFSA)

- First, create an FSA ID for you and one for a parent at fsaid.ed.gov. You'll need it to access

and sign the FAFSA. Here's a video with instructions.

- Review our FAFSA Checklist so you'll know what documents to gather before you start the form.

- Find free FAFSA Tools at EducationQuest.org to help you through the process.

- For free personal help, call EducationQuest to make an appointment: Omaha -888.357.6300 Lincoln - 800.303.3745 Kearney - 800.666.3721 Scottsbluff - 800.303.3745, ext. 6654.

Apply to your top college choices

If you attend one of nearly 200 Nebraska high schools holding Apply2College events this fall, you'll get help (or already

have) with your applications. If not, here are steps you should take to apply. You'll also find a college application checklist listing everything you need.

Retake the ACT and/or SAT. Colleges use your best scores for college admission and scholarships. Get serious about applying for scholarships. See ScholarshipQuest at EducationQuest.org for Nebraska-based scholarships and a list of national search sites.

Juniors...start researching colleges

If you narrow your college choices by the end of your junior year, your senior year will be less stressful. Here's how to get started:

Review College Profiles at EducationQuest.org for information about colleges in Nebraska and across the country. If you're interested in an out-of-state school, check out the Midwest Student Exchange Program to learn about tuition discounts.

Meet with college representatives who visit your school, and then visit the websites of the colleges that interest you to learn more about the schools.

Once you've narrowed your choices, schedule campus visits. Try to visit in the spring of

your junior year while colleges are still in session. For more tips, see the Selecting a College section at EducationQuest.org.

November "To Do" List

Seniors...complete these tasks in November to stay on the path to college:

Complete the FAFSA.
 Apply to your top college choices.
 Register by November 2 for the December 2 SAT.

Register by November 3 for the December 9 ACT.

Juniors...complete these tasks:

Research colleges that interest you.
 Take a prep course for the ACT college entrance exam.

For free help with college planning, contact EducationQuest Foundation:

Omaha Lincoln Kearney
Scottsbluff

402-391-4033 402-475-5222
308-234-6310 800-303-3745
ext. 6654 888-357-6300 800-

303-3745 800-666-3721
EducationQuest.org

Follow us on Facebook, Twitter and Instagram!

Your Journey to College Begins with Us

Pop Tabs Collection

Mrs. Geiser and the second grade class will again be collecting aluminum pop tabs for classroom math assignments and projects. You can support our school by saving pop tabs and sending them with your student to the school. Thank you for your support.





Arnold Public Schools

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