

Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- ☐ Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- ☒ [The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

- a. providing healthy, locally grown food options whenever possible
- b. all snack options available during the school day meet Smart Snacks nutrition standards
- c. strong support for physical activity and student movement throughout the school day

2. List opportunities for improvement in the wellness policy:

- a. strengthening nutrition education and promotion practices
- b. increasing communication and public awareness of the wellness policy
- c. reviewing food and beverage practices
- d. expanding opportunities for physical activity and community involvement.

3. As a result of the comparison, was new language adopted in the LWP?

- ☐ Yes (complete notes section & question 4)
- ☒ No (skip to question 5)

Notes: Delete this text and briefly describe what was adopted. If possible, include the location/page numbers in the updated wellness for any new language.

4. Have the changes been approved by the board?

- ☐ Yes
- ☐ No

5. Describe the next steps for strengthening your LWP.

The district will create the practice implementation plan by the next triennial assessment. Implementation of identified action steps will begin by 26-27 school year. Progress toward full implementation will be evaluated through periodic wellness committee meetings, documentation reviews, meal program monitoring, observation of practices, and feedback from staff, students, and families. Success will be measured by improved compliance ratings, completion of identified action items, and evidence that wellness practices are consistently implemented district-wide.

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

Introduction

The purpose of this triennial assessment is to review and evaluate the district’s Local School Wellness Policy (LSWP) and related practices to ensure alignment with federal requirements and best practices that support student health and wellness. Overall, the district’s current policies and practices are largely aligned with federal requirements; however, the assessment identified several areas where implementation can be strengthened to better reflect best practices and ensure consistent application across all schools. Compared to the previous assessment, results show continued progress in maintaining core wellness requirements, along with a clearer understanding of areas needing improvement, particularly in consistent implementation of certain practices.

This assessment was completed collaboratively during a district wellness committee meeting held this week. Participants included district administration, the food service director, the wellness committee, and myself. Together, the team reviewed each section of the WellSAT assessment tool and discussed current practices, levels of implementation, and opportunities for improvement. While most practices are in place and meet federal expectations, the committee identified specific areas that will benefit from updated policy language, improved communication, and more consistent implementation moving forward.

Strong Policies and Aligned Practices

The district demonstrates several strong areas of alignment between wellness policies and daily practices, reflecting full compliance with key federal requirements related to nutrition standards, physical activity, and the availability of healthy food options in schools. These federal requirements include ensuring that all foods and beverages sold to students meet Smart Snacks standards, providing opportunities for regular physical activity and physical education, and supporting nutrition promotion through the availability of healthy food choices.

The district has made notable progress in strengthening wellness practices since the previous triennial assessment. Several practices that were previously identified as partial implementation areas have now been fully integrated into daily school operations. This improvement reflects intentional efforts to align policy with practice and to prioritize student health and wellness across all grade levels.

Key areas of success include the district’s commitment to providing healthy, locally grown food options whenever possible. Through the school greenhouse and fruit and vegetable bar, students are regularly offered fresh, nutritious choices that support positive eating habits and reinforce nutrition education. In addition, all snack options available during the school day meet Smart Snacks nutrition standards, ensuring compliance with federal guidelines for competitive foods.

The district also demonstrates strong support for physical activity and student movement throughout the school day. Students participate in physical education classes and are provided with multiple opportunities for recess and outdoor activity two to three times per day, promoting both physical health and readiness to learn.

These successes reflect a strong foundation of wellness-focused practices that are consistently implemented across the district. The wellness committee will continue to support and maintain these strengths while building upon them in areas identified for future improvement.

		Policy Score	Practice Score	
FR2	Do your National School Lunch Program meals (and, if applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?	2	2	★
FR3	Does your school take steps to protect the privacy of students who qualify for free or reduced-price meals?	2	2	★
FR4	Is free (i.e., no cost to students) drinking water available to students during meals?	2	2	★
FR6	Do all competitive foods and beverages sold to students during the school day meet or exceed the USDA’s nutrition standards, commonly called Smart Snacks?	2	2	★
FR7	Do all a la carte foods and beverages sold in the cafeteria meet Smart Snacks standards?	2	2	★
FR9	Do all foods and beverages sold in school stores during the school day meet Smart Snack standards?	2	2	★

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

FR10	Are there fundraisers that sell foods or beverages to be consumed during the school day? If yes, do the foods and beverages sold meet Smart Snacks standards?	2	2	☆
FR12	Is there food or beverage marketing on the school campus during the school day? If yes, do the marketed items meet Smart Snacks criteria?	2	2	☆
FR13	Which groups are represented on the district-level wellness committee?	2	2	☆
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	☆
FR16	Is wellness policy implementation evaluated every three years?	2	2	☆
FR17	What is included in the triennial assessment report to the public?	2	2	☆
FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	☆
NES1	Does the district offer breakfast every day to all students?	2	2	☆
NES2	Does your school take steps to address feeding students with unpaid meal balances without stigmatizing them?	2	2	☆
NES3	Does your school or district provide information to families about eligibility for free or reduced-price meals?	2	2	☆
NES4	Does your school use strategies to maximize participation in the school breakfast program and/or school lunch program?	2	2	☆
NES6	Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?	2	2	☆
NES7	 In your district, is it a priority to procure locally produced foods for school meals?	2	2	☆
NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	2	2	☆
NES14	Do students have consistent and easy access to free drinking water throughout the school day?	2	2	☆
PEPA1	 Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	2	☆
PEPA2	Does the district have a written physical education curriculum that is aligned with national and/or state standards?	2	2	☆

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

PEPA4	How many minutes per week of PE does each grade in elementary school receive?	2	2	
PEPA5	How many minutes per week of PE does each grade in middle school receive?	2	2	
PEPA6	How many minutes per week of PE does each grade in high school receive?	2	2	
PEPA7	Are all physical education classes taught by state certified/licensed teachers who are endorsed to teach physical education?	2	2	
PEPA8	Is ongoing professional development offered every year for PE teachers that is relevant and specific to physical education?	2	2	
PEPA12	 Are there opportunities for all students to engage in physical activity before and after school?	2	2	
PEPA13	Is there daily recess for all grades in elementary school?	2	2	
PEPA14	 Do teachers provide regular physical activity breaks for students in the classroom?	2	2	
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	2	2	

Create Practice Implementation Plan

The district will develop practice implementation plans to ensure full compliance with all requirements of the Local School Wellness Policy (LSWP), including federal requirements related to nutrition promotion, nutrition education, physical activity, wellness activities, standards for all foods and beverages sold to students, and persons in policy development and review.

To improve implementation of wellness practices, the district will review current procedures, identify areas needing improvement through the triennial assessment process, and establish measurable action steps for each area of noncompliance or partial compliance. The district will work to strengthen communication among staff, students, families, food service personnel, administration, and community members to ensure consistent implementation of wellness initiatives across all school buildings.

Responsibility for creating and overseeing the practice implementation plans will be shared by the district wellness committee, which includes the superintendent, principal, food service director, myself, teachers, parents, and students. The wellness committee will collaborate to develop realistic goals, assign responsibilities, and monitor progress throughout the implementation process.

The district will create the practice implementation plan by the next triennial assessment. Implementation of identified action steps will begin by 26-27 school year. Progress toward full implementation will be evaluated through periodic wellness committee meetings, documentation reviews, meal program monitoring, observation of practices, and feedback from staff, students, and families. Success will be measured by improved compliance ratings, completion of identified action items, and evidence that wellness practices are consistently implemented district-wide.

	Policy Score	Practice Score	
--	--------------	----------------	--

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

FR1	Does the district have specific goals for nutrition education designed to promote student wellness?	2	1	
FR8	Do all foods and beverages sold in vending machines meet Smart Snack standards?	2	0	
FR11	Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?	2	1	
FR15	How is the wellness policy made available to the public?	2	1	
NES5	Are marketing strategies used to promote healthy food and beverage choices in school?	2	1	
NES10	Are foods or beverages containing caffeine sold at the high school level?	2	1	
NES13	Do teachers or school staff give students food as a reward?	2	1	
PEPA9	What percentage of students do you estimate do not take PE each year due to exemptions?	2	1	
PEPA10	What percentage of students do you estimate do not take PE each year due to substitutions?	2	1	
PEPA11	 Are there opportunities for families and community members to engage in physical activity at school?	2	1	
PEPA18	Do teachers ever use physical activity as a punishment?	2	0	
EW2	Are school staff encouraged to model healthy eating and physical activity behaviors in front of students?	2	1	

Update Policies

The district will review and update the Local School Wellness Policy (LSWP) to ensure all federally required components are fully addressed and clearly reflected in policy language. Federal requirements included in this section include nutrition education, nutrition promotion, standards for foods and beverages sold to students, physical activity, public involvement, wellness policy assessment and reporting, community member participation, and implementation and monitoring procedures. In addition to federally required items, the district may also prioritize areas identified during the triennial assessment process, including staff wellness promotion, regulation of classroom celebrations, physical activity opportunities for families and community members, and guidance regarding food rewards and physical activity practices.

Responsibility for reviewing and updating policy language will be shared by the district wellness committee, which includes the superintendent, principal, food service director, myself, teachers, and students. The wellness committee will work collaboratively to compare current policy language with federal requirements and WellSAT assessment results to identify areas needing revision or clarification.

The district plans to complete policy revisions during the 2026–2027 school year. Draft policy updates will be reviewed by district administration and presented to the local board of education for approval. Once approved, updated policy language will be communicated to staff, students, families, and the community through district communication channels and the district website.

For practices that were only partially implemented and received a score of “1” on the WellSAT assessment, the district will develop action steps to strengthen implementation and consistency across all school settings. Improvement efforts may include additional staff training, clearer procedures and communication,

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

periodic monitoring of practices, updated wellness resources for staff and families, and increased oversight by the wellness committee. The district will monitor progress through annual wellness committee meetings, implementation reviews, and documentation of completed action steps to ensure continued improvement toward full compliance with all wellness policy requirements.

		Policy Score	Practice Score	
FR5	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	1	2	
NE5	Is nutrition education integrated into other subjects beyond health education?	1	2	
NE7	 Does nutrition education address agriculture and the food system?	1	2	
PEPA3	How does your physical education program promote a physically active lifestyle?	1	2	
PEPA15	Does the district have "joint-use" or "shared-use" agreements?	1	2	
PEPA17	 Are teachers encouraged to use physical activity as a reward for students?	1	2	
EW1	 Are there strategies used by the school to support employee wellness?	1	2	
IC1	Is there an active district-level wellness committee?	1	2	
IC2	Is there an active school-level wellness committee?	1	2	

Opportunities for Growth

The district will review and update its Local School Wellness Policy (LSWP) and related practices to ensure full compliance with all federally required components. Federal requirements addressed in this section include nutrition education, nutrition promotion, standards for all foods and beverages available to students during the school day, physical activity and physical education goals, public involvement, community member participation, wellness policy assessment and reporting procedures, and implementation and monitoring requirements. Additional district priorities may include strengthening staff wellness initiatives, increasing family and community involvement in wellness activities, improving communication of wellness practices, limiting the use of food as rewards, and promoting healthy food and beverage choices throughout the school environment.

To improve implementation of these practices, the district will review current procedures and identify areas where practices were only partially implemented during the triennial assessment process. The district will develop action steps to improve consistency and accountability across all school buildings. Improvement strategies may include additional staff training, stronger communication with students and families, updated procedures and guidelines, monitoring of vending and classroom practices, promotion of healthy lifestyle behaviors, and increased oversight by the district wellness committee.

	Policy Score	Practice Score	

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

NE1	Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?	1	1	
NE2	Do all elementary school students receive sequential and comprehensive nutrition education?	1	1	
NE3	Do all middle school students receive sequential and comprehensive nutrition education?	1	1	
NE4	Do all high school students receive sequential and comprehensive nutrition education?	1	1	
NE6	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	1	1	
PEPA16	What proportion of students walk or bike to school?	1	1	

Conclusion

The district's triennial wellness assessment identified several areas of strength as well as opportunities for continued improvement in supporting student wellness. The district remains committed to providing a school environment that promotes healthy eating, physical activity, and overall student well-being. Areas identified for improvement include strengthening nutrition education and promotion practices, increasing communication and public awareness of the wellness policy, reviewing food and beverage practices, and expanding opportunities for physical activity and community involvement.

The district wellness committee will continue working collaboratively with staff, students, families, and community members to update policy language, improve implementation of wellness practices, and ensure compliance with federal requirements. Through ongoing evaluation, communication, and planning, the district will strive to create a healthier school environment that supports the academic success and well-being of all students.

Key



Strong Policies and Aligned Practices - District has a strong policy and is fully implementing practices that align with the policy



Create Practice Implementation Plan - District has a strong or weak policy, but practice implementation is either absent or limited



Update Policies Update Policies - District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy



Opportunities for Growth - District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

For more resources, visit: wellsat.org/resources

Triennial Assessment Report: Triennial Assessment 2026 (5/2026)

District: ARNOLD PUBLIC SCHOOLS

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

1. **Mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410;
2. **Fax:**
(202) 690-7442; or
3. **Email:**
program.intake@usda.gov

This institution is an equal opportunity provider.

Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

The district LWP includes goals to promote student wellness through nutrition education and nutrition promotion that encourage healthy eating habits and support lifelong wellness.

a. Was the goal met?

X **Yes** - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal for any grade level.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The LWP includes nutrition education and promotion through classroom instruction and school meal participation. Students are exposed to healthy eating habits through access to a fruit and vegetable bar and locally grown produce from the school greenhouse when available. Nutrition promotion is reinforced through cafeteria messaging and staff encouragement of healthy choices.
- **Middle School:** The policy includes nutrition education integrated into health and related coursework. Students are exposed to Smart Snack-compliant food and beverage options in the cafeteria. Nutrition promotion is supported through school-wide messaging and access to balanced meal options.
- **High School:** The LWP includes nutrition education through health coursework and school-based wellness messaging. Students are provided access to healthy food and beverage choices that meet Smart Snack standards. Nutrition promotion encourages informed decision-making and healthy lifestyle habits.

2. Physical Activity Goal (REQUIRED)

The district LWP includes goals to provide students with opportunities for regular physical activity and physical education to support physical health and academic success.

a. Was the goal met?

X **Yes** - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. **Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.**

- **Elementary School:** The LWP includes daily opportunities for physical activity through physical education and multiple recess and outdoor activity periods. Students typically receive two to three opportunities per day for movement and active play.
- **Middle School:** The policy includes physical education requirements and additional opportunities for physical activity throughout the school day. Staff encourage movement breaks and active participation in school activities.
- **High School:** The LWP includes physical education opportunities that support student fitness and wellness. Students are provided structured opportunities to participate in physical activity classes that align with graduation and wellness expectations.

3. Other Student/School Wellness Goal (REQUIRED)

The district LWP includes goals to support overall student wellness through healthy environments, staff modeling, and access to wellness-supportive practices.

a. **Was the goal met?**

X **Yes** - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. **Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.**

- **Elementary School:** The policy supports wellness through access to healthy foods, including the fruit and vegetable bar and greenhouse-grown produce. Staff model healthy behaviors and encourage positive wellness choices throughout the school day.
 - **Middle School:** The LWP supports wellness through access to healthy food options, physical activity opportunities, and staff reinforcement of healthy lifestyle behaviors.
 - **High School:** The policy supports wellness through access to Smart Snack-compliant foods, physical activity opportunities, and promotion of healthy decision-making.
-

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

- Not Compliant (if checked, complete notes section below)
- ☒ Partially Compliant (if checked, complete notes section below)
- Compliant (skip to question 2)

Notes: The district LWP includes requirements that all foods and beverages sold to students during the school day, including vending and competitive foods, meet federal Smart Snacks in School nutrition standards. All snack and food/beverages sold in the lunch room are compliant, but there are vending machines with beverage options that are not all compliant, even though this is only offered to students after school. The food service director monitors offerings to ensure continued adherence to federal requirements.

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

- Not Compliant (if checked, complete notes section below)
- ☒ Partially Compliant (if checked, complete notes section below)
- Compliant (skip to question 3)

Notes: The LWP includes expectations for foods and beverages provided to students during the school day, such as classroom celebrations, snacks brought from home, and incentive foods. The district is working to strengthen consistent implementation of these guidelines. Additional staff guidance, clearer communication with families, and updated procedures will be implemented to improve consistency across all buildings.

3. Food/Beverage Marketing and Advertising Standards

Not Compliant (if checked, complete notes section below)

☒ Partially Compliant (if checked, complete notes section below)

Compliant (skip to question 4)

Notes: The LWP includes standards that only foods and beverages meeting Smart Snacks guidelines should be marketed or advertised to students during the school day. The district currently promotes healthy choices in the cafeteria and school environment, but additional efforts are needed to ensure consistent application of marketing standards across all school settings. The district will work to strengthen signage, messaging, and promotion of healthy options.

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

The LWP includes provisions for public involvement in the development, implementation, and review of the wellness policy. Parents, staff, and community members are invited to participate through wellness committee representation and district communication channels, such as Schoology. The wellness committee, along with district administration and food service director, is responsible for overseeing implementation and evaluation of the policy. The district evaluates progress through periodic wellness committee reviews, policy assessments, and feedback from stakeholders.

Discussion/Notes:

Overall, the district demonstrates strong alignment with federal wellness requirements, particularly in nutrition education, physical activity opportunities, and Smart Snacks compliance. The primary areas for improvement include strengthening consistency in foods provided but not sold and expanding implementation of marketing and advertising standards. The district will continue to refine practices to ensure full alignment with the Local School Wellness Policy school wide.

Questions? Contact: lauren.christensen@nebraska.gov



ARNOLD PUBLIC SCHOOLS

405 N Haskell St
PO BOX 399
Arnold, NE 69120
(308) 848-2226

Education at its best.



APS Community,

Our school district takes pride in supporting the needs of the whole child and ensuring that all students are safe, supported, engaged, and challenged each school day. Research shows that initiatives focused on student wellness — including nutrition, physical activity, and social-emotional well-being — contribute to improved student success and academic achievement. As part of USDA requirements, Arnold Public Schools completed a triennial assessment of our Local School Wellness Policy. Below is a summary of the assessment results.

Step #1 – Wellness Policy Assessment Summary

The district demonstrates strong overall compliance with federal wellness policy requirements. Areas of strength include Smart Snack compliance, physical education opportunities, daily recess access, and healthy food offerings including greenhouse produce and a fruit and vegetable bar. Growth areas identified include foods provided during celebrations and incentives, consistency of wellness-related marketing, and increased family/community engagement.

Step #2 – Progress Toward Wellness Goals

Arnold Public Schools continues to meet wellness goals in nutrition education, physical activity, and wellness promotion across all grade levels served. Students have regular access to healthy food choices and opportunities for physical activity throughout the school day. To address unmet areas, the wellness committee plans to strengthen communication, staff training, and monitoring practices during the 2026–2027 school year. Policy updates will focus on improving consistency and increasing engagement with families and the community.

Public Notification

The results of the triennial assessment and the district wellness policy will be publicly posted on the Arnold Public Schools website for community access and review. The results will be posted onto our school community platform, Schoology. It will also be presented at the June School Board Meeting.

If you have any questions, please contact the school at 308-848-2226.

Respectfully,

APS Administration & Wellness Committee

Step 4

Communicate Public Notification Methods with NDE



Identify how your School Food Authority (SFA) made the results of the Triennial Assessment publicly available.

Minimum requirement: the current wellness policy and triennial assessment results must be publicly accessible on the SFA's website. Please include a direct link to the webpage where this information is posted.

Additional notification methods (e.g., school newsletter, presentation during board meeting, presentation at open house, etc.) are optional but may be utilized to reach specific audiences. Audiences may include, but are not limited to parents, caregivers, students, teachers, staff, community partners, board, etc.

Audience #1 (REQUIRED)

School/District/Community and Public

Method(s) of sharing

Date of notification

- SFA Website
- <https://arnoldpublicschools.org/app/uploads/2026/05/Triennial-Assessment-June-2026.pdf>

6/1/2026

Audience #2 (Optional)

Parents/Students/Staff

Method(s) of sharing

Date of notification

- Schoology Post

6/1/2026

Audience #3 (Optional)

School Board

Method(s) of sharing

Date of notification

- Results presented at monthly meeting

6/9/2026



Questions? Contact: lauren.christensen@nebraska.gov

